



**METROFARM
AQUAPONICS
ACADEMY**

CORPORATE TEAM BONDING

A Modern Aquaponics Urban Farm
Experience with Metro Farm



Metro Farm Aquaponics Academy offers a unique hands-on experience to Modern Urban Farming at Metro Farm's facilities located at Pasir-Ris Downtown East Multi-Storey Carpark Level 7.

This programme is a hands on corporate team building experience that is practical and sensory ! Participants will be challenged to work together to accomplish tasks as a team and they will have a unique shared experience as they undertake real life farming activities !

Discover the courageous colleague who can handle the Black Soldier Fly. Find out who has the green-est fingers and who loves to care for fish ! A fun and unique experience in the heart of Pasir Ris

Learning Outcomes For Participants

- Understanding the Singapore's Food Security Defense Programme and Urban Farming
- Team Communication Challenge / Seeding
- Online Quiz with Prizes
- Team Work and Team Awareness
- Shared Experience

Programme Synopsis

- Metro Farm training suite
- Hands-on experience at roof top production facility
- 30,000 sq. ft. Aquaponic production facility
- Surrounding Pasir Ris Park
- High Achievers has over 10 years of experience in the delivery of outdoor life skills training

Some of our many corporate clients who have visited !

- St Andrews Junior College
- SMRT Operational Team
- Cantonment Primary School
- Singapore Institute Of Technology
- Anglo Chinese School (Independent)



PROGRAMME FLOW

15 mins	Programme Presentation and Safety Briefing
40 mins	Team Bonding Hands-on Grow Tower Race
40 mins	Farm Tour and Hands-on Seeding and Harvesting
15 mins	Debrief and Reflection
40 mins	Group Photo / Lunch Bonding Session



NEW 2023 PROGRAMME!

Day Programme (3 Hours)
Rates : \$62/pax (min 30 pax)

- Workshop Booklet
- Personal Entry Tag and Germinated Seedlings
- Bento Set (Lunch)
- Engaging Facilitators
- Digital Photo Album



Metro Farm Pte Ltd

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Private Groups , Terms and Conditions

1. Programme will proceed when a minimum of 30 participants are confirmed.
2. In the event of severe wet weather , event will be postponed to another date.
3. Prices listed are subject to prevailing GST (where applicable).
4. MFAA reserves the right to change, amend and/or remove any terms and conditions herein without prior notice.
5. Personal particulars and security deposit required for equipment rental.