

PRODUCT: Peas Of Mind “Healthy” Pizza For Kids

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Peas Of Mind is a company that makes products that kids like. And the products—all frozen foods—are good for them.

Our first encounter with the company was via their Veggie Wedgies: apple, broccoli, carrot and cauliflower sliced to look like French fries. You bake them in the oven. Each serving provides more than half of a child’s Daily Recommended Value of fruits or vegetables.

The company’s Puffets are kid-style souffles in banana, black bean, carrot and other favorite flavors.

And now, the specialists in getting kids to eat their fruits and veggies have launched Peas of Pie, a pizza pie with veggies hidden in the crust.



Peas of Pie hides healthy veggies in the crust. Photo courtesy Peas of Mind.

They really are hidden. We saw an occasional wee speck of broccoli and carrot in the crust, but nothing kids would notice. The crust, a bread style, will fool every one of them.

And, those hidden veggies, plus the tomato sauce, count for 1-1/2 servings of veggies.

The pizzas are available in cheese and pepperoni.

Learn more on the company [website](#).