



Coco Hydrate

What Is Coco Hydrate?

Coco Hydrate is a refreshing and hydrating coconut water blend.

What's In It?

Organic Coconut Water: A great source of potassium and electrolytes. Coconut water comes from the inside of a coconut and contains nutrients and antioxidant properties.

Organic Coconut Sugar: A sugar that is derived from coconut tree sap. Coconut sugar retains some of the coconut tree's most vital nutrients, like zinc, calcium and potassium. It is used as a natural alternative.

Organic Hibiscus Flower: An herbal remedy used throughout the world. Ongoing research suggests that the flower can support health issues, such as stomach discomfort, bacterial infections and high blood pressure. Leaves are used to make into refreshing tea and liquid extracts.

Organic Coconut Oil Extract Powder: Derived from coconuts, this oil's nutritional value makes it a healthy alternative to butter and other oils.

Organic Ginger Root Powder: A plant that is related to turmeric and cardamom. Ginger root contains bioactive compounds with nutritional value, such as digestion-support.

Organic Brown Rice Extract: May improve function of cardiovascular, digestion, brain and nervous systems.

L-Malic Acid Powder: Helps support energy production and carries out reactions in the body. It may also help to increase muscle performance and mental focus, while also reducing fatigue.

Mineral Salts (Calcium Carbonate, Sodium Bicarbonate, Potassium Bicarbonate, and Magnesium Carbonate): These salts support the balancing of fluids, enzymes and hormones. May also promote electrolyte balance.

Organic Raspberry Flavor: Natural flavoring that has been approved by organic agencies to be used in organic products. This means the flavors cannot be produced using synthetic solvents, carrier systems or any artificial preservative or sourced from anything containing GMOs or using ionizing radiation. The flavoring is based in acacia gum.

Agar-Agar Powder: A healthier, plant-based substitute to gelatin, derived from seaweed.





Organic Rooibos Extract: A caffeine-free alternative to black and green tea. The extract contains health-promoting antioxidants.

Other Ingredients

Organic Stevia Leaf Extract

Dave Sandoval's Product Pairing Suggestions

Dave suggests pairing Coco Hydrate with the following:

- Ionic Elements: helps promote balanced hydration
- Can's BEET This!: supports healthy circulation and oxygenation in the blood
- Green Spectrum (Original or Lemon): helps provide pH and oxygen level support from green veggies

Suggested Use

Mix one scoop with 10-12 oz. of water. Tastes great over ice.

Why Do We Make It?

Health-conscious consumers seek out nutritious hydration options to drink during and after physical activity, or as an afternoon pick-me-up. While many brands offer coconut water, not all are organic. Their coconut water is not always ecologically-responsible and require refrigeration. Coco Hydrate is sustainably-made and dehydrated onsite after harvesting. We make an effort to reduce our carbon footprint by not shipping water weight or liquid weight all over the world.

Lastly, Coco Hydrate is blended with organic rooibos, mineral salts and nutrient-dense coconut elements to provide optimal energy and hydration.

Allergens

This product is gluten-free and vegan. Raspberry flavoring is based in acacia gum. Coco Hydrate also contains stevia leaf extract.

Certifications

Coco Hydrate is certified organic by Quality Assurance International.

Purchase Information

To purchase Coco Hydrate, click [here](#).

To purchase Coco Hydrate as part of the Juice Bar in a Bag, click [here](#).

More Information



<https://vimeo.com/251737718>

<http://blog.puriumcorp.com/2018/02/02/faqs-purium-bundles-10-day-transformations/>

<http://blog.puriumcorp.com/2017/11/22/juice-industry-booms-yet-americans-arent-eating-enough-fruits-and-veggies/>

<http://blog.puriumcorp.com/2018/04/27/sugary-drinks-not-as-sweet-as-they-taste/>

Related Information

If you have a medical condition, are pregnant lactating or taking medication, consult your medical practitioner before consuming any dietary supplements.

FDA

These products and statements have not been evaluated by the Food and Drug Administration. These products and statements are not intended to diagnose, mitigate, treat, cure or prevent any disease.

Studies and Support

<https://www.healthline.com/nutrition/8-coconut-water-benefits>

<https://www.ncbi.nlm.nih.gov/pubmed/24141413>

