

Mobiderm® is a unique active system for the treatment of oedema of all origins: lymphoedema, venous oedema, post-traumatic oedema.

At every stage in the treatment of oedema, Mobiderm® helps rapidly reduce its volume and soften the tissues. The system is quick and easy to apply, saving time for therapists and giving patients greater autonomy.

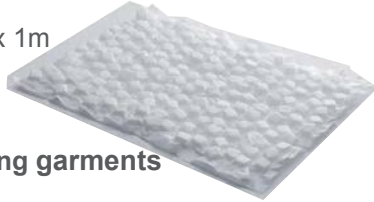
The System: Mobiderm®

Mobiderm® consists of foam blocks of different sizes (5 or 15mm on each side) inserted between two non-woven layers of material. It exists in the form of **three systems**:

- The **bandage**, measuring 10cm x 3m



- The **pad**, measuring 33cm x 1m



- Made-to-measure **mobilising garments**



Sleeve



Sock



Stocking

The Mechanism of Action

Mobiderm®, combined with **elastic compression** or **non-elastic support**, exerts differentiated pressure on the supporting zone (foam cubes) and its surrounding area. This, combined with **variations in muscle volume**, creates a **shear effect** on the **thick, solid, indurated subcutaneous tissues**.



1 - Cotton Bandage



2 - Mobiderm®



3 - Flexideal® Short Stretch



4 - Biflex®

INDICATIONS: Lymphoedema, venous oedema, post-traumatic oedema

CONTRAINDICATIONS: Inflammation and skin infections - very fragile or allergic skin

PRECAUTIONS FOR USE: Use the bandage directly on the skin every 2nd day – moderate physical exercise to avoid any risk of friction - must be monitored, like any bandage - place a cotton bandage between Mobiderm® and the skin in the event of fragile skin.

Use configurations

Reduction phase:

- The **Mobiderm®** bandage is applied over a **cotton bandage**, over the whole limb; it is held in place using **short** and **medium-stretch** bandages during the day (compression).
- The **medium-stretch** bandage is **removed at night** to maintain the system and obtain light night-time support.
- Use of **pads for the extremities** (hands/feet) or very **targeted surfaces**, again underneath a reducing bandage.



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Maintenance phase:

- Wearing of a Thuasne Lymphology **made-to-measure garment** during the day.
- Self-bandaging at **night** using **Mobiderm® made-to-measure garments**.

Advantages of Mobiderm®

- Light, flexible** system. Improves joint mobility.
- Significantly **accelerates** the **resorption of oedema** through constant, **efficient drainage**.
- Softens indurated zones**.
- Shortens** the duration of the **initial treatment phase**.
- Reusable** and **washable** system for use by **one patient only**.
- No allergic, neurological, orthopaedic** or **psychological contraindications**.



Before → 5 days → After