

Mobiderm application in treatment time



Assessment & Procedure

Assessment at 1st treatment

Heavy scarring and tissue hardening on chest (right side).

Chemo spill scarring above left breast.

Arm tight, fibrosis forming medial side of affected arm.

Procedure:

Bandage arm before commencing MLD



Application process

STEP 1

Cover skin with short stretch cotton bandage



STEP 2

Bandage with Mobiderm 15x15mm.



STEP 3

Bandage with Biflex 16+



Post 20 minutes Mobiderm application



Before application of Mobdierm (above)

RESULTS:

Skin is softer (more movement)
Deep squares visible on medial side
Arm feels freer & lighter (patient obs)



After application of Mobdierm (above & below)

