

Supplement Facts

Serving Size: 2 Veggie Capsules Servings Per Container: 30

	Amount Per Serving	%NRV*
Acetyl L Carnitine	750 mg	
Ginkgo Biloba Extract (root)	400 mg	
Siberian Ginseng Extract (root)	100 mg	
Rhodiola Rosea Extract (root)	100 mg	
Vitamin B5	24.98 mg	417%
Vitamin B12	0.124 mg	12450%
* Nutrient Reference Values		

OTHER INGREDIENTS: Silicon Dioxide, Magnesium Stearate, and MCC and Vegetarian Capsule Shells (gelatin free).

Distributed by: P2Life (Pty) Ltd.

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IMPORTANT: If you are on blood pressure or blood thinning medication, consult your doctor or pharmacist before taking any new supplement or remedy. Keep out of reach of children. Store in cool dry place. Unless under the advice of a healthcare professional do not exceed the recommended daily dosage.

DIRECTIONS FOR USE:

Adults and Children (12 years of age):

Take 1-2 capsules once or twice daily, as needed. Do not exceed 4 capsules.

Children aged 7-11:

Take half the adult dose.

Who should take Brain:

- Anyone suffering from Age-Related Memory Decline.
- Anyone who suffers from forgetfulness.
- Anyone who works long stressful hours.
- Anyone working at night.
- A student or athlete wanting to improve concentration or performance.
- Have a child with ADD/ADHD.

**Disclaimer: This statement has not been evaluated by the Medicine Control Council. This product is not intended to diagnose, treat, cure or prevent any disease.*

Ultima Brain

BOOSTS MENTAL
PERFORMANCE



DIETARY SUPPLEMENT

60 VEGGIE CAPSULES

SPORT

**ULTIMA BRAIN INGREDIENTS
ARE DESIGNED TO ASSIST
THE BODY IN:**

- Energizing the mind and improve mental focus, clarity and memory, thus preventing brain fatigue. If you find it difficult to sleep, take Brain earlier in the day or reduce dosage.
- Improving memory and concentration, while protecting the brain to help oppose the negative effects that stress has on memory and brain function.
- Brain fights mental fatigue, therefore do not take after 3pm unless you want to remain alert or awake at night.
- Contains no caffeine, artificial stimulants or banned substances.