WELCOME to your Ultimate Lifestyle Transformation

Get familiar with the products and the schedule. Scan the QR code to watch video A - see back.

Fill out Day 0 of the Transformation Tracker - see back.

Start your 30-Day Transformation Experience. Scan the QR codes for digital support - see back.

WHAT'S INSIDE

BUILD
Pure Vegan Protein
- May: • Create lean muscle
  • Burn fat
  • Tighten skin
  • Improve mental acuity

NOURISH
Super Greens & Fats
- May: • Improve energy
  • Reduce cravings
  • Fuel your cells
  • Create satisfied feeling

DETOXIFY
Superior Gut Health
- May: • Detoxify glyphosate
  • Improve digestion
  • Boost mood & immunity
  • Reduce C.R.P.

REGENERATE
Organic Super Fruit
- May: • Improve sleep
  • Reduce free radical damage
  • Beautify skin
  • Create a healthy response to inflammation

CLEANSE
Deep Colon Cleanse
- May: • Increase elimination
  • Release toxins
  • Flush parasites

YOUR 30-DAY SCHEDULE

RISE & SHINE
When you wake up:
- Super Amino 23 (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic* (2 capsules)

DAY OR EVENING
You choose, in place of either lunch or dinner:
- Super Amino 23 (5 tablets)
- Power Shake (5.5 TBSP with 20 oz. water)
- Biome Medic* (2 capsules)

SWEET DREAMS
30-60 minutes before you go to sleep:
- Apothe-Cherry (2 TBSP with 8-10 oz. water)

Last 10 Days:
When you wake up:
- Super CleansR* (2 capsules)

Don’t forget to re-order at ishoppurium.com!

*Biome Medic and Super CleansR aid in waste elimination. Based on your body’s digestion response, modify by reducing 1 capsule per serving.