

Supplement Facts

Serving Size: 2 Veggie Capsules Servings Per Container: 30

| | Amount Per Serving | %NRV* |
|---------------------------------|--------------------|--------|
| Acetyl L Carnitine | 750 mg | |
| Ginkgo Biloba Extract (root) | 240 mg | |
| Siberian Ginseng Extract (root) | 100 mg | |
| Rhodiola Rosea Extract (root) | 100 mg | |
| Vitamin B5 | 24.98 mg | 417% |
| Vitamin B12 | 0.174 mg | 12451% |

* Nutrient Reference Values

OTHER INGREDIENTS: Silicon Dioxide, Magnesium Stearate, and MCC and Vegetarian Capsule Shells (gelatin free).

Distributed by: P2Life (Pty) Ltd.

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IMPORTANT: If you are on blood pressure or blood thinning medication, consult your doctor or pharmacist before taking any new supplement or remedy. Stop 2 weeks before any surgery. Unless under the advice of a healthcare professional do not exceed the recommended daily dosage. Keep out of reach of children.

DIRECTIONS FOR USE:

IMPORTANT: Please go to www.ultima.co.za for full instructions and information

Adults and Children (12 years of age):

Take 1-2 capsules once or twice daily, as needed. Do not exceed 4 capsules.

Children aged 7-11:

Take half the adult dose.

Who should take Brain:

- Anyone suffering from Age-Related Memory Decline.
- Anyone who suffers from forgetfulness.
- Anyone who works long stressful hours.
- Anyone working at night.
- A student or athlete wanting to improve concentration or performance.
- Have a child with ADD/ADHD.

**Disclaimer: This statement has not been evaluated by the Medicine Control Council. This product is not intended to diagnose, treat, cure or prevent any disease.*

Ultima Brain

BOOSTS MENTAL
PERFORMANCE



DIETARY SUPPLEMENT

60 VEGGIE CAPSULES

SPORT

ULTIMA BRAIN INGREDIENTS ARE DESIGNED TO ASSIST THE BODY IN:

- Energizing the mind and improve mental focus, clarity and memory, thus preventing brain fatigue. If you find it difficult to sleep, take Brain earlier in the day or reduce dosage.
- Improving memory and concentration, while protecting the brain to help oppose the negative effects that stress has on memory and brain function.
- Brain fights mental fatigue, therefore do not take after 3pm unless you want to remain alert or awake at night.
- Contains no caffeine, artificial stimulants or banned substances.