



# NUTRITION INFORMATION PANEL

The nutrition information panel featured is based on the serving size of 100ml  
Nutri-Grade is prepared on default preparation (before addition of ice).

## TRAVELLER'S SERIES

### Chelsea's Earl Grey Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g

### Shibuya Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g

### Kowloon Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g

### Nuwara Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g

### 101 Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g

### Jasmine Straight Tea

Energy .....	1	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	0.2	g
Total Sugar .....	0.2	g



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## MILK TEA SERIES

### Chelsea's Earl Grey Milk Tea

Energy .....	43	kcal
Protein .....	2.13	g
Fat .....	2.48	g
Saturated Fat .....	1.2	g
Carbohydrates .....	3.2	g
Total Sugar .....	2.6	g

### Uji Matcha Milk Tea

Energy .....	46	kcal
Protein .....	2.69	g
Fat .....	2.55	g
Saturated Fat .....	1.51	g
Carbohydrates .....	3.2	g
Total Sugar .....	3.2	g

### Kowloon Milk Tea

Energy .....	43	kcal
Protein .....	2.13	g
Fat .....	2.48	g
Saturated Fat .....	1.2	g
Carbohydrates .....	3.2	g
Total Sugar .....	2.6	g

### Kyoto Hojicha Milk Tea

Energy .....	50	kcal
Protein .....	2.8	g
Fat .....	2.52	g
Saturated Fat .....	1.51	g
Carbohydrates .....	4.1	g
Total Sugar .....	3.4	g

### 101 Milk Tea

Energy .....	43	kcal
Protein .....	2.13	g
Fat .....	2.48	g
Saturated Fat .....	1.2	g
Carbohydrates .....	3.2	g
Total Sugar .....	2.6	g

### Rooibos Milk Tea

Energy .....	43	kcal
Protein .....	2.13	g
Fat .....	2.48	g
Saturated Fat .....	1.2	g
Carbohydrates .....	3.2	g
Total Sugar .....	2.6	g

### Shibuya Milk Tea

Energy .....	43	kcal
Protein .....	2.13	g
Fat .....	2.48	g
Saturated Fat .....	1.2	g
Carbohydrates .....	3.2	g
Total Sugar .....	2.6	g



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## OATMILK TEA SERIES

### Chelsea's Earl Grey Oatmilk Tea

Energy .....	45	kcal
Protein .....	0.66	g
Fat .....	2.04	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.9	g

### Uji Matcha Oatmilk Tea

Energy .....	48	kcal
Protein .....	1.24	g
Fat .....	2.11	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.8	g

### Kowloon Oatmilk Tea

Energy .....	45	kcal
Protein .....	0.66	g
Fat .....	2.04	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.9	g

### Kyoto Hojicha Oatmilk Tea

Energy .....	52	kcal
Protein .....	1.35	g
Fat .....	2.08	g
Saturated Fat .....	0	g
Carbohydrates .....	7	g
Total Sugar .....	2	g

### 101 Oatmilk Tea

Energy .....	45	kcal
Protein .....	0.66	g
Fat .....	2.04	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.9	g

### Rooibos Oatmilk Tea

Energy .....	45	kcal
Protein .....	0.66	g
Fat .....	2.04	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.9	g

### Shibuya Oatmilk Tea

Energy .....	45	kcal
Protein .....	0.66	g
Fat .....	2.04	g
Saturated Fat .....	0	g
Carbohydrates .....	6	g
Total Sugar .....	1.9	g



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## FRUITY TEA INFUSIONS

### Berries Lemonade

Energy .....	8	kcal
Protein .....	0.12	g
Fat .....	0.01	g
Saturated Fat .....	0	g
Carbohydrates .....	2	g
Total Sugar .....	0.5	g

### Shibuya Peach

Energy .....	9	kcal
Protein .....	0.15	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	2	g
Total Sugar .....	2.1	g

### Lychee Litchi

Energy .....	9	kcal
Protein .....	0.18	g
Fat .....	0.06	g
Saturated Fat .....	0	g
Carbohydrates .....	4.4	g
Total Sugar .....	3.2	g

### Nuwara Peach

Energy .....	9	kcal
Protein .....	0.15	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	2	g
Total Sugar .....	2.1	g

### Kowloon Lemon

Energy .....	2	kcal
Protein .....	0.14	g
Fat .....	0.01	g
Saturated Fat .....	0	g
Carbohydrates .....	0.5	g
Total Sugar .....	0.3	g

### Chelsea's Earl Grey Orange

Energy .....	5	kcal
Protein .....	0.19	g
Fat .....	0.01	g
Saturated Fat .....	0	g
Carbohydrates .....	1	g
Total Sugar .....	1	g

### Nuwara Lemon

Energy .....	2	kcal
Protein .....	0.14	g
Fat .....	0.01	g
Saturated Fat .....	0	g
Carbohydrates .....	0.5	g
Total Sugar .....	0.3	g

### Jasmine Lychee

Energy .....	9	kcal
Protein .....	0.18	g
Fat .....	0.06	g
Saturated Fat .....	0	g
Carbohydrates .....	4.3	g
Total Sugar .....	3.15	g

### Singapore Sling

Energy .....	37	kcal
Protein .....	0.13	g
Fat .....	0.02	g
Saturated Fat .....	0	g
Carbohydrates .....	9.9	g
Total Sugar .....	7	g

### 101 Lychee

Energy .....	9	kcal
Protein .....	0.18	g
Fat .....	0.06	g
Saturated Fat .....	0	g
Carbohydrates .....	4.3	g
Total Sugar .....	3.15	g



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## FRESH BREW TEAS

### Blissful Berries

Energy .....	7	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	1.7	g
Total Sugar .....	0.4	g

### Lychee Fiesta

Energy .....	9	kcal
Protein .....	0	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	2.2	g
Total Sugar .....	0.4	g

### Anti-stress

Energy .....	7	kcal
Protein .....	0.1	g
Fat .....	0.1	g
Saturated Fat .....	0	g
Carbohydrates .....	1.3	g
Total Sugar .....	0.4	g

### Alishan Oolong

Energy .....	6	kcal
Protein .....	0.1	g
Fat .....	0	g
Saturated Fat .....	0	g
Carbohydrates .....	1.5	g
Total Sugar .....	0.4	g

### Healing Garden

Energy .....	5	kcal
Protein .....	0.1	g
Fat .....	0.1	g
Saturated Fat .....	0	g
Carbohydrates .....	1	g
Total Sugar .....	0.4	g