

MOBIDERM SCROTAL BANDAGING PROCEDURE

Material Required

- 1 x Cotton Bandage
- Mobiderm Bandage (15 x 15mm or 5 x 5mm blocks)
- 1 to 2 x Flexideal (short stretch)
- Sticking Tape
- Scissors

Depending on the size and severity of oedema in the scrotum, 5 x 5mm or 15 x 15mm Mobiderm blocks can be used. I have found the 15 x 15mm has been effective. The 5 x 5mm is good if you want a snugger fit and the overall size of the scrotum is difficult to manage. Assess the oedema in a standing position if possible.

Reduction Method Post Assessment

Patient lies on their back, draped from the waist down, cupping their penis in their hands toward their abdomen so that there is easy access to the scrotum. (Note: Position the patient so that when lying down his head is at the entrance door to your clinic room, it makes them feel more secure - no accidental walk-ins that can see what procedure is being done, the patient will relax more).

1. Take the Short Stretch Cotton Bandage and cut the opening so that it makes a tube. Cut a hole on one side so that the penis can be positioned through it. Place a good amount of cotton at the top of the scrotum
2. Stretch the cotton out (width required) and place the tube over the scrotum, penis in the hole
3. Leave enough length to double over the scrotum again and trim the end of the tube
4. Make a Mobiderm cup with either 5 x 5mm or 15 x 15mm blocks

Mobiderm 5 x 5mm sheet

Trim the sheet to cup entirely around the scrotum, to make a scrotum sack

Mobiderm 15 x 15mm roll

Measure up 2 x lengths of Mobiderm over the scrotum, one posterior to anterior and one medial to lateral so that you have a cross. Cut out some more sections of Mobiderm to stick with strong adhesive tape so that you have made a complete scrotum sack

5. Place a small hole in the centre of the Mobiderm scrotum sack and pull the end of the cotton tube (that is already placed around the scrotum) through. Shifting the Mobiderm sack over the scrotum, taping to the outside
6. Twist the cotton bandage at the bottom of the scrotum and then fold it back up over the Mobiderm
7. Bandage with Flexideal, using similar technique to the one shown in this video - www.youtube.com/watch?v=efuAqVgFY_U
8. Patient wears firm fitting cotton bicycle shorts. Scrotal sling if required (see video). As the scrotum reduces in size adjust the size of the scrotum sack

Maintenance Phase

The patient wears cotton bicycle shorts with strips of Mobiderm 15 x 15mm in encased cotton tube between the scrotum and the shorts. Alternatively shorts with Mobiderm sewn in

