



## Aloe Digest

### What Is Aloe Digest?

Aloe Digest is a natural dietary supplement that supports the digestive and immune systems.

### What's In It?

**Organic Aloe Vera Powder:** A plant with a high concentration of polysaccharides. Aloe vera has been associated with numerous amounts of health benefits, including alkalizing, digestion and liver function support.

**Organic Coconut Water Powder:** Great source of potassium and hydration. Coconut water comes from the inside of a coconut and contains nutrients and antioxidant properties.

**Organic Acacia Gum Fiber:** Consisting of water-soluble dietary fibers (WSDF), this gut-healthy ingredient helps support healthy blood lipid levels. Acacia gum has also been associated with gut-related relief and the body's response to gut inflammation.

**Organic Pea Fiber:** A fiber and protein derived from the pea legume, that supports a healthy gut and optimal digestion. Research has also associated pea fiber with aiding healthy blood triglyceride levels post meal.

**Organic Jerusalem Artichoke Inulin:** Containing dietary fiber from the prebiotic, inulin, Organic Jerusalem Artichoke has been associated with thiamine, potassium and support of friendly gut bacteria.

**Organic Brown Rice Extract:** May assist function of cardiovascular, digestion, brain and nervous systems.

**Organic Apple Flavor:** A natural flavoring that has been approved by organic agencies to be used in organic products. This means the flavors cannot be produced using synthetic solvents, carrier systems or any artificial preservatives or sourced from anything containing GMOs or using ionizing radiation. The flavoring is based in acacia gum.

**Organic Lemon Powder:** A great source of Vitamin C and potassium, may support healthy blood pressure levels and help ease breathing.

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**L-Malic Acid Powder:** Helps support energy production and carries out reactions in the body. It may also help to increase muscle performance and mental focus, while also reducing fatigue.

**Organic Ginger Root Powder:** A plant that is related to turmeric and cardamom. Ginger root contains bioactive compounds with nutritional value, such as digestion support.

**Lactospore®\*** (*Bacillus coagulans* 15 billion cfu/g): A well-researched probiotic strain that withstands the acidic environment of the stomach, encouraging healthy digestion and overall gut health.

**DigeZyme®\*** ( $\alpha$ -amylase, protease, lipase, cellulase, lactase): A-gluten free and GMO-free multi-enzyme complex consisting of enzymes that break down carbohydrates, lactose and fats. It is resistant to gastric juices, encouraging digestive activity.

**Organic Monk Fruit Extract:** Also known as Lo Han Guo. It is in the same family as cucumber, squash and melons. The extract is nearly 300 times sweeter than sugar.

\* Lactospore® and DigeZyme® are registered trademarks of the Sabinsa Corporation.

## Other Ingredients

Organic Stevia Leaf Extract

## Suggested Use

Mix one scoop with 10-12 oz of water. Tastes great over ice. Use up to three times a day but overuse may result in diarrhea.

## Why Do We Make It?

Indigestion and related gut concerns are a growing issue in America. For this reason, probiotic and prebiotic products are on the rise. Most yogurts and probiotic-infused juices are expensive, have a short shelf life and must be refrigerated. Antacid tablets and liquid syrups can take up pantry space. Aloe Digest offers a safe and natural solution, with a longer shelf life and more convenience.

In addition, mass volumes of aloe vera juice products are highly diluted. Plus, the shipping of water and liquid-based products can have a detrimental impact on the environment. Purium's Aloe Digest contains a highly concentrated form, offering consumers an effective and potent blend. The blended powder form reduces its environmental impact during transportation.





## Dave Sandoval's Product Pairing Suggestions

Dave recommends pairing Aloe Digest with:

- Biome Medic: Helps healthily repair the gut
- Spectrum Greens: Provides prebiotic support with soluble, fermentable fibers that feed and supports effectiveness of the probiotic
- Apothe-Cherry: Aloe helps boost the effectiveness of tart cherry's benefits

## Allergens

This product is gluten-free and vegan. Flavorings (apple) are based in acacia gum. Aloe Digest contains stevia leaf extract.

## Certifications

This product is certified organic by Quality Assurance International (QAI). This product is gluten-free and vegan.

## Purchase Information

To purchase Aloe Digest, [click here](#).

To purchase Aloe Digest as part of the Gut Health Pack, [click here](#).

To purchase Aloe Digest as part of the Juice Bar in a Bag, [click here](#).

## More Information

<http://blog.puriumcorp.com/2018/04/27/sugary-drinks-not-as-sweet-as-they-taste/>

<http://blog.puriumcorp.com/2018/01/08/a-second-brain/>

<http://blog.puriumcorp.com/2017/11/22/juice-industry-booms-yet-americans-arent-eating-enough-fruits-and-veggies/>

<https://vimeo.com/251882775>

## Related Information

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If you have a medical condition, are pregnant, lactating or taking medication, consult a medical practitioner before consuming any dietary supplements.

## **FDA**

These products and statements have not been evaluated by the Food and Drug Administration. These products and statements are not intended to diagnose, mitigate, treat, cure or prevent any disease.

## **Studies and Support**

<https://www.healthline.com/health/food-nutrition/aloe-vera-juice-benefits#1>

<https://www.healthline.com/nutrition/19-best-prebiotic-foods#section3>

