

Equipment Maintenance

Before you begin

- Precor recommends owners implement a thorough maintenance program that incorporates regular safety inspections by qualified maintenance technicians as outlined in this Maintenance Guide (“Guide”). Also, Precor recommends that technicians thoroughly read and understand the safety guidelines and maintenance procedures covered in this Guide.
- This Guide provides information about items that need to be inspected and maintained on a daily, weekly, and monthly basis. You should not attempt to service the strength equipment, except for the maintenance tasks described in this guide. For more information, visit us at www.precor.com.
- During maintenance, place an “Out Of Order” sign on the equipment.

Important *It is the duty of the owner to maintain equipment in accordance with the instructions in this material and any accompanying material. Always purchase replacement parts and hardware from Precor. If you use parts not approved by Precor, you could void the Precor Limited Warranty. Use of parts not approved by Precor may cause injury.*

Recommended Tools

- Complete combination box wrench set (common metric sizes)
- Complete socket set (common metric and SAE sizes)
- Complete hex key set (common metric sizes)
- 12-inch adjustable wrench
- Rubber mallet

Daily Maintenance

- **Equipment Stability:** Verify all equipment feet sit squarely on the floor.
- **Clean Upholstery:** To remove surface dirt and perspiration, spray upholstery daily with a mild soap and water solution and wipe dry with a clean cloth. Do not use cleaning products that have any of these ingredients: solvents, alcohol, ammonia, or petroleum.
- **Inspect Upholstery Pads for Wear:** Inspect upholstery pads for cracks in the pads, broken and loose stitching, loose staples and loose mounting bolts. Replace pads as needed with Precor approved upholstery pads.
- **Clean and Inspect Frames:** To remove grease and dirt, spray the frames daily with a mild soap and water solution and wipe dry with a clean cloth. As you clean, inspect the frames for cracks, rust, or other damage. Make sure welds are solid and fasteners are properly secured.

- **Check Warning and Instructional Labels:** Inspect warning and instructional labels daily to make sure that all the information can be clearly read. If any portion is not visible or part of the label is not adhered properly, replace that label immediately. Spray labels as needed with a mild soap and water solution, and wipe dry with a clean cloth.

Weekly Maintenance

- **Condition Upholstery:** Condition and deep clean the upholstery weekly with a lanolin-based hand cleaner or upholstery cleaner.
Clean Chrome: To restore and maintain the luster of chrome parts, use a commercial chrome cleaner.

Monthly Maintenance

- **Inspect Frames and Movement Arms:** Inspect frames and movement arms for proper function and integrity. Inspect frames and joints for cracks, chipped paint, or rust. If cracks are found, take the equipment out of service immediately and have a qualified maintenance technician repair it.
 - Touch up dings and chips with paint and replace any component at the first sign of wear. You can order touch-up paint from Precor by contacting Customer Support.
 - To remove surface rust from the frame, rub lightly with a fine wet/dry sandpaper or fine steel wool. Finish with Precor touch-up paint if needed. Maintain paint luster with an application of a mild automotive wax product.
 - For removing heavier dirt and grease and for polishing, use a good automotive polish. For scuffs and marks that are not removed by the above methods, use a fine-grit cleanser. Do not use solvents, lacquer thinner, acetone, or fingernail polish remover.
- **Inspect All Fasteners:** Fasteners can loosen with normal use. Inspect all nuts, bolts, screws, and other fasteners to make sure they are tight and installed correctly. Otherwise, remove the equipment from service until a new fastener can be installed properly.
Important *Fastener quality and specifications vary considerably so please replace them with Precor approved fasteners specifically engineered for the precise application. Failure to do so will void the Precor Limited Warranty.*