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<text><list-item><list-item><list-item></list-item></list-item></list-item></text>	<section-header><ul> <li><b>1. Introduction</b></li> <li>Thank you for purchasing TENS (Transcutaneous Electrical Nerve Stimulation) Massager . Please read this manual.</li> <li><b>JIGeneral information</b></li> <li>TENS(Tanscuataneous Electrical Nerve Stimulation) Massager is a new health-oriented product to benefit the tired body. Due to its portable appearance, the use ofthe device will be no longer bound by time or space. It is really a good partner for health care in daily life.</li> <li><b>JOE NOT</b> use this device if you have any of the following medical conditions: <ul> <li>(1) An implanted cardiac pacemaker, defibrillator or other implanted metallic or electronic device</li> <li>(2) Undiagnosed pain syndromes</li> <li>(3) Have been diagnosed with cancer</li> <li>(4) Are pregnant</li> <li>(5) Have suffered acute trauma or surgical procedure in the past six months</li> <li>(6) Have painful and/or atrophied muscles</li> <li>(7) Have abdominal or inguinal hernia</li> </ul> </li> </ul></section-header>	<ul> <li>(10) Have limited range of motion in skeletal joints</li> <li>(11) Have blood circulatory problems</li> <li>2. This unit is intended for adult use only on healthy muscles.</li> <li>3. This device is not intended for the application of any medical condition or disease nor intended for physiotherapy or muscle rehabilitation. It is contraindicated for use on any muscle that is injured or diseased.</li> <li>4. DO NOT use for: <ol> <li>Muscle reeducation</li> <li>To prevent muscle atrophy or spasms</li> <li>Improving range of motion</li> <li>Blood flow deficiencies / venous thrombosis</li> </ol> </li> <li>2. Stimulation should not be applied over the carotid sinus nerves, particularly in patients with known sensitivity to the carotid sinus reflex.</li> <li>Stimulation should not be applied transthoracicallyin that the introduction of electrical current into the heart may cause cardiac arrhythmias.</li> <li>Stimulation should not be applied transcerebrally.</li> <li>Apply electrodes only to normal, intact, clean skin. Do not apply electrodes over open wounds or over swollen, infected, or inflamed areas or skin eruptions, e.g., phlebitis, thrombophlebitis, varicose veins.</li> <li>DO NOT apply stimulation: <ol> <li>Over frontal area of the neck (near site of carotid sinus nerves).</li> </ol> </li> </ul>	<ul> <li>(2) Over the neck or mouth.</li> <li>(3) Across the chest.</li> <li>(4) Over or in proximity to cancerous lesion.</li> <li>(5) If you are epileptic.</li> <li>(6) After experiencing acute trauma or fracture.</li> <li>(7) Following recent surgery.</li> <li>(8) If you have a hernia.</li> <li>6. Never use the device while driving, operating machin or during activities in which involuntary muscle contract may endanger the users or others.</li> <li>7. Do not use the device while sleeping.</li> <li><b>2. Product Description</b></li> <li><b>2.1 Features</b></li> <li><b>Large touch screen</b></li> <li>The large , clear LCD indicator makes it easier for visual impaired to set and operate, This LCD will be utilized to display stimulating mode/intensity level and timer.</li> <li>A/B channels outputs allows you to receive massages in different intensity levels at the same time. 24 modes wit intensity levels Offer versatile choice for long time user <b>Automatic Timer</b></li> <li>Automatic timer will turn the unit off when the set time ends. Each click to the time icon will add 10 minutes to timer.</li> </ul>	

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<ul> <li>Warning: Do not move pads or touch them with hands in the process of using, it may cause strong stimulation.</li> <li>6. Press button, the screen starts to display. The small flashing hands on the LCD screen will automatically points at mode 1.</li> <li>7. Touch mode area to select different modes (24 modes). Mode 1 contains tapping, scrapping, body building, knocking waveforms;</li> <li>Mode 2 contains acupuncture, foot therapy, trigger point Lomi lomi waveforms;</li> <li>Mode 3 contains strike,reflexology,Tha chi,nuge massage waveforms;</li> <li>Mode 4 contains cupping, sports, Swedish thai waveforms;</li> <li>Mode 5 contains rubbing, assorted,stepping,auto waveforms</li> <li>Please increase the intensity when change to new mode because it will return the lowest intensity level for safety reasons.</li> <li>8. Press "+" button or click"+" on the screen to strengthen the output power. Press "—" button or click"-" on the screen to reduce one grade, totally 20 grades. The chosen power output depends on the feeling comfort. At the precondition of acceptance, the power should be chosen as high as possible for the best effect.</li> <li>9. Click timer figure to adjust time. The auto time set is 20 minutes. One click to increase 10 minutes. The instrument</li> </ul>	<ul> <li>sets time to auto turn-off, and it should be restarted if treatment is needed to be continued.</li> <li>Note: The standard time is 20 minutes (time on the screen can be adjusted). The devicecan be used 1 or 2 times (the maximum use time) for the same area per day. There may be some people who feel fatigue, in this case, lower the speed and strength, shorten the time (for example stop the machine when the time shows 5 minutes), and limit the use time to once a day.</li> <li>10. Press bottom button to lock the LCD screen. When there is a key showed on the top of the screen, it will be no uses no matter where you touch on the screen, but the intensity level can be adjusted by pressing side button. Press bottom button to unlock.</li> <li>11. If you need to turn off the device during massaging, long press "OFF" button.</li> <li>12. Take off the physiotherapy film, cover the protectionfilm, and put away the massager.</li> <li>Note:</li> <li>1. Never connect this product with common headphone.</li> <li>2. Do not touch USB port in the process of using. The USB port is only for charging- do not connect to any other device.</li> <li>3. The charger supplied by the manufacturer must be in compliance with IEC/EN 60601-1, the use of unauthorized charger can degrade minimum safety.</li> </ul>	<ul> <li>4. Maintenance and Storage</li> <li>1. Unplug the output cord from the output jack of the controller after using.</li> <li>2. Cover both pads with the protective film before storage.</li> <li>3. Never fold the massage pads.</li> <li>4. To keep the controller clean, use a soft and dry cloth for dust or a soft damp cloth for any dirt and smudges. Do not use any cleaning solutions to clean the controller and its pads.</li> <li>5. Never apply the pads on any surface other than your skin. If the pads become soiled or dirty, the adhesive power may decrease. In this case, moisten the surface of the pads with water and wipe away the dirty portion. This will allow a temporary restoration of the adhesive power.</li> <li>6. Do not use or store the devices where there are magnetic fields or electric wave (near TV set or speakers).</li> <li>7. Do not place the devices in areas of high temperature, highhumidity, or under direct sunlight.</li> <li>8. Keep the device out of reach of children.</li> <li>9. All worn accessories should be dealt according to the regulations.</li> </ul>	5. Specifications         Name of product       Tech         Model No.       Touc         Power/voltage       3.7V         Output current       84M         Strength level       adjustment         adjustment       20 se         Mode       24 m         Frequency       1-11         6. Package       Controller         Small oval shape pads       Palm-shape pads         Charger (USB port, 100-240V       50/60Hz automatically adjusted)         Output cord       USB extension cord         Meridians figure       User's manual	A ections todes
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