

WELCOME

to your Ultimate Lifestyle Transformation

TRAN(T)S-FÖR-MÄ-SHÖN

trans·for·ma·tion

noun : a permanent, lasting change

STEP 1

Get familiar with the products and the schedule.
Scan the QR code to watch video A - see back.

STEP 2

Fill out Day 0 of the Transformation Tracker - see back.

STEP 3

Start your 30-Day Transformation Experience.
Scan the QR codes for digital support - see back.

WHAT'S INSIDE

BUILD

Pure Vegan Protein



May:

- Create lean muscle
- Burn fat
- Tighten skin
- Improve mental acuity

NOURISH

Super Greens & Fats



May:

- Improve energy
- Reduce cravings
- Fuel your cells
- Create satisfied feeling

DETOXIFY

Superior Gut Health



May:

- Detoxify glyphosate
- Improve digestion
- Boost mood & immunity
- Reduce C.R.P.

REGENERATE

Organic Super Fruit



May:

- Improve sleep
- Reduce free radical damage
- Beautify skin
- Create a healthy response to inflammation

CLEANSE

Deep Colon Cleanse



May:

- Increase elimination
- Release toxins
- Flush parasites

2 of each

YOUR 30-DAY SCHEDULE



RISE & SHINE

When you wake up:

- Super Amino 23 (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic* (2 capsules)



DAY OR EVENING

You choose, in place of either lunch or dinner:

- Super Amino 23 (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic* (2 capsules)



SWEET DREAMS

30-60 minutes before you go to sleep:

- Apothe-Cherry (2 TBSP with 8-10 oz. water)

Last 10 Days:

When you wake up:

- Super CleansR* (2 capsules)

Don't forget to re-order at ishoppurium.com!

*Biome Medic and Super CleansR aid in waste elimination. Based on your body's digestion response, modify by reducing 1 capsule per serving.