



APPLICATION MANUAL

PLEASE READ BEFORE APPLYING

TransTape is a gender-affirming, body transformation system for trans-masculine, trans-feminine, non-binary, gender-fluid, and gender non-conforming individuals who are looking for a seamless and waterproof alternative to traditional binding, packing, and tucking methods.



www.TransTape.life



FIRST TIME TRANSTAPE USER?

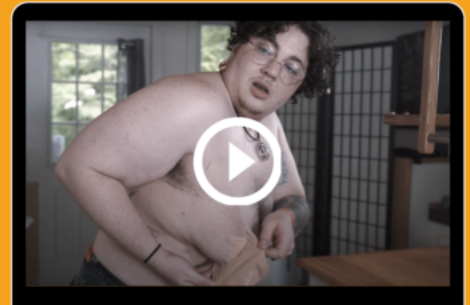


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A 24-48 HOUR TEST STRIP IS REQUIRED PRIOR TO YOUR FIRST USE OF TRANSTAPE
refer to removal directions to remove test strip correctly

Test strip Directions:

1. Cut a 2" x 2" strip of TransTape.
2. Apply strip to the area that you plan to use TransTape with zero tension.
3. Monitor the area for 24 - 48 hours
ALWAYS REMOVE WITH OIL



VISIT TRANSTAPE.LIFE

BEFORE YOU START:



A 24-48 HOUR 2" X 2" TEST STRIP IS REQUIRED BEFORE USE



DON'T OVERSTRETCH



START WITH FRESH, CLEAN SKIN, FREE OF LOTIONS OR OILS



TRIM HAIR BUT DO NOT SHAVE BALD



NEVER PULL, TEAR OR RIP TRANSTAPE FROM THE SKIN



ALWAYS REMOVE TRANSTAPE WITH THE ASSISTANCE OF OIL.

WATCH OUT FOR OTHER SYMPTOMS

Slight itching is normal as your skin and hair adjust to being covered. If you are experiencing extreme discomfort, itching or pain, remove TransTape as soon as you can, safely. Overstretching as well as improper removal are the most common causes of skin irritation or blistering.

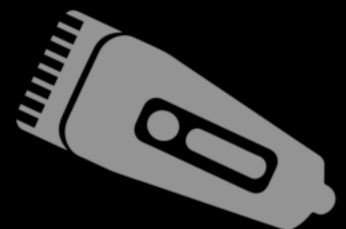


SERIOUSLY.

NEVER pull, tear or rip TransTape from the skin. ALWAYS remove TransTape with the assistance of oil. The longer you wear TransTape the stronger the bond will be.

PREP SKIN:

FOR BEST ADHESIVE PROPERTIES, START WITH FRESH, CLEAN SKIN, FREE OF LOTIONS OR OILS. WASH WITH A NON-MOISTURIZING SOAP; RINSE WELL. ALLOW SKIN TO DRY COMPLETELY. TRANSTAPE SHOULD NOT BE APPLIED TO BROKEN SKIN. (YOU MAY NEED TO SHAVE HAIR IF EXCESSIVE, QUARTER INCH TRIM IS OKAY, DO NOT SHAVE BALD TO AVOID SKIN IRRITATION)



CHEST APPLICATION

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Before getting started, take some time for yourself to get into a healthy mental space. All bodies are different and there are many ways to use this system. Stay calm and relaxed and remember to love yourself no matter where you are on your journey. It's best to try this system when you have lots of time and are not rushed or stressed. You are beautiful and we send our love to you!



1 USE NIPPLE COVERS

NEVER apply TransTape directly over nipple skin. ALWAYS wear our nipple guards, a bandage, or make a nipple cover using a short strip of TransTape and a toilet paper square. Apply with zero stretch.

2 PREPPING TRANSTAPE

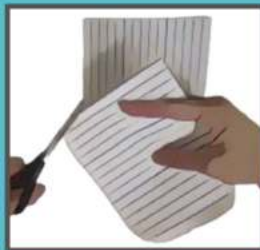
MEASURE



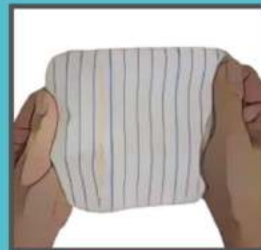
CUT



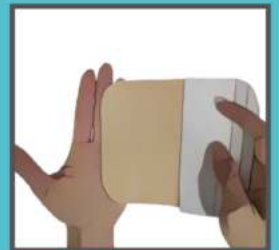
ROUND



TEAR



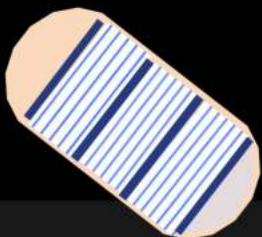
PEEL



Cut all strips to size, then round the corners with scissors to avoid the edges curling and to create a more contoured look. TransTape will stretch a lot, so start shorter than you think. We suggest starting with 3-4 sections (dark blue lines) and adjusting from there. You should only need 2-3 strips per side.

3 CREATE HANDLES TO APPLY

Tear the protective paper down the middle, leaving it attached to your TransTape. Remove the first section and discard. Peel back the second section to create a handle so that you don't touch the sticky part, which can lessen the adhesive.



www.TransTape.life

SCAN FOR VIDEO TUTORIALS >



SMALL:



MEDIUM:



LARGE:



REMINDER: COMFORT IS THE GOAL.

MAKE SURE YOU CAN BREATHE AND MOVE COMFORTABLY.

IF YOU CAN'T, SOMETHING WAS DONE INCORRECTLY.

VISUALIZE THE "V"

Visually divide your chest into sections starting at the center of your collar bone, down through your sternum and then again from the center of your breastbone to each shoulder. Keep this area free of tape; this will allow you to wear open shirts and will create the appearance of a flatter chest.

APPLY ANCHOR STRIP

Gently lay the first 2 inches of TransTape on your skin and lightly rub to activate the adhesive. Taking your time, line up your chest tissue so that it may all get tucked into the tape. Hold your TransTape taught, avoiding any wrinkles.



GUIDE TISSUE TO SIDE

Push your chest tissue flat, guiding the tape into place. Once you have found a comfortable place for your tissue to rest, remove the protective paper and smoothly lay the tape with zero tension. Rub the TransTape vigorously, creating friction to activate the adhesive. You may add an additional piece going vertically under your armpit covering the ends of the strips for more security.



PRACTICE MAKES PERFECT

Some people are able to get their favorite result on the first try applying TransTape and that is AWESOME. But! That isn't often the case. You may need to experiment with your method and that's okay! Check out our YouTube for different methods and our live chat has TransTape experts ready to help you apply strip by strip. We appreciate you and are here to help!



TRANSTAPE REMOVAL

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Take special care when removing TransTape. Our adhesive was designed to withstand multiple days of wear through regular showering, swimming, heavy activity, exercise, dirt and sweat. Patience is the key for a successful removal process.



SOAK THE TAPE IN REMOVAL OIL

Pour oil over TransTape and the entire surrounding area until the tape is fully saturated. Massage the tape and skin to allow the oil to soak through for approximately 1-3 minutes before next step.



SLOWLY PEEL BACK FROM THE MIDDLE OUT

With an oil-soaked hand, peel back the corner of your TransTape, loosening the adhesive with oil as you go. Start at the top layer first and apply more oil as necessary. Take your time and be careful. This may be done in a hot shower as well to aid in a more gentle removal. Also try adding a few drops of oil into your bath.

MASSAGE SKIN WITH OIL

After TransTape has been removed, apply a little more oil and massage into the tissue. This will replenish the lost moisture as well as strengthen the tissue and increase blood circulation and elasticity.

APPLY REPAIRING SALVE

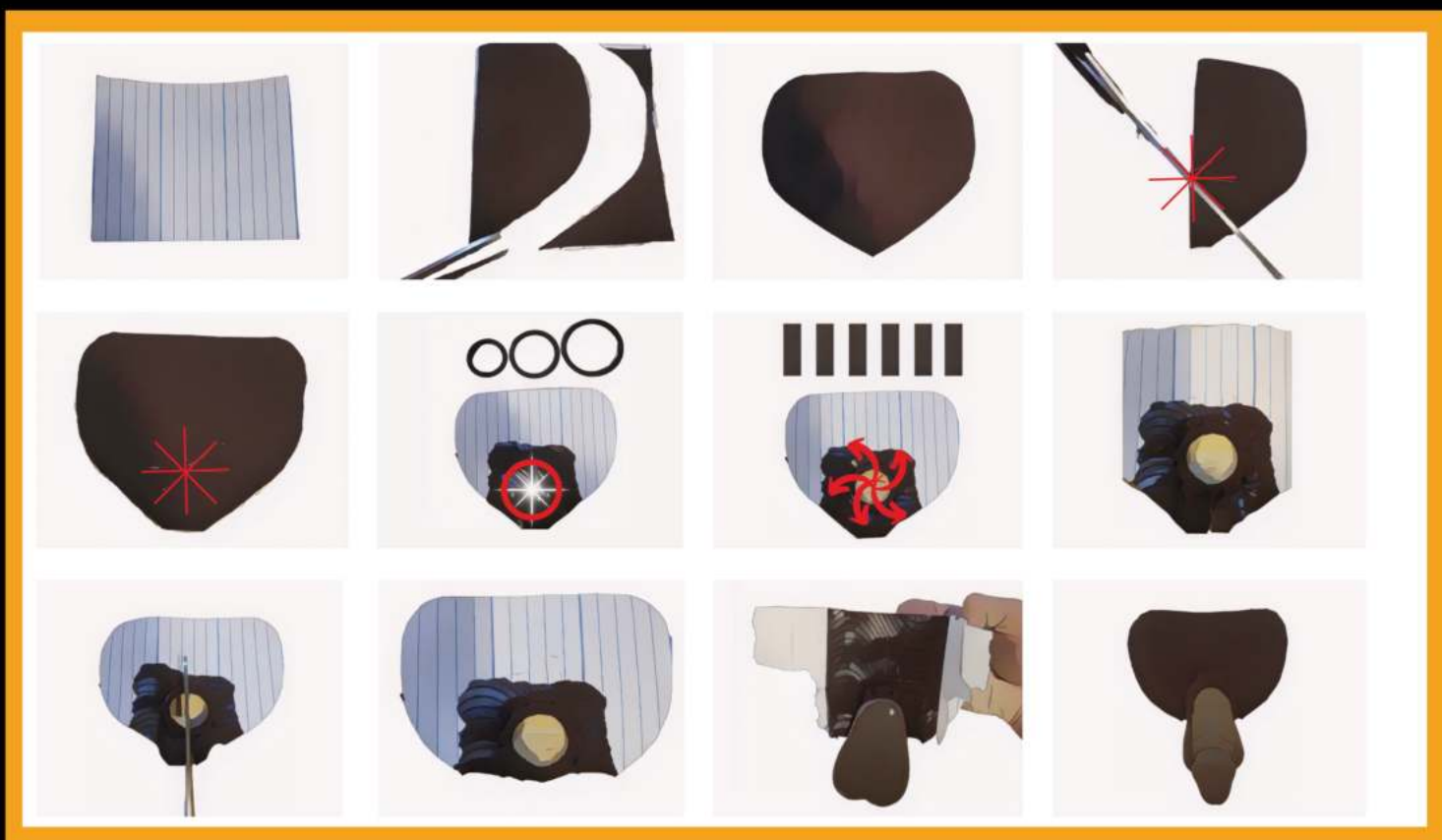
After the skin is clean and dry, apply our repairing salve, concentrating on any affected areas. This will fight any bacteria growth, skin irritation or blistering and will strengthen overall skin health. It is important to be rebuilding the skin cells that are lost in the removal process. Do not apply to broken skin.





PACKING WITH TRANSTAPE

PACKING WITH TRANSTAPE



DON'T FORGET WE SELL PACKERS!

Packing is creating a bulge in your pants with the use of a “packer” whether that be silicone or even a sock to emulate the look and/or feel of a phallic object.

Our packers are SUPER SOFT nature of the bulge makes this packer comfortable to wear all day, and the pliable properties make packing this in your pants and finding the right shape frustration-free and natural. This packer is light and comfortable for everyday packing.



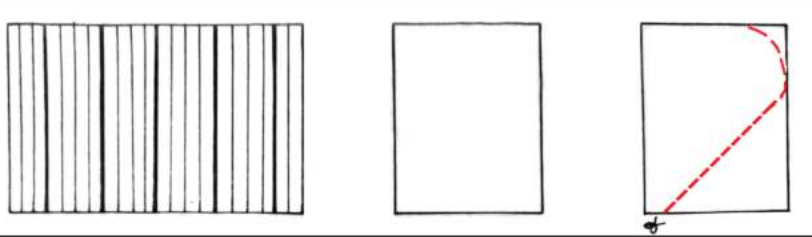
PACKING WITH TRANSTAPE

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Adhesive should not be applied directly to genitals.

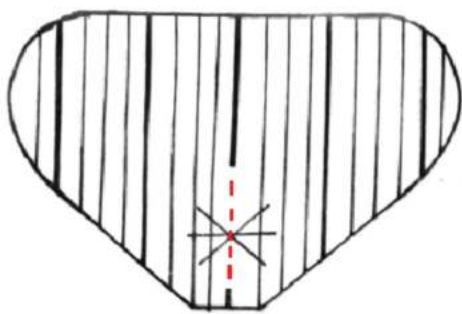
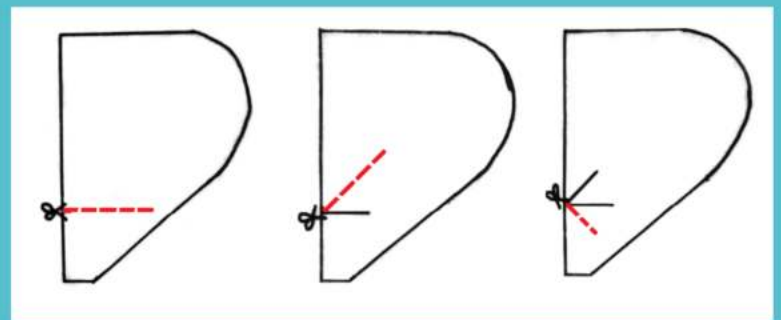
1 CUT TO SIZE & SHAPE

Cut strip to size (about 4 blue sections) then fold strip in half from left to right. Cut the folded TransTape on an angle, as if you were going to make a heart. Save discarded piece for later. Round edges with scissors, avoid curling, creating a more contoured look.



2 SNIP THE OPENING

With your strip still folded in half, make a series of cuts approximately 2 inches up from the bottom. Make a 1 inch slice straight across for the first cut. To continue the series of cuts, make 2 more 1 inch slices on an angle, creating an "x" shape.



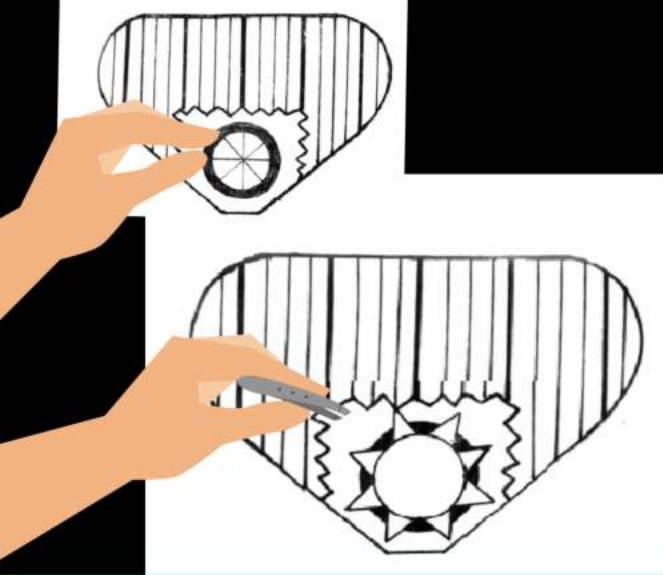
3 COMPLETE THE 8-POINT STAR

Open the strip and make 2 more cuts along the centerline to complete the star shape. There should be a total of 8 points.

4 TEAR SQUARE SHAPE

Hold your strip with the paper side facing towards you. With your thumbs and index fingers, tear the protective paper along the dark blue lines, next to the star and along the top. Remove and discard the paper around the cuts, leaving the remaining paper attached.





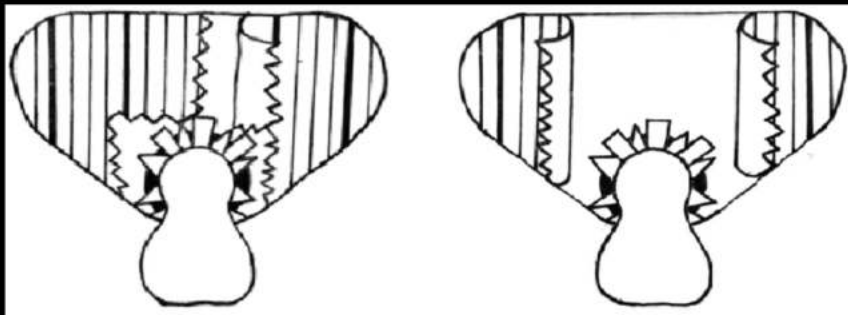
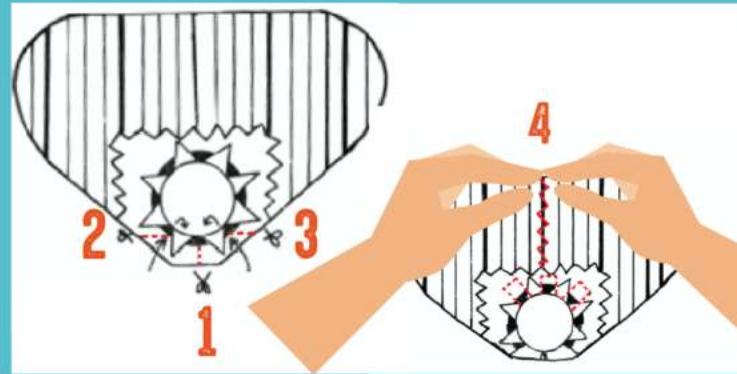
5 ADD YOUR O-RING

Choose the best size o-ring for your packer. Place your o-ring on the exposed sticky area with the star-cut centered in the middle. Carefully take each individual point and wrap it around the o-ring securing the point to the adhesive part of the TransTape.

tweezers recommended

6 SECURE O-RING

Next, make a series of 3 cuts to secure the bottom of the o-ring. The first cut will be in the center below the o-ring and one on each side, creating a wing to lock the o-ring in place. Once the o-ring is secure, use the extra strips from earlier to secure any area that appears to have a gap, usually near the top of the o-ring. Then tear the center dark blue line above the top of the o-ring creating 2 separate pieces.



7 INSERT PROSTHETIC

Slide and shimmy the o-ring down the shaft of your packer towards the base. Peel back each piece slightly, exposing the adhesive.

Fold the paper back, creating handles on each side, to prepare for application.

8 APPLY ANCHOR STRIP

Line your packer up with your body. Slightly peel back and apply one side of the adhesive, rubbing vigorously to activate. Repeat on the other side. Once applied, feel free to switch out or remove your packer to fit your lifestyle and needs.



PLAY WITH TRANSTAPE

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Adhesive should not be applied directly to genitals.
Follow instructions for PACKING above



1 SWAP THEM OUT

After applying the packer, you are able to seamlessly swap out your prosthetic for one suitable for play, Just be sure your o-ring is the correct size.

2 CREATE YOUR HARNESS

After following packing tutorial, measure two support pieces wider than your packing top strip. Fold in half and measure width of shaft for secure fit. Cut two identical strips with the arch the same width as the shaft and round all corners



3 SECURE TOP

Apply top strip and smooth over to other side, rubbing to activate the adhesive as you go. The top strip may not be needed for lighter prosthetics, but it will offer additional support

4 CREATE SECOND STRIP

Take your second strip and cut another, wider arch at the bottom, to create the thigh straps. This will be the piece that secures the prosthetic at the base

5 REST UP

It's helpful to rest on a surface while applying the second strip, a table or counter will work. Create handles with the backing paper on each side and slide second piece under the prosthetic.



6

SECURE BOTTOM

Center your arch under the prosthetic and attach at the base or between testicles if present. Smooth both sides along the inner thigh. Be sure to rub the tape with your hand to activate the adhesive, ensuring a lasting bond.

7 PLAY

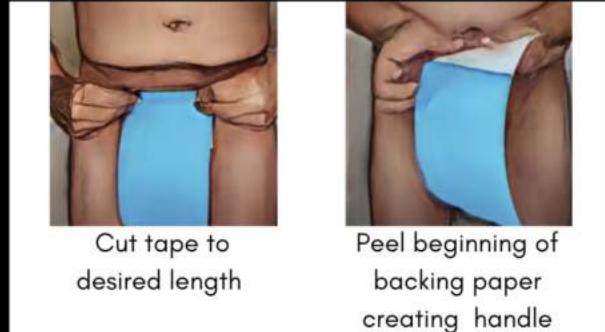
Your finished product should feel secure on the top and bottom. This method is intended to last throughout your intimate session, but is not intended for multiple day use.



TUCKING WITH TRANSTAPE

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METHOD 1: SINGLE STRIP METHOD



Cut tape to desired length

Peel beginning of backing paper creating handle

1 PREP THE AREA

Prepare the groin area by trimming the pubic hair region and removing all sweat. Cut a piece of 5-inch tape to the desired length ensuring coverage of the shaft. Make sure to place a barrier of gauze or toilet paper between the genitals and the tape.

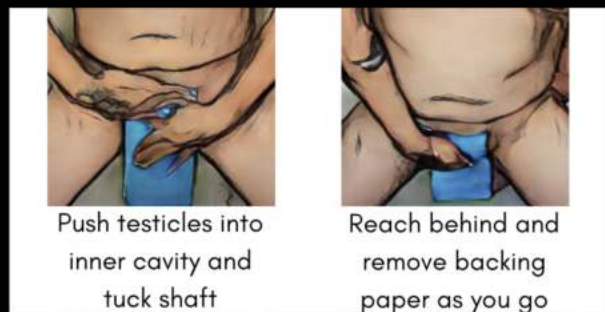


Use gauze or tissue paper on tape to protect genitals

Protective barrier should be wide enough to cover

2 SQUAT AND SMOOTH

Start by applying a 1/2 inch of tape in the pubic region. Rub to activate adhesive. In the squat position, with 1 hand in front, slowly slide that hand down between the legs taking care to push both testicles back into their abdominal cavities



Push testicles into inner cavity and tuck shaft

Reach behind and remove backing paper as you go

3 PUSH BACK

As the hand in front is sliding down, put a hand in the back between the legs to help remove the paper back and guide the tape into position.



Secure tape to glute by rubbing

4 PULL BACK

Once the back hand has removed all the paper backing from the tape, use it to smooth the tape in the cleft of the buttocks.

TUCKING WITH TRANSTAPE

METHOD 2: 3 STRIP METHOD



Begin by covering genitals with gauze or tissue

Tuck Testicles into inner cavities

While holding testicles in place remove backer

1 PREP THE AREA

Prepare the groin area by trimming the pubic hair and removing all sweat. Cut 3 strips of tape lengthwise to ensure coverage of the shaft. Place a gauze or toilet paper barrier between the genitals and the tape.

2 APPLY YOUR FIRST STRIP

While in the squat position, rub in a 1/2 inch of the tape in the pubic region with no stretch. With that hand continue down the front pushing the left testicle back into the abdominal cavity. The other hand should be in the back guiding the tape while pulling the paper backing away from the tape.



Apply top anchor to pubic area, be sure to avoid genitals

Use one hand to hold testicle while using other to reach behind

Secure tape in place along glute by rubbing



Repeat for other testicle

Anchor center piece and tuck shaft behind, securing to glute

An additional piece can be applied over the top to smooth

3 REPEAT AND SECURE

Repeat the process for the right testicle. Once both testicles are done, apply the third strip of tape above the shaft and repeat the same process for the shaft down the middle.

LIFT WITH TRANSTAPE

METHOD 1: CLEAVAGE

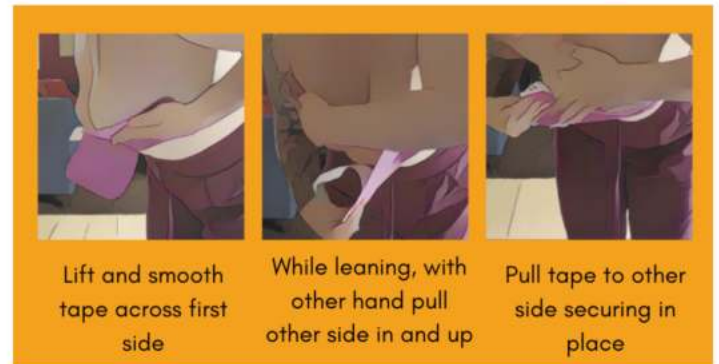


1 CUT AND PREP

Prepare the area and ensure the skin is clean and free of oils. Rubbing alcohol can be used as a cleanser prior to eliminating oils. Make sure you cut enough to cover and always use a barrier like our nipple guards between your nipples and the tape. Begin anchoring one side with no stretch low enough to not be seen under your outfit, this may be midway up or lower.

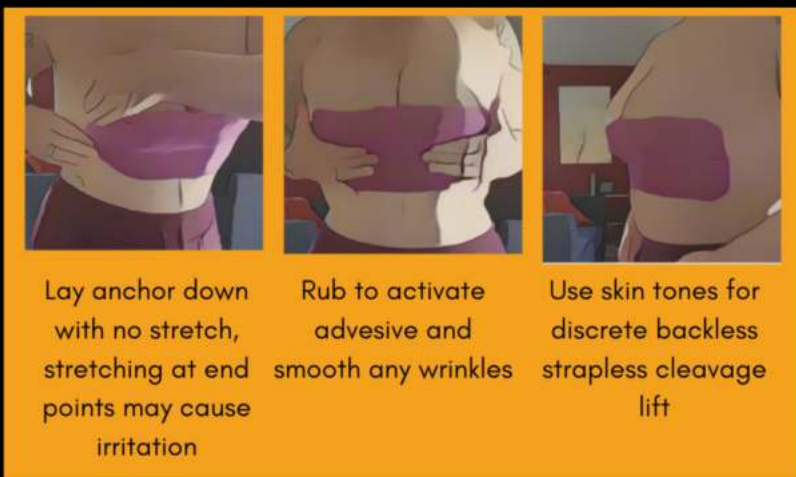
2 LEAN FORWARD

Apply the tape while leaning forward, this will help you to move the tissue towards each other as you move the tape across. Move the initial side in and up as you pull the tape over. Once in the middle use your opposite arm to pull the other side in and up and pull the tape across to secure.



3 PULL AND SECURE

Always remember that anchor points should have no stretch when laying them down to avoid blisters and skin irritation. Rub to activate the adhesive, and use skin tones for a more discreet look.



LIFT WITH TRANSTAPE

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METHOD 2: TEARDROP



Cut tape into
Teardrop shapes



Apply Nipple Guards

1 CUT

Prepare the area by ensuring the skin is clean and free of oils. Rubbing alcohol can be used as a cleanser prior to eliminating oils. Cut tape into teardrop shapes large enough to cover nipple guard. Please note, you want the tops to be rounded to avoid blisters.

2 LIFT

Apply to the bottom first with no lifting or stretching. Use one half to lift the tissue while the other pulls the tape up. Once at the desired lift, lay down tap up until the last inch, and then lay down the top anchor with no stretch.



Apply bottom with
no stretching, rub to
activate



Pull tape while lifting
tissue and place
down top anchor

3 REPEAT

Complete the other side, this can also be used to address issues with symmetry. Great for low-cut tops or backless outfits.



Repeat for other
side



Perfect for low cut
tops



LIFT WITH TRANSTAPE

METHOD 3: HORSESHOE

1 CUT



Fold tape in half and cut into teardrop shape



It should look like this when unfolded



Cut an opening large enough to expose your areola

Cut the tape into teardrop shapes with an opening around the areola. Be sure that there are no sharp edges.

2 LIFT

Prepare the area by ensuring the skin is clean and free of oils. Rubbing alcohol can be used as a cleanser prior to eliminate oils. Apply lower anchor points without lift or stretch. Pull tape up while using opposite hand to lift tissue to desired position. Place and rub to activate adhesive, and lay down top anchor without stretch.



Separate at the crease, be sure to round any corners or sharp edges



With no stretch, anchor tabs at the sides of your areola, rub to activate adhesive



While lifting with one hand, pull top anchor to desired lift position until the top inch, do not stretch top anchor point



Lay top anchor down and rub to activate adhesive.



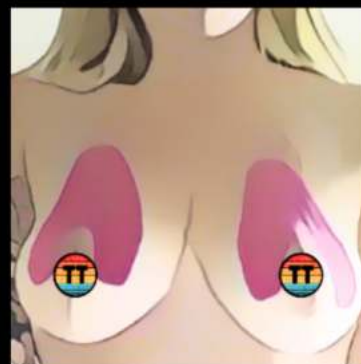
Repeat for other side, This can be adjusted for any asymetrial issues here.



Skin tones are available for discreet look. remember to follow proper removal instructions!

3 REPEAT

Repeat the other side, this can also be used to address issues with symmetry. A great option for a lift with nipples exposed.



TransTape is made from a blend of 95% cotton and 5% spandex with a medical grade acrylic adhesive. It is latex-free and non-medicated, making it hypoallergenic.

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REPAIRING SALVE DIRECTIONS:

Apply liberally onto clean, dry skin and gently massage in a circular motion. Or apply the salve directly onto a bandage and cover the affected area. May be used on dry, chapped or damaged skin, but should not be used on broken or open skin. Avoid contact with eyes; for external use only. If symptoms persist, discontinue use.



We recommend doing this before bed and allowing your skin a full night to rest and absorb the essential oils beneficial for restoring the elasticity and strength of your skin. The more often you apply, the healthier your skin will be.



... AND THEN CAME SKIN CARE

DIRECTIONS: Saturate TransTape with oil, allow it to soak through to your skin for 1-3 minutes. Slowly peel back your TransTape to minimize skin irritation. May also be done in a hot shower to aid in a more gentle removal process.

Our Removal Oil has just gotten better. We now use 100% Jojoba oil, not only to ease the removal process but to also assist in the repair and health of your skin. Jojoba oil is rich in natural nutrients that help with skin elasticity, scarring, moisturizing, and many other issues you may face. It is important to use oil EVERY time you remove TransTape.

www.TransTape.life



IMPORTANT INFO

TO KEEP AN EYE OUT FOR:

WARNING: Improper use of TransTape can cause adverse short- and long-term side effects. Our method is safest when used correctly. Please read all instructions before application or contact us for more information. TransTape should not be used on broken or open skin. Doing so may cause additional irritation, blisters, and open sores which could lead to infection if not properly treated. Consult a doctor if you experience any signs of infection including fevers, chills, discharge, or vomiting. TransTape should never be fully wrapped around torso, please refer to application video and inserts. Rare but possible signs of rib deformity include shortness of breath, chest pain, or abnormal breathing. Please cease use and contact your physician if you experience any of these symptoms.

Salve Warning: Salve should not be applied to broken or open skin. If skin is open after removal of tape, please allow a few days for a barrier or scab to form before applying repairing slave. Open wounds may be treated with soap and water until salve may be applied. Please watch for possible signs of infection including fever, chills, discharge, or vomiting. Consult a physician if any of these symptoms occur.