

A photograph of softball equipment including a brown leather glove, several yellow softballs, a white softball bat, and a pair of white batting gloves, all resting on a green grassy field. The text is overlaid on this image.

The Ultimate Softball Tournament Checklist

(For Busy Softball Parents)

In Your Cooler

- Waters/ Juices
- Orange slices
- Apple slices
- Peanut butter
- Power bars
- Aloe
- Ice
- Cheese sticks
- Trail Mix
- Deli Meat
- Wraps

In Your Wheeled Cart

- Portable Canopy
- Folding Chairs
- Umbrella
- Rain Coat
- Duct Tape
- Blanket or Towel

In Your Bag

- First Aid Kit
- Eye Black
- Wet Wipes
- Hairties
- Extra Pair of Socks and Shirt
- Sunscreen
- Chapstick
- Anti-acid (Pepto, Tums)
- Pain Reiver (Motrin, Advil)
- Bug Spray
- Athletic Tape
- Extra Toilet Paper
- Feminine Products
- Paper Towels
- Headphones
- Magazine or Book