


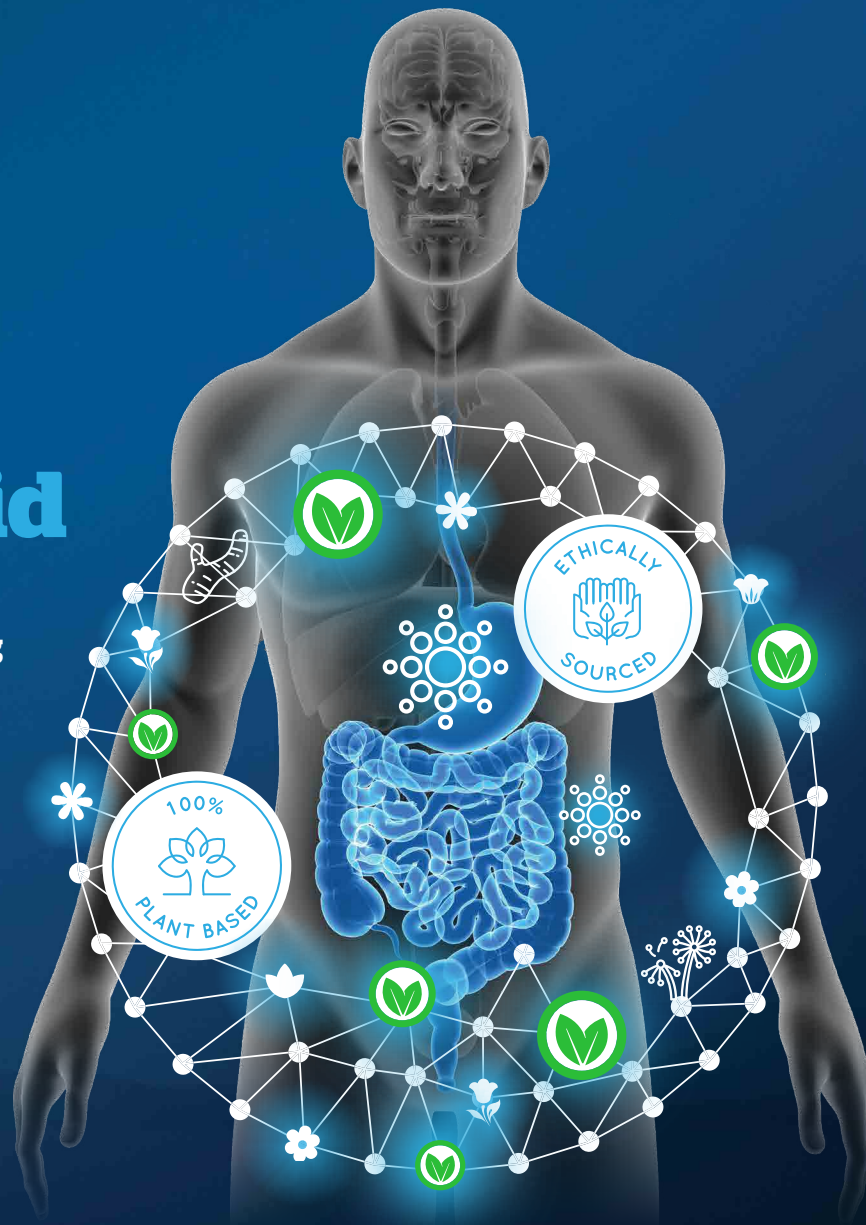


# Formulated digestive health

## Eagle® Vegie Digestaid

**Vegie Digestaid is an all-in-one, vegetarian-friendly formula providing enzymatic and herbal support to promote healthy digestion.**

-  Supports healthy digestion with sustainably and ethically sourced plant and microbial-derived enzymes.
-  Herbal support with Dandelion root to support bile production involved in the emulsification of dietary fats and Ginger root to relieve symptoms of indigestion, as traditionally used in Western Herbal Medicine.
-  Suitable for vegetarians.



# Formula Focus



## Each Vegiecap contains:

Amylase	15 000 DU
Protease	50 000 HUT
Lipase	1200 LipU
Tilactase	1500 ALU
Cellulase	300 CU
Bromelains	80 mg
<i>Taraxacum officinale</i> (Dandelion) extract derived from root dry	166 mg 665 mg
<i>Zingiber officinale</i> (Ginger) extract derived from root dry	42 mg 333 mg



## Dosage

Adults: Take 1 capsule three times daily with food.

## Pack size

90 tablets

## Warnings

- If symptoms persist, seek the advice of a healthcare professional.

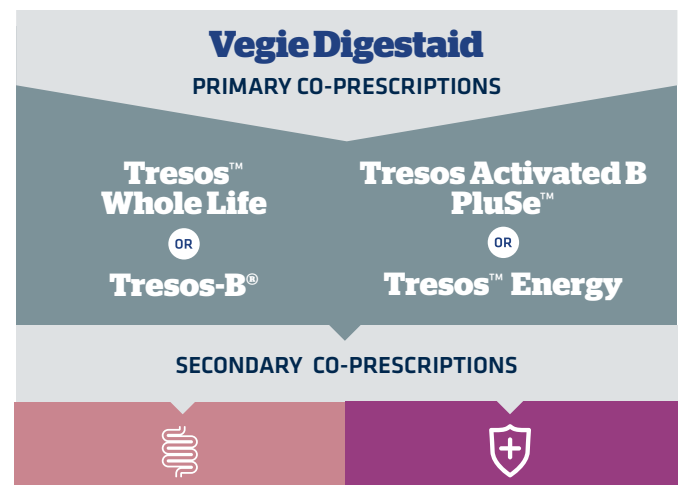
## Patients who may benefit from Eagle Vegie Digestaid include those with:

- Dyspepsia, bloating, flatulence and digestive discomfort.
- Poor diet and lifestyle.
- Inadequate chewing and eating 'on the run'.
- Eating too late in the day.
- Poor appetite.
- Suboptimal liver function.

## Indications

- Maintain healthy digestive system function.
- Aid digestion of protein.
- Support assimilation of nutrients.
- Traditionally used in Western Herbal Medicine to relieve symptoms of dyspepsia including abdominal cramping, bloating and flatulence.
- Relieve digestive discomfort.
- Traditionally used in Western Herbal Medicine to support healthy liver function.
- Traditionally used in Western Herbal Medicine to support bile production.
- Traditionally used in Western Herbal Medicine to support healthy appetite.
- Traditionally used in Western Herbal Medicine to support general health and wellbeing.

## Building effective treatment strategies through companion therapies

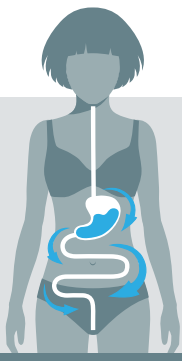


### Digestive Health

CytoPro Balance  
CytoPro Repair  
DetoxaChol™  
SB Forte

### Immune Health

Beta A-C® Powder  
ImmunoAdapt  
Defence Support  
PathoClear



## Vegie Digestaid provides enzymatic and herbal support to maintain digestive function.

**Bile salts** are produced by the liver and are concentrated and stored in the gallbladder.

Reduced bile production may result in symptoms of fat indigestion, and the presence of fat in the stools.

### **Bile salts play a role in:**

- Emulsifying fats, allowing greater enzymatic digestion.
- Encouraging intestinal motility by acting as a natural laxative.

**Dandelion root** – contains bitter lactones which can support bile production to aid the emulsification and assimilation of lipids as used in Traditional Western Herbal Medicine.

## Small and Large Intestine<sup>2,8, 10, 11</sup>

The small intestine is the primary site of enzymatic digestion and absorption of nutrients. **Enzymes** such as lactase are found bound to the mucous membranes of the small intestine.

The large intestine is home to billions of **bacteria**, that break down fibres to beneficial substances, here undigested foods are prepared for elimination.

Disruptions to the health of the small and large intestine may result in symptoms of bloating, flatulence, loose stools, constipation and abdominal colic.

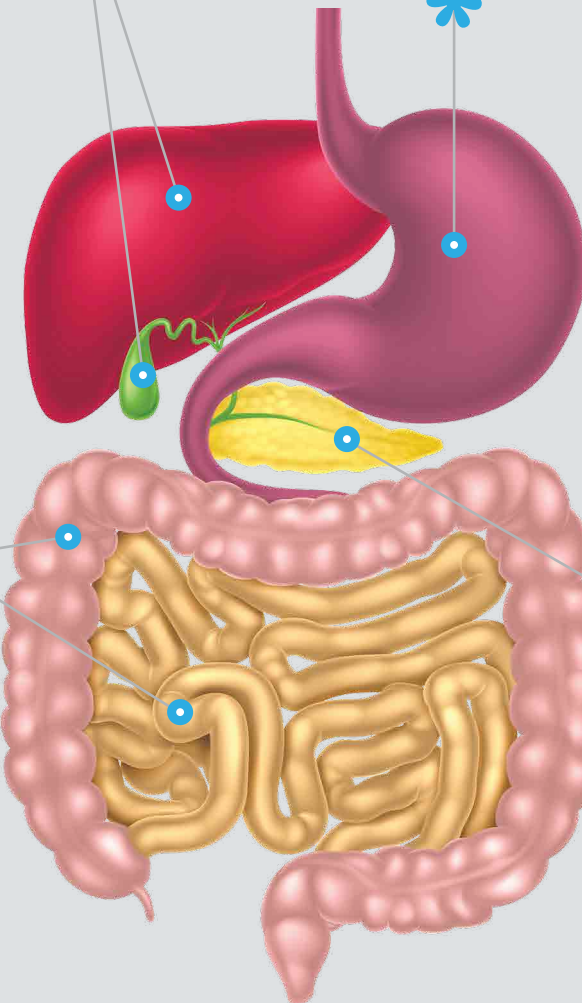
**Lactase (Lactase)** – produced by the body to break down lactose.

**Cellulase** – breaks down plant fibres.

## Liver and Gallbladder<sup>2,3,6</sup>



## Stomach<sup>1,2,6,7,8,9</sup>



**Gastric acid** and pepsinogen (inactive pepsin) are produced in the stomach. Age, as well as antacids and proton-pump inhibitors reduces gastric acidity.

Low gastric acid often causes symptoms of reflux, bloating and distention.

### **Gastric acid plays a role in:**

- Activating digestive enzymes to help break down food.
- First line of defence against GIT pathogens.

**Dandelion root** – contains bitter lactones which can support a healthy appetite as used in Traditional Western Herbal Medicine.

**Bromelain** – proteolytic enzyme for digestion of protein.

**Ginger root** – helps relieve symptoms of indigestion as used in Traditional Western Herbal Medicine.

## **Pancreas<sup>2,5,8,9</sup>**

**Digestive enzymes** such as amylase, protease and lipase are produced and secreted by the pancreas.

A reduced production of digestive enzymes can occur due to dietary factors or disease states, and suboptimal enzyme production may result in increased food sensitisation and symptoms of bloating, flatulence, loose stools, or the presence of food in the stools.

### **Pancreatic enzymes play a role in:**

- Aiding in the digestion of foods to support assimilation of nutrients.

**Protease** – produced by the body to break down protein.

**Lipase** – produced by the body to break down fats.

**Amylase** – produced by the body to break down carbohydrates.

### **Digestive enzymes produced by the body play a role in:**

- Breaking down foods for efficient absorption.

# Supplementation with enzymes and supportive herbs can help your patients improve their digestive health.

## 1 Ethically sourced vegetarian enzymes

The microbial and plant-based alternative is an effective option for vegetarians, as well as those looking for alternatives to animal derived products due to growing awareness around environmental impact.

## 2 High dose microbial-derived enzymes

Microbial-derived enzymes are produced via fermentation by microorganisms and well established evidence supports their use in maintaining healthy digestive system function.

## 3 Herbs to support endogenous digestive secretions

Dandelion root is used in Traditional Western Herbal Medicine to support bile production, involved in the emulsification of fats in the digestive system. Ginger has been traditionally used in Western Herbal Medicine to relieve symptoms of dyspepsia.<sup>7</sup>



have a digestive problem which affects their day-to-day lives.



EACH DECADE

The production of digestive enzymes **decreases by about 10% each decade** after the age of 20.<sup>1</sup>

This naturally occurring decrease in enzymes reduces the ability to completely digest our foods, resulting in fermentation of these products further down the digestive tract.<sup>3</sup>

**Longer term** it may also increase the risk of a wide range of health issues.<sup>4</sup>



### Healthy digestive function

begins with proper digestion of foods, which requires adequate gastric acid, pancreatic enzymes, bile production and regular intestinal motility.<sup>2</sup>

## Advantages of microbial-derived enzymes<sup>2</sup>

- Stable across a wide pH range, from pH 2-12.
- Yield a broad spectrum of different enzymes including amylase, protease, lipase, tilactase and cellulase.
- Suitable for vegetarians.



For the latest in product safety information contact our Technical Support Team on 1300 654 336 or [techsupport@integria.com](mailto:techsupport@integria.com).

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