



## FLAT BENCH

CF-3163



### FEATURES

- Tripod frame design provides greater stability
- Removable non-skid footpads

### SPECS

- Product Dimensions L x W x H:  
51.25" (130 cm) x 32.75" (83 cm) x 16.95" (43 cm)
- Product Weight: 53 lbs (24 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)