



FOR IMMEDIATE RELEASE

April 28, 2016

Sleep-disordered breathing is a serious health risk to children and adolescents

MPowrx™ launches e-Book to help parents recognize their children's sleep health issues

The health risks for children with sleep-disordered breathing is far worse than a simply a poor night's sleep. Approximately 9 million children in the United States have sleep-disordered breathing and as many as 4 million children have obstructive sleep apnea. MPowrx™, leaders in developing innovative health and wellness products, has launched their latest e-Book about children's sleep health: [*Sleep Apnea in Children*](#).

The e-Book outlines the major causes and risk factors of sleep apnea in children, and goes on to explain how children can be diagnosed, and the treatment options available. Also featured in *Sleep Apnea in Children* is a quiz for parents that they can use to help identify if their children have sleep apnea.

Sleep apnea, sleep-disordered breathing, and snoring are disturbingly common in children and adolescents. The prevalence of pediatric obstructive sleep apnea is rising. Sleep-disordered breathing, which includes sleep apnea and snoring, affects 12% of children¹.

"Getting a proper night's sleep is critical for both the mind and body, especially for children. It is imperative that children consistently have restful and restorative sleep to ensure proper growth and cognitive development. Over the past several years, however, doctors and pediatric medical professionals around the world have reported more instances of sleep apnea in children, which can be detrimental to their overall wellbeing and development. The prevalence of sleep apnea in children is reaching epidemic proportions," says Dr. Nancy Markley, CEO of MPowrx™. "At MPowrx™ we are committed to helping people to understand their health, and to empower them towards better health and wellness."

To read the full *Sleep Apnea in Children* e-Book please visit:

<https://goodmorningsnoresolution.com/sleep-apnea-in-children-ebook>

To learn more about MPowrx™, please visit the company's website www.mpowrx.com.

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About MPowrx™ Health and Wellness Products 2012 Inc.:

MPowrx™ in-licenses, researches, develops, manufactures, and distributes innovative health and wellness products. We are a proven leader in the sales and marketing, and the distribution of medical devices and health and wellness products on a global scale. We differ from the competition as our focus is on seeking out solutions where there are unmet needs for better treatment options. We strive to continually deliver proven, cost effective products to consumers all over the world. MPowrx™ abides by government regulations and licensing requirements, and meets the highest standards of quality control assurances.

Currently we have two products on the market, both in the sleep space: the Good Morning Snore Solution® and iSleepSound™. MPowrx™ is working on expanding our line of innovative health and wellness products. www.mpowrx.com | [@MPowrx](https://twitter.com/MPowrx)

¹ Roland PS, Rosenfeld RM, Brooks LJ, et al. Clinical practice guideline: Polysomnography for sleep-disordered breathing prior to tonsillectomy in children. *Otolaryngol Head Neck Surg.* Jul 2011;145(1 Suppl):S1-15.
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