## HOW TO DETERMINE YOUR RING SIZE

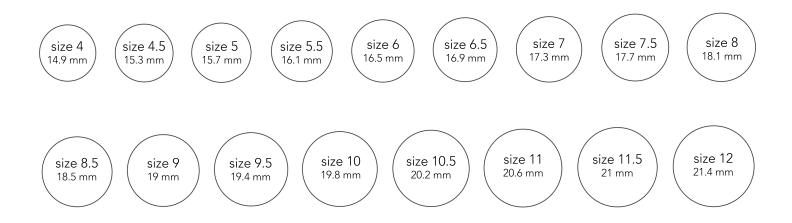
To find your ring size, print this page (be sure to uncheck 'scale to fit' before printing) and follow the below instructions. We have created this as a guide but highly recommend going to a local jeweler to be sized in person. If you have any questions please email **contact@lulufrost.com**.

## 1. Select a ring that properly fits the intended finger.

For best results, measure a plain narrow band that fits comfortably. The ring should be snug enough so that it will not fall off, but loose enough to slide over your knuckle with light resistance. Please note: cold fingers shrink while hot fingers expand. Only measure when fingers are at room temperature. If your knuckle is much larger than the base of your finger, measure both the knuckle and base of your finger and choose a size in between the two.

## 2. Place the ring over the circles below.

Match the *inside* edge of the ring to the circle nearest in size. If your ring falls between two sizes, order the larger size. Also, if the ring you are interested in purchasing is not offered in half sizes, please size up. For your reference, the most popular ring size for Women is a size 6 and the most popular ring size for Men is a size 9.



<sup>\*</sup>To ensure accurate sizing, please be sure the lines below measure 2 inches and 20 mm respectively when printed.

