Organic Mac'n Cheese:

Ingredients: Organic Pasta (Organic Whole Durum Wheat Flour, Organic Milled Flaxseed), Organic Non-dairy Creamer (Organic Palm Oil, Organic Skim Milk Solids, Organic Rice Syrup Solids, Sodium Citrate, Tricalcium Phosphate, Organic Soy Lecithin), Organic Cornstarch, Organic Cheddar Cheese (Pasteurized Organic Milk, Salt, Cheese Culture, Enzymes), Organic Sweet Whey, Sea Salt, Xanthan Gum, Organic Annatto Color, Organic Cane Sugar, Ascorbic Acid. Contains: Milk, Wheat, Soy

Organic Classic Chili:

Ingredients: Pre-cooked Organic Pinto, Organic Pre-cooked Black Beans, Organic Tomato Powder, Organic Cornstarch, Organic Dehydrated Vegetables (Onion, Red & Green Bell Peppers), Organic Chili Powder, Organic Cane Sugar, Organic Spices, Organic Garlic Powder, Sea Salt, Caramel Color, Organic Onion Powder. Allergens: None

Organic Pancake Mix:

Ingredients: Organic Wheat Flour, Organic Milk Powder (No rBST), Organic Cane Sugar, Organic Baking Powder, Organic Powdered Eggs, Sea Salt Contains: Wheat, Milk, Eggs

Organic Cheddar Broccoli Soup:

Ingredients: Organic Non-dairy Creamer, Organic Cornstarch, Organic Sweet Whey, Organic Cheddar Cheese, Sea Salt, Organic Onions, Organic Broccoli, Xanthan Gum, Organic Parsley, Organic Annatto, Organic Cane Sugar, Ascorbic Acid. Contains: Milk, Soy

Organic Italian Pasta with Marinara:

Ingredients: Organic Pasta (Organic Whole Durum Wheat Flour, Organic Milled Flaxseed), Organic spray dried Tomato, Organic Cornstarch, Organic Dehydrated Vegetables (Onions, Tomatoes, Green Bell Peppers), Organic Cane Sugar, Organic Garlic, Sea Salt, Organic Parsley, Organic Annatto Color, Organic Spices.

Organic Pasta Primavera*:

Ingredients: Organic Pasta, Organic Non-Dairy creamer, Organic Cornstarch, Organic Cheddar Cheese, Organic Crimini Mushroom Powder, Organic Dehydrated Vegetables (Peas and Broccoli), Sea Salt, Organic Garlic, Organic Spices.

Contains: Wheat, Milk, Soy

* For those who are super sensitive to certain types of mushrooms, this recipe contains a small amount of powdered authentic crimini mushroom in the sauce.

Organic Sweet Habanero Chili:

Ingredients: Organic Pre-cooked Pinto, Organic Pre-cooked Black Beans, Organic spray dried Tomato, Organic Cornstarch, Organic Pineapple Dices, Organic Dehydrated Vegetables (Onions, Red & Green Bell Peppers), Organic Chili Powder, Organic Cane Sugar, Organic Spices, Organic Garlic Powder, Sea Salt, Organic Caramel Color, Organic Onion Powder. Allergens: None

Organic Quinoa:

Ingredients: Organic Quinoa. Allergens: None

Organic Chia Seeds:

Ingredients: Organic Chia Seeds. Allergens: None

Premium Organic Milk Powder:

Ingredients: Grade A Pasteurized Organic Skim Milk Contains: Milk

Organic Brown Sugar Oatmeal:

Ingredients: Oat Flakes, Cane Sugar, Molasses Solids, Sea Salt. (all organic ingredients certified USDA organic) Allergens: None