WELCOME

to your Ultimate Lifestyle Transformation

trans·for·ma·tion
noun : a permanent, lasting change



Get familiar with the products and the schedule.
Scan the QR code to watch video - see back.



Fill out Day 0 of the Transformation Tracker - see back.



Start your 30-Day
Transformation Experience.
Scan the QR codes for
digital support - see back.

WHAT'S INSIDE

BUILD SUPER AMINO 23



May help:

- Create lean muscle
- Support skin elasticity
- Burn fat
- Support mental acuity

NOURISH POWER SHAKE



May help:

- Support energy
- Reduce cravings
- Fuel your cells
- Create satiety

- 2 of each

DETOXIFY BIOME MEDIC



May help:

- Detoxify glyphosate
- Support digestion
- Support immunity
- Support healthy Creactive protein levels

REGENERATE APOTHE-CHERRY



May help:

- Support sleep
- Combat free radical damage
- · Beautify skin
- Create a healthy response to inflammation

CLEANSE SUPER CLEANSR



May help:

- Support healthy bowel function
- Release toxins and buildup
- Support elimination of parasites

YOUR 30-DAY SCHEDULE



RISE & SHINE

When you wake up:

- Super Amino 23* (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic** (2 capsules)

Last 10 Days:

When you wake up: Super CleansR* (2 capsules)



DAY OR EVENING

You choose, in place of either lunch or dinner:

- Super Amino 23* (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic** (2 capsules)



SWEET DREAMS

30-60 minutes before you go to sleep:

• Apothe-Cherry (2 TBSP with 8-10 oz. water)

MAKE IT YOUR OWN

L.O.V. Super Meal is interchangeable with Power Shake if you purchased a customizable ULT. You may use a 1/2 serving of two different shakes anytime a Power Shake is called for on the schedule.

- *For optimal results, wait 30-60 minutes before drinking Power Shake.
- **Biome Medic and Super CleansR aid in waste elimination. Based on your body's digestion response, modify by reducing 1 capsule per serving.

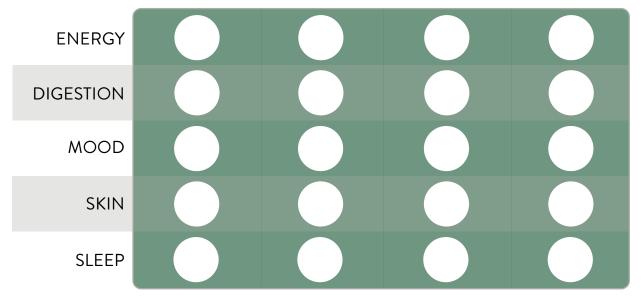
SEE IT. FEEL IT. TRACK IT.

TRACKER

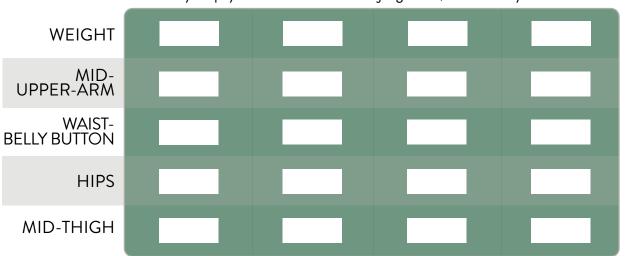
DAY DAY O 10

DAY 20 DAY 30

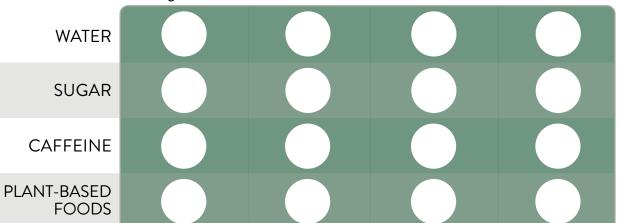
On a scale of 1-10, how are you feeling? 10 is your BEST self. Write your number in the circle below.



Let's track your physical transformation - no judgement, here! Write your numbers below.



On a scale of 1-10, how satisfied are you with your consumption of the following? 10 = most satisfied, 1 = least satisfied.



CHECKLIST

Join Purium's Lifestyle
Transformation Facebook Group.

Take & save "Before" selfie, and full body photo.

Take & save "After" photo.

Don't forget to re-order at ishoppurium.com!

Sign Up for Smart Order with either another Ultimate Lifestyle Transformation or Daily

Join owners Amy Venner and Dave Sandoval Support FB Live every Tuesday and Friday at 5pm PST in the Facebook Group.

Earn 1000 Rewards Points when you complete your 30 days! Write and submit a compelling and compliant review with your Before/After photos on iShopPurium.com (the Ultimate Lifestyle Transformation product page). Once it is approved/published, you will automatically earn 1000 Reward Points (\$10 off your next purchase).

GET SUPPORT

Scan the QR codes to learn more.

GET FAMILIAR WITH THE PRODUCTS



WATCH THE FLEX FOODS VIDEO



CHOOSE YOUR ULT SCHEDULE



JOIN FACEBOOK GROUP



SEE SUCCESS STORIES



TIPS TO STORE YOUR PURIUM TERRA POUCH



SMART ORDER

Smart Order is a monthly subscription order, so you never run out of product.



Smart way to

maintain health

goals



order

Earn 2x Rewards
Points on every



Helps keep your 25% discount active



Learn more about Smart order on ishoppurium.com/pages/smart-order

REWARDS POINTS

Purium Rewards is a points system to reward our best customers.



See & Redeem See Points on iShopPurium.com



\$1 spent = 1 point

Many bonus options to help boost

points & more



Learn more about Rewards Points on ishoppurium.com/pages/purium-rewards