

Product Use Suggestions by Skin Type - Listed in the order of Keith's experience over 30 years

SKIN TYPE	NORMAL	OILY	DRY/MATURE	COMBINATION	SENSITIVE
DESCRIPTION	A normal skin type has good circulation and there will not be any trace of sebum (or oil) on the tissue. Normal skin is soft, with a smooth, even skin tone.	An oily skin type will leave blots of facial oil on the tissue, particularly from the cheeks, nose and forehead. This type of skin has overactive sebaceous glands, producing more oil than necessary. Oily skin can be caused by hereditary factors, diet, hormone levels, pregnancy, unsuitable cosmetics and stress, leading to acne flare ups and enlarged pores. It is vital to thoroughly clean the skin regularly with gentle, soap-free cleansers.	A dry skin type has a low level of sebum and does not maintain oil easily. Dry skin is often flaky and feels tight after being wiped. Gentle cleansing and a rich protective moisturiser for dry skin is essential to control that tight, uncomfortable feeling. It may be necessary to adjust your dry skin moisturiser for the changing seasons.	With a combination skin type oil is produced around the 'T-zone' of the nose and forehead but not on the cheeks, mouth and eye areas. The best skin care for combination skin will involve treating each region differently.	Having a sensitive skin type can mean different things to different people. It can be caused by skin conditions such as rosacea, eczema or allergies. Sensitive skin can become inflamed and irritated easily. It is important to choose the right skin care for sensitive skin because many cleansers and moisturisers contain ingredients that can cause an adverse reaction.
CLEANSERS	Omega-3 Hemp and Sweet Orange Face Wash	Green Tea Purifying Face Wash	Red Wine Cleanser de Cabernet	Omega-3 Hemp and Sweet Orange Face Wash	Cucumber AntiOxidant Face Wash
	Citrus Salicylic Wash with Glycolic and Lactic	Citrus Salicylic Wash with Glycolic and Lactic	Wheat Protein Face Milk	Green Tea Purifying Face Wash	Red Wine Cleanser de Cabernet
	Mint and Ginger Clearing Cleanser	Butternut Squash Sun-Spot Removing Wash	Citrus Salicylic Wash with Glycolic and Lactic	Mint and Ginger Clearing Cleanser	
	Sunflower and Orange Blossom Nourishing Cleanser	Mint and Ginger Clearing Cleanser	Butternut Squash Sun-Spot Removing Wash	Sunflower and Orange Blossom Nourishing Cleanser	
			Sunflower and Orange Blossom Nourishing Cleanser		
TONERS	Citrus Explosion Toner	Zinc Toner with Glycolic	Topical C Toner	Topical C Toner	Colloidal Silver Healing Toner with Lavender
	Zinc Toner with Glycolic	Sweet Rosemary Shine Control Toner	Zinc Toner with Glycolic	Colloidal Silver Healing Toner with Lavender	
	Colloidal Silver Healing Toner with Lavender	Colloidal Silver Healing Toner with Lavender	Colloidal Silver Healing Toner with Lavender	Red Rose and Chamomile Hydrating Toner	Red Rose and Chamomile Hydrating Toner
	Red Rose and Chamomile Hydrating Toner		Red Rose and Chamomile Hydrating Toner		
EXFOLIANTS	Green Tea Exfoliant	Green Tea Exfoliant	Pumpkin Power Exfoliant	Pumpkin Power Exfoliant	Pumpkin Power Exfoliant
	Pomegranate Antioxidant Exfoliating Face Wash	Pumpkin Power Exfoliant	Organic Banana Dream Exfoliating Purée	Organic Banana Dream Exfoliating Purée	Organic Banana Dream Exfoliating Purée
	Pumpkin Power Exfoliant	Organic Banana Dream Exfoliating Purée	Bamboo & Salicylic Luxurious Facial Polish	Pomegranate Antioxidant Exfoliating Face Wash	
	Organic Banana Dream Exfoliating Purée	Bamboo & Salicylic Luxurious Facial Polish	Pomegranate Antioxidant Exfoliating Face Wash		
	Lavender and Sea Salt Perfecting Scrub	Sweet Potato Scrub			
		Pomegranate Antioxidant Exfoliating Face Wash			
		Lavender and Sea Salt Perfecting Scrub			
MASKS	Mineral Moisture Boosting Mask	Clearing Mineral Mask	Mineral Moisture Boosting Mask	Clearing Mineral Mask	Botanical Gel Infusion Mask
	Blueberry Breakthrough Mask		Blueberry Breakthrough Mask	Blueberry Breakthrough Mask	
			Red Wine and Grape Skin Youthful Glow Mask		
SERUMS	Mineral Repair Complex	Aspen Bark Skin Clearing Serum	Extreme Moisture Infusion Serum	Chamomile Oil Reduction Serum	Mineral Repair Complex
	Chamomile Oil Reduction Serum	Lemon and Aloe Drying Serum	Collagen Line Plumping Serum	20% Vitamin C Serum with CoQ10 and Ferulic Acid	Black Tea and Soy Youth Reviving Serum
	20% Vitamin C Serum with CoQ10 and Ferulic Acid	Black Tea and Soy Youth Reviving Serum	20% Vitamin C Serum with CoQ10 and Ferulic Acid	Lemon and Aloe Drying Serum	
	Lemon and Aloe Drying Serum				
MOISTURIZERS	Jojoba Light Moisture Cream	Jojoba Light Moisture Cream	Kiwi Brightening Moisturizer	Jojoba Light Moisture Cream	Chamomile Soothing Moisture Cream
	SunShield SPF 30 Broad-Spectrum	Acne Repair Cream	Mango Butter Protection Cream	Acne Repair Cream	SunShield SPF 30 Broad-Spectrum
	Olive and Oat Antioxidant Moisturizer	Aspen Bark Oil-Free Moisturizer	SunShield SPF 30 Broad-Spectrum	Aspen Bark Oil-Free Moisturizer	
		SunShield SPF 30 Broad-Spectrum	Olive and Oat Antioxidant Moisturizer	SunShield SPF 30 Broad-Spectrum	
				Olive and Oat Antioxidant Moisturizer	