## **Supplement Facts**

Serving Size: 9g (3 Scoops) Servings Per Container: 30

Amount Per Serving

Calories
Muscle Strength Blend\*:

5116 ma

Creatine Monohydrate, Creatine Ethyl Esther, L-Glutamine, BCAA's (Leucine, Isoleucine and Valine).

HMB (hydroxy-methyl-butyrate), OKG (Ornithine Alpha Ketoglutarate)

Support and Absorption Blend\*:
Dextrose, Tri Calcium Phosphate, Lipoic Acid,

Chromium Polynicotinate and Silicon Dioxide.

Distributed by: P2Life (Pty) Ltd.

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WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use of any nutritional or dietary product. Do not use if inner seal is missing or broken. Keep out of reach of children. Store in a cool dry place.

**NOTICE:** Product packaged by weight, some settling may occur.

\*Disclaimer: This statement has not been evaluated by the Medicine Control Council. This product is not intended to diagnose, treat, cure or prevent any disease.

## Ultima Power

WITH BCAAs, GLUTAMINE AND CREATINE





POWER\*



## SPORT

## POWER

Mix with **Ultima** Performace Protein Shake for best results.



AFTER WORKOUT

I scoop right <u>after</u> workout.



FREE\*



BEFORE BED TIME

I-2 scoops
before bedtime.
Sleeping is the
perfect time to
recover, rejuvenate
and build lean
muscle strength.



**AFTER WEIGHTS** 

I scoop
<u>after</u> weights.
2 scoops if it was
an intense session.



CAFFEINE FREE\*

NET WEIGHT: 270G • 30 SERVINGS