

From the book, *8 Secrets to a Better Independent Medical Examination*

## Preparing for the Examination

(Bring this list to the assessment only if it is okay with your attorney.)

### Dates of Accidents/Injuries

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Specific Injuries (+ Symptoms—past and present)

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**Specific Injuries (Continued)**

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**Medical History (Diseases, Disorders, Surgery)**

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**Medications:**

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## Employment History

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## Previous Treatment/Therapy

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## Health Professionals Seen

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## Other Notes:

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