**Supplement Facts** 

|                                 | Amount Per Serving | %NRV*  |
|---------------------------------|--------------------|--------|
| Acetyl L Carnitine              | 750 mg             |        |
| Ginkgo Biloba Extract (root)    | 240 mg             |        |
| Siberian Ginseng Extract (root) | 100 mg             |        |
| Rhodiola Rosea Extract (root)   | 100 mg             |        |
| Vitamin B5                      | 24.98 mg           | 417%   |
| Vitamin B12                     | 0.124 mg           | 12450% |
|                                 |                    |        |

\* Nutrient Reference Values

OTHER INGREDIENTS: Silicon Dioxide, Magnesium Stearate, and MCC and Venetarian Capsule Shells (celatin free).

Distributed by: P2Life (Pty) Ltd. 22 Bell Close, Westlake Business Park, Westlake, Cape Town, 7945 Tel: 021 702 3910 • www.ultima.co.za

IMPORTANT: If you are on blood pressure or blood thinning medication, consult your doctor or pharmacist before taking any new supplement or remedy. Stop 2 weeks before any surgery. Unless under the advise of a healthcare professional do not exceed the recommended daily dosage. Keep out of reach of children.

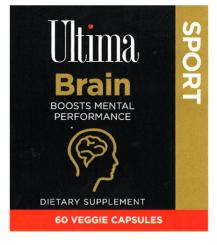
**DIRECTIONS FOR USE:**IMPORTANT: Please go to www.ultima.co.za for full instructions and information

Adults and Children (12 years of age): Take 1-2 capsules once or twice daily, as needed. Do not exceed 4 capsules.

Children aged 7-11: Take half the adult dose.

- Who should take Brain:
  Anyone suffering from Age-Related Memory Decline.
  Anyone who suffers from forgetfulness.
  Anyone who works long stressful hours.
  Anyone working at night.
  A student or alfelte wanting to improve concentration or performance.
  Have a child with ADD/ADHD.

\*Disclaimer: This statement has not been evaluated by the Medicine Control Council. This product is not intended to diagnose, treat, cure or prevent any disease.



## ULTIMA BRAIN INGREDIENTS ARE DESIGNED TO ASSIST THE BODY IN:

- Energizing the mind and improve mental focus, clarity and memory, thus preventing brain fatigue. If you find it difficult to sleep, take Brain earlier in the day or reduce dosage.
- dosage.

  Improving memory and concentration, while protecting the brain to help oppose the negative effects that stress has on memory and brain function.
- Brain fights mental fatigue, therefore do not take after 3pm unless you want to remain alert or awake at night.
- Contains no caffeine, artificial stimulants or banned substances.