



# BLANC's CHECKLIST

## to a sustainable Spring Clean

### 1. Whole House

- Declutter all rooms from non-essentials
- Sanitise door handles and door knobs
- Wash windows and window sills
- Wipe and dust all surfaces
- Eco clean sofas, curtains and rugs
- Use eco-friendly cleaning products

#### **Zero waste swap:**

Switch to energy-saving light bulbs, they last 12 times as long as traditional bulbs

### 2. Living Room

- Dust and polish furniture
- Clean slipcovers, blankets and pillows
- Vacuum sofa and armchairs
- Sanitise remote controls
- Clean curtains and rugs
- Dust curtain holders and blinds

#### **Zero waste swap:**

Use plants such as ficuses to purify the air instead of artificial air fresheners

### 3. Kitchen

- Deep clean oven, fridge and dishwasher
- Defrost freezer
- Wipe and organise drawers and shelves
- Wash dish cloths, sponges and towels
- Clean and polish sink
- Wipe and clean dining table and chairs

#### **Zero waste swap:**

Replace paper towel with reusable cotton and bamboo wipes

### 4. Bedroom + closet

- Declutter and organise wardrobe
- Sell or donate unwanted clothes
- Vacuum floor and carpet/ rug
- Clean lamps and lampshades
- Eco clean bed linen, pillows and duvet
- Air and flip mattress

#### **Zero waste swap:**

Take clothes to a professional tailor to make them last a lot longer

### 5. Bathroom

- Return expired medication to pharmacy
- Wipe mirror and all surfaces
- Mop floor and wipe walls
- Sanitise toilet, sink and shower/bathtub
- Clean washing machine and dryer vent
- Wipe fan blades and fan vent covers

#### **Zero waste swap:**

Switch to bar soap, solid shampoo and compostable toothbrush

### 6. Office

- Organise paperwork and folders
- Recycle unneeded paperwork
- Dust and polish furniture
- Organise and clean out computer
- Sanitise keyboard and mouse
- Dust electronics

#### **Zero waste swap:**

Switch to electronic bills to banish all unnecessary paper