KOLOREX® HOROPITO BACKGROUND INFORMATION

FOR PRACTITIONER REFERENCE ONLY

Always read the label and follow the directions for use.



HOROPITO PSEIDOWINTERA COLORATA

only grows in New Zealand. This ancient shrub is a member of the primitive Winteraceae family. Surviving in New Zealand's rainforest it has built up defences to survive in damp, dark conditions were fungal overgrowth is common. It is this unique ability that makes Horopito special today.

NEW ZEALAND HOROPITO

PSEUDOWINTERA COLORATA

Polygodial is the active constituent in Horopito and has been subject to much research. Polygodial stability can be easily affected by a number of factors including harvesting, storage and formulation excipients therefore care must be taken in the production of Horopito herbal products. Polygodial is not stable within alcohol solutions.

Kolorex have spent decades researching Horopito and have developed growing and extractions techniques that ensures polygodial activity is maintained and each batch is independently tested so it is of the highest quality.



23.8

Sustainably grown and harvested

For over 30 years Kolorex has been sustainably farming Horopito next to the temperate rain forest in Golden Bay, New Zealand. The only sustainable commercial plantation in the world, Kolorex oversees every step in the development process – from growing and harvesting to extraction and production to supply the highest quality Horopito.

Having developed and grown cultivars high in polygodial, Kolorex ensure their commercially grown herb is not taken from New Zealand's native forest environment.

SUPPORT VAGINAL HEALTH AND NON-VAGINAL SYMPTOMS

Kolorex Horopito can support and maintain vaginal health. However, it is also suitable for men and women who do not present with vaginal health symptoms.

DOSAGE & PRESCRIBING ADVICE

Oral:

Pseudowintera colorata (Horopito) leaf liquid extract 10mg equiv. to dry leaf 250mg per capsule. Take 1-2 capsules per day taken with food and water for at least 4 weeks.

During a recent naturopathic case study it was indicated that some patients may benefit from longer use.

It is advised when prescribing a probiotic alongside Horopito to recommend that the two products are taken at separate times of the day. Suggested dosage would be to take the probiotic in the morning and Horopito to be taken in the evening with food.

Always take with food and water and keep water intake high throughout the day.

As a precaution it is suggested that pregnant women and small children do not take the oral formulations.

Topical:

Use in conjunction with oral supplementation. Apply Horopito vaginal cream to vulva 2-3 times per day. Do not use internally within the vagina. pH balanced Horopito vaginal wash can be used daily.

Further Education

- www.myintegria.com check the Resources section
- · Horopito Herbal Monograph
- Horopito Technical Sheet Horopito for Candida albicans Overgrowth and Vulvovaginal Candidiasis
- **Webinar** Horopito: A novel therapy for Candida Overgrowth





