# ForestG rass Charcoal bbq



SAVE THESE INSTRUCTIONS! COOKING TIPS INSIDE!

## PARTS LIST

Prior to assembly, check all parts against the parts list. Carry out assembly on a soft surface to avoid scratching the paint. For ease of assembly, only loosely tighten bolts and then tighten fully when assembly is complete.

WARNING: DO NOT over-tighten bolts. Only tighten all bolts with moderate pressure to avoid damaging the bolts or components of the ForestGrass Grill.



# CARE & SAFE DSE GDIDELINES

### ABOUT YOUR ForestGrass

Dating back 4000 years ago, archaeologists discovered large clay vessels, which were thought to be early incamations of the ForestGrass ceramic cooker. Since then, it has evolved in many ways: removable lid, added draft door for better heat control and the switch from wood to charcoal as the primary fuel. In Japan, the Mushi ForestGrass was a round clay pot with a removable domed lid designed for steaming rice. The name 'ForestGrass' is, in fact ,the Japanese word for "stove" or "cooking range." This name was adopted by the Americans and has now become a generic term for this style of ceramic cooker.

ForestGrass cookers are extremely versatile. Not only can they be used for grilling or smoking, but also pizzas, bread, pies and cookies can be baked effortlessly inside them. Due to their excellent heat retention properties, high temperatures can be achieved and maintained by precise control of airflow via the top and bottom vents. High temperatures are ideal for quickly cooking burgers and sausages, while low heats can cook larger cuts over a longer period of time. Try adding some wood chips to the charcoal, or try combining different flavour wood chips to make your meats even more flavourful.

### WARNING! CAUTION!

This product is intended FOR OUTDOOR USE ONLY. DO NOT use indoors. NEVER leave a burning fire unattended. ALWAYS keep children and pets at a safe distance from the oven when in use.

FIRE HAZARD! May emit hot embers while in use.

DANGER of carbon monoxide poisoning: NEVER light this product, let it smoulder or cool down in confined spaces.

DO NOT use this product in a tent, caravan, car, cellar, loft or boat. DO NOT use this ForestGrass as a fumace.

CAUTION! DO NOT use gasoline, white spirit, lighter fluid, alcohol or other similar chemicals for lighting or relighting. Use only firelighters complying to EN1860-3.

It is highly recommended that you use lump charcoal in your ForestGrass. It burns for longer and produces less ash, which can restrict the airflow. DO NOT use coal in this product.

IMPORTANT! When opening the lid at high temperatures it is essential to lift the lid only slightly, which allows air to enter slowly and safely, preventing any back-draft or flare-ups that may cause injury. DO NOT use under any awnings, parasols or gazebos.

ALWAYS follow the *Cooking Temperature Guide* stated in this instruction manual.

DO NOT use the ForestGrass on decking or any other combustible surfaces such as dry grass, wood chips, leaf mulch, or decorative bark. Ensure that the ForestGrass is positioned at least two metres away from flammable items.

CAUTION! This product will become very hot. ALWAYS USE heat resistant gloves when handling hot ceramics or cooking surfaces. Allow the unit to cool down completely before moving or storing. DO NOT move it during operation.

Always inspect the unit prior to use for fatigue and damage, and replace as and when necessary.

#### CURING THE ForestGrass

To start a fire, place rolled-up newspaper and some lighter cubes or solid firelighters on the charcoal plate (7), in the base of the ForestGrass. Then, place two or three handfuls of lump charcoal over the top of the newspaper.

DO NOT use gasoline, white spirit, lighter fluid, alcohol or other similar chemicals for lighting or relighting.

Open the bottom vent and light the newpaper using a longnosed lighter or safety matches.

DO NOT overload the unit with fuel. If the fire is too intense, the heat could damage the ForestGrass. Burn until all the fuel is used and the fire is extinguished.

If the first burns are too hot, they could damage the felt gasket seal before it has had the chance to mature with use.

After first use, inspect all fasteners for tightness. The metal band connecting your lid to the base will expand from the heat and this could become loose. It is recommended you check and -if neccessary - tighten the band with a wrench.

You can now use your ForestGrass as normal.

#### EXTINGUISHING

To extinguish unit: stop adding fuel and close all the vents and the lid to allow the fire to die naturally.

DO NOT use water to extinguish the charcoal as this could damage the ceramic ForestGrass.

#### STORAGE

When not in use, and if stored outside, cover the ForestGrass once completely cooled with a suitable rain cover.

It is recommended the ForestGrass be stored under cover in a garage or shed over winter for complete protection.

#### CLEANING & MAINTENANCE

The ForestGrass Grill is self-cleaning. Heat it tip to  $260^{\circ}$ C for 30 minutes and it will scorch off all food and debris.

DO NOT use water or any other types of cleaning product to clean the inside of your ForestGrass. The walls are porous and will absorb any fluids used, which could cause the ForestGrass to crack.

After the ForestGrass has cooled, if the soot becomes excessive, use the ash tool to scrape off the carbon remnants before the next use. Carefully open the bottom vent and rake the soot into a small waste container under the vent opening. Dispose of container, or store for future use (soot).

To clean the grills and grates, use a non-abrasive cleaner once the unit has fully cooled. The chrome-plated cooking grill is NOT dishwasher safe; use a mild detergent with warm water.

To clean the outer surface, wait until the ForestGrass is cool and use a damp cloth with a mild detergent. It is important to check and tighten the bands, and oil the hinges, twice a year or more if needed. You should not be able to easily turn a hex key while holding the nut in place.

#### LIGHTING, USAGE & CARE INFORMATION

When using the ForestGrass, push down on both of the locking wheels to stop the unit from moving around during use.

Ensure the ForestGrass is positioned on a permanent, flat, level, heat-resistant non-flammable surface, away from flammable items.

Position the ForestGrass with a minimum of 2m overhead clearance and at least 2m clearance from other surrounding items.

- 1. To start a fire, place rolled-up newspaper and some lighter cubes or solid firelighters on the charcoal plate (7), in the base of the ForestGrass. Then, place two or three handfuls of lump charcoal over the top of the newspaper.
- 2. DO NOT use gasoline, white spirit, lighter fluid, alcohol or other similar chemicals for lighting or relighting.
- 3. Open the bottom vent and light the newspaper using a long-nosed lighter or safety matches. Once it has caught, leave the bottom vent and lid open for about 10 minutes to build a small bed of hot embers.
- Allow the charcoal to heat up and keep it red hot for at least 30 minutes prior to the first cooking on the ForestGrass. DO NOT cook before the fuel has a coating of ash.

It is recommended that you do not stoke or turn the coals once they are alight. This allows the charcoals to burn more uniformly and efficiently.

5. Once alight, ONLY use heat-resistant gloves when handling hot ceramics or cooking surfaces.

Read through this manual for a complete detailed guide on cooking temperatures for grilling.

#### LOW-TEMPERATURE COOKING GUIDE

ALWAYS follow the **Cooking Tempetatute Guide** stated in this instruction manual. ALWAYS use heat-resistant gloves when handling hot ceramics or cooking surfaces.

- 1. Light the lump charcoal according to the instructions above. DO NOT move or stoke the coals once lit.
- Open the bottom vent fully and leave the lid open for about 10 minutes to build a small bed of hot embers.
- 3. Monitor the ForestGrass until it has risen to the desired temperature. Fully dose the bottom vent to maintain the temperature. See *Cooking Temperature Guide.*

You are now ready to use the ForestGrass for cooking.

IMPORTANT! When opening the lid at high temperatures it is essential to lift the lid ONLY SLIGHTLY at first, allowing air to enter slowly and safely, preventing any back-draft or flare-ups that may cause injury.

#### SMOKING GUIDE

Follow the instructions above as if you were starting a slow cook. Monitor the ForestGrass until it has risen to the desired temperature. See *Cooking Temperature Guide*.

- 1. Leave the bottom vent slightly open. Close the top vent and continue to check the temperature for a few more minutes.
- 2. Using heat-resistant gloves, sprinkle the wood chips in a circle over the hot charcoal. ALWAYS use heat-resistant gloves when handling hot ceramics or cooking surfaces.

You are now ready to use the ForestGrass to smoke on.

TIP! Soak wood chips or cooking planks in water for 15 minutes to prolong the smoking process.

IMPORTANT! When opening the lid at high temperatures, it is essential to lift the lid ONLY SLIGHTLY at first, allowing air to enter slowly and safely, preventing any back-draft or flare-ups that may cause injury.

#### HIGH-TEMPERATURE COOKING GUIDE

Monitor the ForestGrass until it rises to the desired temperature. See Cooking Temperature Guide. ALWAYS use heat-resistant gloves when handling hot ceramics or cooking surfaces.

- 1. Light the lump charcoal according to the Lighting, Usage and Care Information in this manual. Close the lid and fully open the top and bottom vents.
- 2. Close the top vent halfway and continue to check the SLOW COOK/SMOKE (83°C 108°C/180°F 225°F) temperature for a few more minutes.

You are now ready to use the ForestGrass for cooking.

IMPORTANT! When opening the lid at high temperatures it is essential to lift the lid ONLY SLIGHTLY at first, allowing air to enter slowly and safely, preventing any back-draft or flare-ups that may cause injury.

#### **INFORMATION ABOUT COOKING FOOD**

Read and follow this advice when cooking on your ForestGrass:

- DO NOT cook until the fuel has a coating of ash.
- Before cooking, ensure grill surfaces and tools are clean and free of old food residues.
- Always wash your hands before and after handling uncooked meat, and before eating.
- DO NOT use the same utensils to handle cooked and uncooked foods. Always keep raw meat away from cooked meat, and other foods.
- Ensure all meat is cooked thoroughly before eating. CAUTION! Eating raw or undercooked meat can cause food poisoning (e.g. bacteria strains such as E.coli).. To reduce the risk of undercooked meat, cut open to ensure it is cooked all the way through.
- CAUTION! If the meat has been cooked sufficiently, the meat juice should be clear and there should be no traces of pink/red juice, or meat colouring. Pre-cooking larger pieces of meat and cuts is recommended before finally cooking on your grill.
- After cooking on your ForestGrass, always clean the grill cooking surfaces and utensils.

#### **REFUELLING YOUR GRILL**

With the top and bottom vent closed, the ForestGrass will stay at <u>SEAR (260°C - 330°C/ 500°F - 625°F)</u> a high temperature for several hours.

If you require a longer cooking time (e.g. when roasting a whole cut or slow-smoking), it maybe necessary to add more charcoal. Open the lid, add additional charcoal, and continue to cook as directed in this manual.

#### COOKING TEMPERATURE GUIDE

IMPORTANT! Do NOT adjust top or bottom vent whife the ForestGrass grill is in use. This could result in serious injury. It is recommended to ALWAYS use heat-resistant gloves when working with hot appliances.



#### (163°C-191 °C/ 325°F- 375°F)

Seafood (crab, lobster, shrimp)	Until opaque & firm Seafood (clams,
Fish	oysters)
Pork tenderloin	Until shells open
Chicken pieces	
Whole chicken	5-20minutes
Leg of iamb	15-30 Minutes
Turkey	30-45 Minutes
Ham	1-1.5Hours
	3-4Hours
	2-4Hours
TOP VENT BOTTOM VENT	2-5Hours

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Scallops	Until opaque & firm
Steak	5-8 Minutes
Pork chops	6-10 Minutes
Burgers	6-10 Minutes
Burgers Sausages	6-10 Minutes



IMPORTANT: Remove all packaging before use, but retain the safety instructions and store them with this product Ensure that the lid closed prior to assembly.

**STEP1** Attach the four pre-threaded castor wheels (2 & 3) to each of the four brackets (1) by hand-tightening them into the hole.



**STEP2** To assemble the cart, attach the two crosspieces (4) to one of the four brackets (1). Secure the brackets (1) to the crosspieces (4) by using the 16x bolts, washers, locking washers, and nuts (A- D). Please note the position shown in the diagram.



**STEP 3** Continue to attach the crosspieces(4) into the other three brackets(1).



TOP VENT BOTTOM VENT

**STEP 4** Make sure the cart is secure, and all of the bolts are tight before placing the Kamado Grill(9) into it. Press down on the castor levers(2) to lock the castor wheels to ensure the Kamado cannot move.

**STEP 5** To place the Kamado Grill (9) on the cart, first remove all of the items that are inside of the grill to make lifting easier. Place one of your hands in the bottom vent of the Kamado and the other under the grill.

## CAUTION: Use a minimum of two people when lifting the Kamado Grill onto the cart. Lifting by the hinge or the side tables could result in injury and damage to the product.

**STEP 6** Place the Kamado Grill on the cart with the bottom vent facing to the front of the cart allowing the vent to open and close without any interruption.



**STEP 7** Once grill is securely seated in the cart, attach the top vent(10). Align the side notch with the thermometer at the front ,and set over the top opening . Secure with Pre-attached



**STEP 8** Add the firebox (8), charcoal plate (7), and cooking grill (5) inside of the Kamado Grill. Please reference the diagram below. The raised cooking grid (6) can be placed atop the cooking grill (5), if required.



STEP 9

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Attach the 2x table brackets (13) to the ForestGrass Grill (9) using the 8x pre-attached bolts with their corresponding washers, locking washers, and nuts per bracket. Please note the position shown in the diagram below.



**STEP 10** Attach the 2x table brackets (14) to the ForestGrass Grill (9) using the 8x pre-attached bolts with their corresponding washers, locking washers, and nuts per bracket. Please note the position shown in the above diagram.

grill (5) inside of the Kamado Grill. Please reference **STEP 11** Insert the 2x table hinges into each of the table brackets (13 & 14).



**STEP 12** To attach the handle (11) to the lid of the ForestGrass Grill (9), use the 2x pre-attached bolts with their corresponding washers, locking washers, and nuts per bracket.





ASSEMBLY INSTRUCTIONS I 7