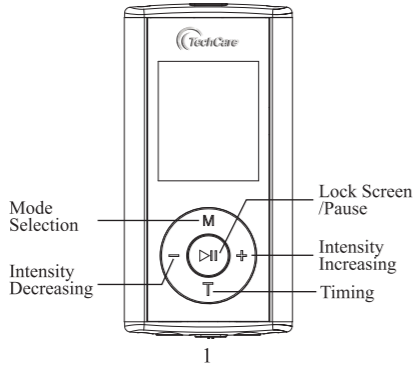
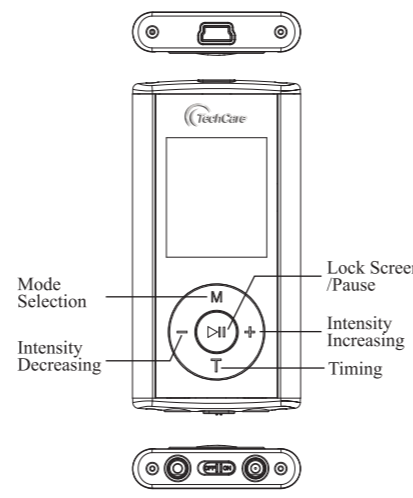
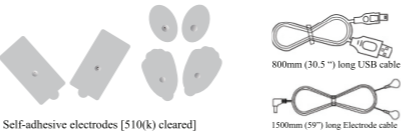
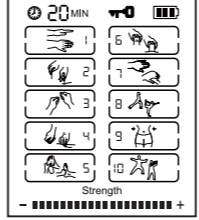










<p>Operating Instructions:</p> <p>Please make sure your device is off.</p> <ol style="list-style-type: none"> 1. Connect the pad wires into the bottom of the device 2. Connect the pads to the wire by snapping them on, then remove the protective film.(Note: Adding few drops of water will increase their life span.) 3. Place the pads 1-2 inches apart around the pain or desired massage area. Make sure pads are fully attached the clean skin.(Cleaning your skin with hand sanitizer before the sessions will increase pad life span) 4. Turn the device on by sliding the on/off switch on bottom of the unit. Screen will light up. 5. Press the "M" button to choose the massage mode.(Pressing and hold the M button for fast switching between the modes) 6. Increase the intensity by "+" button until you feel comfortable. (you can decrease the intensity by pressing "-" button)  <p style="text-align: center;">1</p>	<p style="text-align: center;">I. Foreword</p> <p>Before operation, please read this user's manual carefully, and be clear about the instructions.</p> <p>General Description of the Device</p> <p>SM TENS&PMS has 10 operation modes, which can give certain electrical pulses through electrode adhesive pads to the suggested area of the body where the electrodes are placed. The electronic stimulatory module has the operating elements of an ON/OFF Switch, Display screen, Mode Selection key, Intensity Modification keys, Timing key, Pause key, Output socket, and USB port for battery charging.</p> <p>The display screen can show battery power, selected mode, current intensity, time remaining of an application mode, and indication of a pause. The device is equipped with accessories of electrode pads, electrode cables, and one USB cable. The electrode cables are used to connect the pads to the device; the USB cable is used to connect the charger and the built-in lithium battery. All accessories, including USB cables, electrode pads, electrode cables, chargers can only be changed or replaced by a qualified person. The electrodes are interchangeable. The application area of electrode pads must be larger than the smaller electrode pads.</p> <p>Included in this package:</p> <ul style="list-style-type: none"> * 1 controller * 3 pairs of electrodes [510(k) cleared] * 2 output electrode cables * 1 USB cable * 1 User's manual * 1 plastic holder <p style="text-align: center;">2</p>	  <p style="text-align: center;">3</p>	<p style="text-align: center;">II. User manual</p> <p>1. Description of the Device</p> <p>1.1 Features</p> <ul style="list-style-type: none"> * A large, easy to read LCD display * Adjustable timer * 10 Modes * Rechargeable lithium battery <p>1.2 Mode Description</p>  <p>We suggested that you initially experiment using each of the 10 modes. The mode that gives you the most desirable sensations and comfort is the most appropriate one to use for your current condition.</p> <ol style="list-style-type: none"> 1) Intensity should be set at a level where you will feel some muscular vibration and involuntary muscle movements. It should be set to give a comfortable feeling and should not be painful. 2) Timing of application should be at least 10 to 20 minutes. 3) Frequency of the application should be at least one to three times per day. <p style="text-align: center;">4</p>	<p>2. General Operation Guidance</p> <ol style="list-style-type: none"> 1) The SM TENS&PMS unit needs to be charged for up to 10 hours before the first use. 2) Connect the electrode cables to the output sockets at the bottom of the unit. 3) Connect the pads to the cables by snapping them on. 4) Use a damp towel to wipe the skin where you intend to put the pads, so as to remove any body oil, cosmetic or dirt. Remove the protective film and place the pads on the area making sure that both pads are on the skin and not overlapping. 5) Turn on the unit by sliding the On/Off switch from Off to On. Warning: Do not move pads or touch them with your hands during use, it may cause strong stimulation. 6) When you have turned on the unit, the LCD display will automatically show Mode 1. The "T" (Timer) will automatically choose the time duration of 20 minutes. 7) To change the modes, press the M (Mode) button. Once you have selected a mode, gradually increase the intensity by pressing the + button, and to decrease the intensity by pressing the - button. The chosen power output depends on your comfort level. At the precondition of acceptance, the intensity should be chosen as high as possible for the best effect but still feel comfortable. 8) To set the time of use, press the T button. The auto time set is 20 minutes. Each press of the T button increases the time by 10 minutes. After the time runs out the device turns off automatically, and it can be restarted if treatment is needed to be continued. 9) Sit back and enjoy the deep soothing sensations! <p style="text-align: center;">5</p>	<p>Notes: The SM TENS&PMS unit is very safe, the output intensity increases only by pushing the + key. Even if the intensity is increased to the maximum, it is within the safe range, but may feel uncomfortable. When the user switches the mode, the intensity will automatically go down to the minimum for safety reasons.</p> <ol style="list-style-type: none"> 10) Press the Pause key ("▶ " button) to lock the LCD display, the "MODE" display will blink. The device will not work no matter what key you press on the control panel, when it is locked. To unlock press the Pause key again. 11) If you need to turn off the device during stimulation, slide the On/Off switch to "OFF". 12) Before storing the TENS use the protective film to cover the electrode pads. <p>Notes:</p> <ol style="list-style-type: none"> ① Never connects this product with a common headphone. ② Please do not touch the USB port when using the device. The USB port is only used to connect the charger, do not connect other devices. ③ The charger supplied by the manufacturer must in compliance with IEC/EN 60601-1, the use of unauthorized chargers can impair the safety. ④ The battery needs to be charged for up to 10 hours before the first use. <p style="text-align: center;">6</p>	<p style="text-align: right;">Your Name</p> <p style="text-align: center;">TECHCARE MASSAGER 1921 Carnegie Ave Unit C Santa Ana, CA 92705 www.techcaremassager.com</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>First Class Postage Required Post Office will not deliver without proper postage</p> </div>

背面

						 <p style="text-align: center;"><i>mini10</i> SM TENS & PMS User's Manual</p> <p style="text-align: center;">Please read the user's manual carefully before using the product</p>													
<p style="text-align: center;">Certificate of Quality & Warranty Card</p> <table border="1" style="width: 100%;"> <tr> <td>Product Model</td> <td>Product Name</td> </tr> <tr> <td>Date of Purchase</td> <td>Purchase Location</td> </tr> <tr> <td>Retailer's Name</td> <td>Retailer Telephone Number</td> </tr> </table> <p>Registerer Info</p> <table border="1" style="width: 100%;"> <tr> <td>Name</td> <td></td> </tr> <tr> <td>Adress</td> <td></td> </tr> <tr> <td>Phone Number</td> <td></td> </tr> <tr> <td>Email</td> <td></td> </tr> </table> <p>You can register your product online at www.techcaremassager.com</p>	Product Model	Product Name	Date of Purchase	Purchase Location	Retailer's Name	Retailer Telephone Number	Name		Adress		Phone Number		Email		<p>3. Cleaning and maintenance</p> <p>A. For the control unit:</p> <ol style="list-style-type: none"> 1) To keep the controller clean, use a soft and dry cloth for dust or a soft damp cloth for any dirt and smudges. Do not use any cleaning solutions to clean the controller and its pads. 2) Do not use or store the device where there are magnetic fields or electric waves (near TV set or speakers). 3) Do not place the devices in areas of high temperature, high humidity, or under direct sunlight. 4) Keep the device out of reach of children. 5) All worn accessories should be disposed of according to your local regulations. <p>* Refer to the user manual of the pads manufacturer (510K092546), or reference to the following suggestions:</p> <ol style="list-style-type: none"> 1) Unplug the output cord from the output jack of the controller after each use. Cover both pads with the protective film before storage. Never fold the electrode pads. 2) Between uses, store the electrodes in the reusable bag in a shady place. Stockroom temperature: +5°C~+27°C (41-80°F) and humidity of 30%-80%. No need to sterilize. 3) Never apply the pads to any other surface other than your skin. If the pads become soiled or dirty, the adhesive power may decrease. In this case, moisten the surface of the pads with water and wipe away the dirty portion. This will allow a temporary restoration of the adhesive power. However, too much water will result in loss of the adhesive power. 4) The life of the electrodes varies depending on skin <p style="text-align: center;">7</p>	<p>conditions, storage, amount of use, type of stimulation, and stimulation site. Electrode life may be extended by carefully following this Instruction for Use. The expired electrodes are to be recycled and do not harm environment.</p> <p>Warning: The electrodes are intended for single patient use only!</p> <p>4. Warnings</p> <ol style="list-style-type: none"> 1) The long-term effects of chronic electrical stimulation are unknown. 2) Do not use stimulation over the main arteries around your neck. 3) Do not use stimulation over the neck or mouth. Severe spasm of muscles may occur and the contractions may be strong enough to close the airway or cause difficulty in breathing. 4) Do not apply stimulation directly to the heart area across the chest or on the chest. 5) Do not use stimulation on your head or across your head. 6) Do not use stimulation over swollen, infected, or inflamed areas or skin eruptions, e.g., phlebitis, thrombophlebitis, varicose veins. 7) Do not use stimulation over, or in proximity to, cancerous lesions. 8) Do not use stimulation when charging the device. <p style="text-align: center;">8</p>	<p>5. Precautions</p> <ol style="list-style-type: none"> 1) Safety of powered muscle stimulator for use during pregnancy has not been established. 2) Caution should be used for patients with suspected or diagnosed heart problems. 3) Caution should be used for patients with suspected or diagnosed epilepsy 4) Caution should be used in the presence of the following: <ol style="list-style-type: none"> a. When there is a tendency to hemorrhage following acute trauma or fracture; b. Following recent surgical procedures when muscle contraction may disrupt the healing process; c. Over the menstruating or pregnant uterus; d. Over areas of the skin which lack normal sensation. 5) Some patients may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium. The irritation can usually be reduced by using an alternate conductive medium or alternate electrode placement. 6) Electrode placement and stimulation settings should be based in the guidance of the prescribing practitioner. 7) Power muscle stimulators should be kept out of the reach of children. 8) Power muscle stimulators should be used only with the leads and electrodes recommended for use by the manufacturer. 9) Portable power muscle stimulators should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk of injury. <p style="text-align: center;">9</p>	<p>6. Precautions</p> <ol style="list-style-type: none"> 1) Do not use this device on patients who have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device, because this may cause electric shock, burns, electrical interference, or death. 2) Do not use this device on patients whose pain syndromes are undiagnosed. 3) Do not use this device during pregnancy. 4) Do not use this device on babies or infants who cannot express themselves. <p style="text-align: center;">10</p>	<p style="text-align: center;">Need Replacement Pads?</p> <p style="text-align: center;">FDA 510(k) Cleared Electrode Pads with Discounted Price</p> <p style="text-align: center;">www.amazon.com/techcaremassagers</p>  <p style="text-align: center;"></p> <p style="text-align: center;">www.techcaremassager.com</p>
Product Model	Product Name																		
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两处虚线为易撕处

封面

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