

MOBIDERM[®]

Mobiderm Autofit Stocking

Case Study

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HISTORY

- 71 year old female with long term bilateral leg lymphoedema.
- Multiple comorbidities. HBP; Ankle breaks 1975; Surgery to neck, 2010; surgery to lower back, 2011, lower back fusion with nerve damage; Thyroiditis; Fibromyalgia; Ulcer since November, sees nurse/GP 2/7. Gel net over it and covered with bandage; Staph infection, on antibiotics ten days; Shortness of breath.
- Upper leg soft, lower leg much smaller in comparison but fibrosis and hemosiderin staining, champagne bottle presentation.
- Prior treatment at Mt Wilga, over five years ago. Bandaging, massage, exercise and laser, won't repeat treatment.

Problem – Leg lymphoedema

Patients with multiple comorbidities have difficulty committing to compression therapy for many reasons, such as;

- Time,
- Cost,
- Mobility,
- Help at home.

This patient could no longer bandage herself or don and doff elastic compression, the result being her lymphoedema worsened.

Solution – Mobiderm Autofit Garment

This easy to don and doff garment provided the patient with an intervention and autonomy. The Mobiderm autofit garment not only reduces the rate of filtration but also stimulates the lymphatic system, all in an easy to wear Class 1 garment.

In this instance the patient was able to don and doff the garment herself and wore it alternating from one leg to the next on different days, taking it off only to shower.

MOBIDERM® Autofit Thigh High

MOBIDERM
autofit
Chaussette standard - Standard sock

TRAITEMENT DU LYMPHOÉDÈME - TREATMENT OF LYMPHOEDEMA

(10) Hauteur entre le sol et le genou (prise au genou face arrière)
prise au genou face arrière
Rise-to-knee height
Rise-to-knee height
(Measurement taken below the bend of the knee, back side)

Classification de longueur (cm)	Classification de circonférence au talon (cm)	Classification de circonférence au pied (cm)
71	31 - 33 cm	26 - 28 cm
73	33 - 35 cm	28 - 30 cm
75	35 - 37 cm	30 - 32 cm
77	37 - 39 cm	32 - 34 cm

	(11)
Coulet / short	38 - 40 cm
Normal / normal	40 - 42 cm
Long / long	42 - 44 cm
Tibia long / tibia long	44 - 46 cm

For orders and information
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Available in 4 different sizes and 4 different lengths.

(16 different sizing options)

[Click here to see the Video of Mobiderm Autofit Thigh High video](#)



RESULTS

Circumferential
measurements on
1/5/2019

cB 27.5cm
cC 51cm
cG 84cm



Above: Patient
on 22/05/2019

Circumferential
measurements on
20/06/2019

cB 26cm
cC 48.5cm
cG 80cm



Above: patient
on 20/06/2019

9.6% reduction in overall limb volume
1.614 litre reduction of fluid

CONCLUSION

- Patients with chronic, long term lymphoedema and multiple comorbidities can gain benefit from wearing a Mobiderm Autofit garment.
- Client reported better mobility, more energy, clothes fitting better, wound healing improved.
- She was compliant with the Autofit garment where she had been resistant with other products.

FUTURE

- The patient feels confident that she can keep her lymphoedema under better control with the use of the Mobiderm Autofit garment. She found it easy to don and doff and light weight to wear.
- Due to financial constraints the patient will continue to self-manage

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