

Mineral Matrix with Selenium

Trace Mineral Support

Provides a combination of Calcium, Magnesium, and trace minerals.

Orthoplex Green Mineral Matrix with Selenium is a powerful trace mineral formula designed to help support healthy growth and development.



- Gluten Free
- Dairy Free
- Egg Free
- Soy Protein Free
- Vegan
- Vegetarian

AUST L 308379

Pack Size: 60 tablets

Adult Dose: Take 1 tablet daily, or as recommended by your registered healthcare practitioner.

Storage: Store below 30°C in a cool, dry place, away from direct sunlight.



Full disclosure of excipients in every formulation

Indications

- Supports healthy growth and development
- Maintains healthy thyroid gland function
- Assists thyroid hormone production
- Aids the synthesis of neurotransmitters
- Supports the health and function of the immune system
- Supports blood capillary and cardiovascular system health

Excipients

Calcium hydrogen phosphate dihydrate, microcrystalline cellulose, crospovidone, magnesium stearate, maltodextrin, povidone, croscarmellose sodium, colloidal anhydrous silica.

Warnings

This medicine contains Selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of Selenium from dietary supplements should not be exceeded. If symptoms persist consult your healthcare practitioner. Vitamin and mineral supplements should not replace a balanced diet.

Contraindications

Anti-Thyroid Drugs, Cephalexin, Ceftriaxone, Dolutegravir, Elvitegravir
Pregnancy & lactation - contact Technical Support on 1800 077 113

Information taken from Natural Medicines Database and accurate as of September 2019

Each Tablet Contains

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|-----------------------------------------------------|------------------|
| Calcium ascorbate dihydrate equiv. Calcium | 149mg 14mg |
| Calcium citrate tetrahydrate equiv. Calcium | 99.62mg 21mg |
| Magnesium amino acid chelate equiv. Magnesium | 100mg 20mg |
| Heavy magnesium oxide equiv. Magnesium | 33.2mg 20mg |
| Potassium aspartate monohydrate equiv. Potassium | 96.8mg 20mg |
| Zinc amino acid chelate equiv. Zinc | 25mg 5mg |
| Manganese amino acid chelate equiv. Manganese | 15mg 1.5mg |
| Copper gluconate equiv. Copper | 430mcg 60mcg |
| <i>Equisetum arvense</i> stem (Dry Herb Equiv) | 100mg |
| Potassium iodide equiv. Iodine | 200mcg 150mcg |
| Molybdenum trioxide equiv. Molybdenum | 93mcg 62mcg |
| Chromium picolinate equiv. Chromium | 400mcg 50mcg |
| Sodium selenite equiv. Selenium | 56.9mcg 26mcg |