

# ULTIMA PASSION

## PATIENT INFORMATION LEAFLET

**Discipline:** Western Herbal Medicine

**ULTIMA PASSION has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any disease. It does not purport to be a medicine and makes no claims whatsoever.**

### SCHEDULING STATUS

To be allocated by Council.

### PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

**ULTIMA PASSION** (tablets)

Please read this leaflet carefully before you start taking **ULTIMA PASSION**

**ULTIMA PASSION** is available without a doctor’s prescription, for you to treat mild illness. Nevertheless you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **ULTIMA PASSION** with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after (10) days.

### 1. WHAT ULTIMA PASSION CONTAINS

The active ingredients in each tablet are: 37,5 mg avena sativa, 50 mg eleutherococcus extract, 247.50 µg folic acid, 5 mg ginkgo biloba extract, 9 mg iron, 25 mg L-arginine, 12,45 µg methylcobalamin (vitamin B12), 37,5 mg muira puama, 12,45 mg niacin (vitamin B3), 10 mg pantothenic acid (vitamin B5), 3,125 mg passionflower extract, 5 mg pyridoxine (vitamin B6), 113,64 mg rhodiola rosea 3%,1,8 mg riboflavin (vitamin B2), 100 µg selenium, 1,5 mg thiamine (vitamin B1), 37,5 mg tribulus terrestris 40% and 7,5 mg zinc oxide. The other ingredients are: silicon dioxide, magnesium stearate and sorbitol.

### 2. WHAT ULTIMA PASSION IS USED FOR

**ULTIMA PASSION** is used to help enhance the libido.

### 3. BEFORE YOU TAKE ULTIMA PASSION

**Do not take ULTIMA PASSION:** If you are hypersensitive (allergic) to any of the ingredients in it (see **WHAT ULTIMA PASSION CONTAINS**).

Take special care with **ULTIMA PASSION**:

- If you are having surgery done. You should stop taking it 2 weeks before you have any surgery done.
- If you are having trouble sleeping while taking it, you may need to take less or take your dosage earlier.
- If you suffer from any chronic medical condition. Please contact your doctor before you start taking it.
- If you are also taking other supplements (see Taking other medicines with **ULTIMA PASSION**).
- If you are pregnant or breastfeeding (see **Pregnancy and breastfeeding**).

Taking **ULTIMA PASSION** with food or drink: It can be taken with or without food.

### Pregnancy and breastfeeding:

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or healthcare professional for advice before taking it.

### Driving and using machinery:

**ULTIMA PASSION** may impair your ability to drive a vehicle and use machinery. Do not drive a vehicle, operate machinery, or do anything else that requires your attention until you know how **ULTIMA PASSION** affects you.

Taking other medicines with **ULTIMA PASSION:** Always tell your healthcare professional if you are taking any other medicine (this includes complementary or traditional medicines). The following medicines may cause an interaction when used in combination with **ULTIMA PASSION**:

Note: See contra indications on package insert provided.

### 4. HOW TO TAKE ULTIMA PASSION

Dosage may vary between patients and depends on your lifestyle, stress level and age.

**For Overall Libido Health:** For the 1st week take 1 tablet each day, thereafter take 1 or 2 tablets daily.

**For Heightened Response, Mental and Physical Stamina:** Take 1 or 2 additional tablets when desired. Thereafter take 1 additional tablet per 20-25 kg of body weight per hour of passionate activity.

**Maximum Dosage:** 10 tablets is the maximum dosage in a 24 hour period, increasing above this amount will not increase the benefit and may affect your ability to fall asleep.

### Do not exceed the recommended dose.

You can reduce your dose or take your dose earlier in the day if it is interfering with your sleep.

If you have the impression that the effect is too strong or too weak, talk to your doctor or pharmacist.

**If you take more ULTIMA PASSION than you should:** In the event of over-dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre. Take this leaflet and the rest of the remaining tablets with you so the doctor will know what you have taken.

### If you forget to take ULTIMA PASSION:

If you have missed your dose by only a few hours, take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take it at the next regularly scheduled time. Do not take a double dose to make up for forgotten individual doses.

### 5. POSSIBLE SIDE EFFECTS

**ULTIMA PASSION** can have side effects. Not all side effects reported for **ULTIMA PASSION** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking it, please consult your doctor, pharmacist or other healthcare professional for advice.

If any of the following happens, stop taking **ULTIMA PASSION** and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of your hands, feet, ankles, face, mouth or throat, which may cause difficulty in swallowing or breathing.
- Rash or itching.
- Fainting.
- Yellowing of your skin and eyes, also called jaundice.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction. You may need urgent medical attention or hospitalisation. Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- chest pain
- angina
- changes in the way your heart beats, for example, if you notice it beating faster,
- difficulty breathing,
- signs of recurrent infections such as fever or sore throat,
- less urine than is normal for you,

These are all serious side effects. You may need urgent medical attention. Tell your doctor as soon as possible if you notice any of the following:

- nausea (feeling sick)
- abdominal cramps or stomach pains,
- headache,
- dizziness,
- tiredness,
- light-headedness,
- dry cough,
- muscle cramps,
- flatulence or wind,
- diarrhoea,
- loss of appetite.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

### 6. STORING AND DISPOSING OF ULTIMA PASSION

- Store at or below 25°C.
- Do not remove from outer carton until required for use.
- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.**
- Do not use after the expiry date printed on the label or carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

### 7. PRESENTATION OF ULTIMA PASSION

175 ml vitamin bottle with black screw cap. Bottle containing 60 tablets is packed in an outer container.

### 8. IDENTIFICATION OF ULTIMA PASSION

Light brown round tablet. Please note due to ingredients tablet colour may vary.

### 9. REGISTRATION NUMBER

To be allocated by Council.

### 10. NAME AND ADDRESS OF THE REGISTRATION HOLDER

P2Life (Pty) Ltd.
P.O. Box 30043, Tokai, 7966

### 11. DATE OF PUBLICATION

To be allocated by Council.

## PRODUCT INFORMATION LEAFLET

**Discipline:** Western Herbal Medicine

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### SCHEDULING STATUS

To be allocated by Council.

### PROPRIETARY NAME AND DOSAGE FORM

**ULTIMA PASSION** (tablets)

### COMPOSITION

#### Active ingredients:

**Each tablet contains:** 37,5 mg avena sativa, 50 mg eleutherococcus extract, 247.50 µg folic acid, 5 mg ginkgo biloba extract, 9 mg iron, 25 mg L-arginine, 12,45 µg methylcobalamin (vitamin B12), 37,5 mg muira puama, 12,45 µg niacin (vitamin B3), 10 mg pantothenic acid (vitamin B5), 3,125 mg passionflower extract, 5 mg pyridoxine (vitamin B6), 113,64 mg rhodiola rosea 3%,1,8 mg riboflavin (vitamin B2), 100 µg selenium, 1,5 mg thiamine (vitamin B1), 37,5 mg tribulus terrestris 40% and 7,5 mg zinc oxide.

**Inactive ingredients are:** silicon dioxide, magnesium stearate and sorbitol.

### PHARMACOLOGICAL CLASSIFICATION

D 32.16 Other

### PHARMACOLOGICAL ACTION

**Avena Sativa/Oat Straw Extract:** Claimed to stimulate the release of Testosterone from its "bound" state (with Sex Hormone Binding Globulin (SHBG)) to its "free" state, thereby increasing active Testosterone levels.(Dr Jonathan Wright. Life Enhancement. July 1999:4-13).Dr. Jonathan Wright acknowledges that no clinical studies have yet been performed to confirm or refute the reputation that oats have for increasing testosterone levels. From his own clinical observations, he has noted that some men in their 20s and 30s who had low testosterone levels for their age have experienced increased testosterone after the use of oats.

**Eleutherococcus (Siberian Ginseng):** Used in Herbal Medicine as a tonic to help relieve general debility and/or to aid during convalescence (Bradley 2006; ESCOP 2003; Blumenthal et al. 2000; Mills and Bone 2000). Used in Herbal Medicine to help improve mental and/or physical performance after periods of mental and/or physical exertion (Bradley 2006; ESCOP 2003; Hoffmann 2003; Mills and Bone 2000). (Effects of Adaptogens on the Central Nervous System and the Molecular Mechanisms Associated with Their Stress—Protective Activity Alexander Panossian \* and Georg Wikman Swedish Herbal Institute Research & Development, Spårvägen 2, SE-432 96 Åskloster, Sweden)

**Ginkgo Biloba Extract:** Helps to enhance cognitive function in adults (Cieza et al. 2003, Santos et al. 2003, Mix and Crews 2002, Stough et al. 2001, Kennedy et al. 2000, Mix and Crews 2000) Helps to enhance memory in adults (Santos et al. 2003, Stough et al. 2001, Kennedy et al. 2000, Mix and Crews 2000) Helps to support peripheral circulation (Boelsma et al. 2004, Mehlsen et al. 2002, Pittler and Ernst 2000)

**L-Arginine:** May help support a modest improvement in exercise capacity in individuals with stable cardiovascular diseases (CVD) (Doutreleau et al. 2010; Doutreleau et al. 2006; Lim et al. 2004; Palloshi et al. 2004; Bode-Böger et al. 2003; Lekakis et al. 2002; Sydow et al. 2002; Nagaya et al. 2001; Bednarz et al. 2000; Hambrecht et al. 2000; Lerman et al. 1998; Adams et al. 1997; Ceremuzynski et al. 1997; Clarkson et al. 1996; Rector et al. 1996). L-Arginine is a non-essential amino acid that is involved in protein synthesis (Shils et al. 2006; IOM 2005; Groff and Gropper 2000).

**Muira Puama:** May improve Sexual Desire (i.e. libido). (Murray, M. Yohimbine vs. Muira puama in the treatment of erectile dysfunction. American Journal of Natural Medicine.

November 1994). May improve male Sexual Performance. (English, J. A natural approach to enhancing sexual libido and performance. Vitamin Research News. 16(9), 2002.)

**Passionflower Extract:** Traditionally used in Herbal Medicine as a sleep aid (in cases of restlessness or insomnia due to mental stress) (EMA 2007)

**Rhodiola Rosea:** Used in Herbal Medicine as an adaptogen to help(s) temporary relieve symptoms of stress (such as mental fatigue and sensation of weakness) (EMA 2012a; Olsson et al. 2009; Winston and Maimes 2007; Pizzorno and Murray 2006; Hoffman 2003). Used in Herbal Medicine to help(s) support cognitive function (such as mental focus and

mental stamina) (Olsson et al. 2009; Winston and Maimes 2007). Provides antioxidants (Skarpanska-Stejnborn et al. 2009; Winston and Maimes 2007; Kim et al. 2006). (Effects of Adaptogens on the Central Nervous System and the Molecular Mechanisms Associated with Their Stress—Protective Activity Alexander Panossian \* and Georg Wikman Swedish Herbal Institute Research & Development, Spårvägen 2, SE-432 96 Åskloster, Sweden)

**Tribulus Terrestris:** Traditionally used in Ayurveda as Vrsya (aphrodisiac) for men (Paranjpe 2005; API 2001). Tribulus Terrestris is speculated to improve male sexual performance and improve sexual desire (in both men and women) (due to its (speculated) ability to increases the body’s endogenous production of Luteinizing Hormone (LH) which in turn stimulates endogenous Testosterone (which enhances sexual performance) production) (English, J. A natural approach to enhancing sexual libido and performance. Vitamin Research News. 16(9), 2002.)

**Vitamins B1, B2, B3, B5, B6, B12 and Folic Acid:** Factors in the maintenance of good health (IOM 2006; IOM 1998).

### INDICATIONS

**ULTIMA PASSION** is an all natural formula for both men and women. It contains blends of herbs and nutrients that help to enhance sexual awareness, responsiveness, physical endurance, mental clarity and alertness giving you the performance to match your passion and the mental vitality to match your vigour.

### CONTRAINDICATIONS

Hypersensitivity to any of the ingredients of **ULTIMA PASSION** (see COMPOSITION).

If you experience irritability or insomnia, discontinue use (Pizzorno and Murray 2006; Kelly 2001).

If you are taking antidepressant medication, consult a health care practitioner prior to use (lovieno et al. 2011; Olsson et al. 2009; Brown et al. 2002).

If you are taking hormone replacement therapy (HRT) or birth control pills, consult a health care practitioner prior to use (HC 2013; Brown et al. 2002).

If you have bipolar disorder or bipolar spectrum disorder, do not use this product (lovieno et al. 2011; Winston and Maimes 2007; Brown et al. 2002).

Ginkgo Biloba can slow blood clotting. Ibuprofen can also slow blood clotting. Taking ginkgo with ibuprofen can slow blood clotting too much and increase the chance of bruising and bleeding. Medications that slow blood clotting (Anticoagulant/Antiplatelet drugs) interacts with Ginkgo.

Taking Ginkgo along with medications that also slow clotting might increase the chances of bruising and bleeding.

Do not use if you are taking health products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils, vitamin E) as this may increase the risk of spontaneous bleeding (Brinker 2009, Bent et al. 2005)

Some medications that slow blood clotting include aspirin, clopidogrel (Plavix), diclofenac (Voltaren, Cataflam, others), ibuprofen (Advil, Motrin, others), naproxen (Anaprox, Naprosyn, others), dalteparin (Fragmin), enoxaparin (Lovenox), heparin, warfarin (Coumadin), and others.

Ginkgo might decrease how quickly the liver breaks down some medications. Taking ginkgo along with some medications that are changed by the liver might increase the effects and side effects of some medications. Before taking ginkgo talk to your healthcare provider if you take any medications that are changed by the liver.

Consult your health care practitioner prior to use if you are taking medication for cardiovascular diseases, erectile dysfunction, and/or blood thinners (Huynh et al. 2000; Parker et al. 2002; Siani et al. 2002; Adams et al. 1995).

If you experience irritability or insomnia, discontinue use (Pizzorno and Murray 2006; Kelly 2001).

### WARNINGS AND SPECIAL PRECAUTIONS

**ULTIMA PASSION** should be discontinued two weeks prior to surgery.

Ginkgo biloba should only be used under medical supervision in individuals suffering with epilepsy, diabetes or bleeding disorders.

Hypersensitivity/allergy has been known to occur to tribulus terrestris (Bensky et al. 2004); in which case, discontinue use.

Diuretic effect may occur due to tribulus terrestris.

**ULTIMA PASSION** may interfere with the ability to fall asleep. Dosage adjustment may be required.

This product does not purport to be a medicine and makes no claims whatsoever.

Patients who are taking prescription medicine, suffering from any chronic medical condition or are pregnant or lactating, must consult a medical practitioner before taking **ULTIMA PASSION**.

Patients should be advised not to exceed the recommended daily dose. Patients should be advised to take special care if taking other supplements, since these supplements may contain the same ingredients.

**Do not exceed the recommended dosage.**

**Effects on ability to drive and operate machines:** Patients should not drive a vehicle or operate machinery until the effects of **ULTIMA PASSION** are known.

### INTERACTIONS

**ULTIMA PASSION** may interact with prescription medicine or other supplements.

Use with caution if you have high blood pressure (Barnes et al. 2007; Brinker 2001; Blumenthal et al. 2000; Mills and Bone 2000; McGuffin et al. 1997).

If you are taking antidepressant medication, consult a health care practitioner prior to use (lovieno et al. 2011; Olsson et al. 2009; Brown et al. 2002).

If you are taking hormone replacement therapy (HRT) or birth control pills, consult a health care practitioner prior to use (HC 2013; Brown et al. 2002).

If you have bipolar disorder or bipolar spectrum disorder, do not use this product (lovieno et al. 2011; Winston and Maimes 2007; Brown et al. 2002).

If you experience irritability or insomnia, discontinue use (Pizzorno and Murray 2006; Kelly 2001).

Care must be taken when using products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils, vitamin E) as this may increase the risk of spontaneous bleeding (Brinker 2009, Bent et al. 2005)

Ginkgo can slow blood clotting. Ibuprofen can also slow blood clotting. Taking ginkgo with ibuprofen can slow blood clotting too much and increase the chance of bruising and bleeding. Medications that slow blood clotting (Anticoagulant/Antiplatelet drugs) interacts with Ginkgo.

Taking Ginkgo along with medications that also slow clotting might increase the chances of bruising and bleeding.

Some medications that slow blood clotting include aspirin, clopidogrel (Plavix), diclofenac (Voltaren, Cataflam, others), ibuprofen (Advil, Motrin, others), naproxen (Anaprox, Naprosyn, others), dalteparin (Fragmin), enoxaparin (Lovenox), heparin, warfarin (Coumadin), and others.

Ginkgo might decrease how quickly the liver breaks down some medications. Taking ginkgo along with some medications that are changed by the liver might increase the effects and side effects of some medications. Before taking ginkgo talk to your healthcare provider if you take any medications that are changed by the liver. Ginkgo Biloba has been shown to reduce platelet aggregation and blood clotting. The use of anticoagulants should be avoided or carefully monitored. Medicines that have anticoagulant effects include Warfarin, Aspirin and others.

No other interaction studies have been performed.

### PREGNANCY AND LACTATION

Safety in pregnancy and lactation has not been established.

Do not take if you are pregnant or breast-feeding.

### DOSAGE AND DIRECTIONS FOR USE

Dosage may vary between patients and depends on the lifestyle, stress level and age.

**For Overall Libido Health: For the 1st week** take 1 tablet each day, thereafter take 1 or 2 tablets daily.

**For Heightened Response, Mental and Physical Stamina:** Take 1 or 2 additional tablets when desired. Thereafter take 1 additional tablet per 20-25 kgs of body weight per hour of passionate activity.

**Maximum Dosage:** 10 tablets is the maximum dosage in a 24 hour period, increasing above this amount will not increase the benefit and may affect your ability to sleep.

### Do not exceed the recommended dosage.

Dosage should be reduced or taken earlier in the day if **ULTIMA PASSION** interferes with sleep patterns.

### SIDE EFFECTS

#### Infections and infestations:

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Neoplasms benign and malignant (including cysts and polyps)

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Blood and the lymphatic system disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Immune system disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Endocrine disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Metabolism and nutrition disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Psychiatric disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Vascular disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Respiratory, thoracic and mediastinal disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Gastrointestinal disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Hepatobiliary disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Skin and subcutaneous tissue disorders

Frequency unknown: Avena Sativa, Tribulus Terrestris & Muira Puama Extracts
Frequency unknown: L-Arginine
Frequency unknown: Eleutherococcus & Rhodiola Rosea Extracts
Frequency unknown: Ginkgo Biloba & Passionflower Extracts
Frequency unknown: L-Arginine
Frequency unknown: Vitamins B1, B2, B3, B5, B6, B12 & Folic Acid.

#### Musculoskeletal, connective tissue and bone disorders

Frequency unknown: Avena Sativa

# ULTIMA PASSION

## PASIËNTINLIGTINGSBLAADJIE

**Dissipline:** Wes Herbal Medisyne

**ULTIMA PASSION is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel om te diagnoseer, te behandel, genes of enige siektes te voorkom nie. Dit wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.**

**SKEDULERINGSSTATUS:**

Moet toegeken word deur die Raad.

**EIENDOMSNAAM, STERKTE EN FARMASEUTIESE VORM**  
**ULTIMA PASSION** (tablette)

Lees asseblief hierdie pamflet sorgvuldig voordat jy **ULTIMA PASSION** begin neem. **ULTIMA PASSION** is beskikbaar sonder 'n voorskrif, om ligte siekte te behandel. Tog is dit nog nodig om dit versigtig te gebruik om die beste resultate te bekom.

- Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- Moenie **ULTIMA PASSION** met enige ander persoon deel nie.
- Vra jou apteker indien jy meer inligting of advies nodig het.
- Jy moet 'n dokter sien as jou simptome vererger of nie na (10) dae verbeter nie.

**WAT BEVAT ULTIMA PASSION**

Die aktiewe bestanddele in elke tablet is: 37,5 mg avena sativa, 50 mg eleutherococcus ekstrak, 247.50 µg foliensuur, 5 mg ginkgo biloba ekstrak, 25 mg L-arginine, 12,45 µg methylcobalamin (vitamien B12), 37,5 mg muira pama, 12,45 mg niasien (vitamien B3), 10 mg pantothenaat (vitamien B5), 3,125 mg passionflower ekstrak, 5 mg piridoksien (vitamien B6), 113,64 mg rhodiola rosea, 1,8 mg riboflaven (vitamien B2), 100 µg selenium, 7,5 mg sink, 1,5 mg tiamien (vitamien B1), 37,5 mg tribulus terrestris en 9 mg yster. Die ander bestanddele is: silikondioksied, magnesiumstearaat en sorbitol.

**2. WAT WORD ULTIMA PASSION GEBRUIK VIR ULTIMA PASSION** word gebruik vir algehele libido gesondheid.

**3. VOOR JY ULTIMA PASSION NEEM**  
**Moenie ULTIMA PASSION neem:** As jy hipersensitief (allergies) aan enige van die bestanddele is nie (Sien WAT BEVAT **ULTIMA PASSION**)

Neem spesiale sorg met **ULTIMA PASSION:** Indien jy vir 'n operasie gaan. Jy moet 2 weke voor enige chirurgie met **ULTIMA PASSION** ophou.

- Indien dit met jou vermoë om te slaap inmeng, verminder jou daaglikse dosis of neem vroeër in die dag.
- As jy aan enige chroniese mediese toestand ly. Kontak asseblief jou dokter voordat jy die produk begin neem.
- As jy ander aanvullings ook neem (sien Om ander medisyne met **ULTIMA PASSION** te neem).
- As jy swanger is of borsvoed (sien **Swanger en Borsvoeding**).

**Neem ULTIMA PASSION met kos of drank:** Dit kan met of sonder kos geneem word.

**Swangerskap en borsvoeding:** As jy swanger is of jy jou baba borsvoed, raadpleeg jou dokter, apteker of gesondheidsorg professionele vir advies voordat jy die produk neem.

**Ry en die gebruik van masjinerie:**  
**ULTIMA PASSION** kan jou vermoë om 'n voertuig te bestuur en gebruik van masjinerie benadeel. Moet nie 'n voertuig bestuur, masjinerie bedryf, of enigiets anders wat jou aandag vereis doen nie, totdat jy weet hoe **ULTIMA PASSION** jou raak.

**Om ander medisyne met ULTIMA PASSION te neem:**

Vertel altyd vir jou gesondheidsorg professionele as jy enige ander medisyne neem (dit sluit komplimentêre of tradisionele medisyne ook in). Nota: Sien Kontra-indikasies op voubljief verskak.

**4. HOE OM ULTIMA PASSION TE NEEM**  
Dosis kan tussen pasiënte wissel en hang af van jou leefstyl, stres vlak en ouderdom.

**Vir Algehele Libido Gesondheid:** Vir die eerste week, neem 1 tablet daaglik, daarna neem 1 tot 2 tablette daaglik. **Vir Verhoogde Reaksie, Geestelike en Fisiese Stamina:** Neem 1 of 2 bykomende tablette indien nodig. Daarna neem 1 bykomende tablet per 20-25 kg liggaamsgewig vir elke uur van passievolle aktiwiteite. **Maksimum Dosis:** 10 Tablette is die maksimum dosis in 'n 24 uur-tydperk. Toenemende bo dit sal nie die voordele verhoog nie, en kan jou vermoë om te slaap benadeel.

**Moenie die aanbevole dosis oorskry nie.**

Indien dit met jou vermoë om te slaap inmeng, verminder jou daaglikse dosis of neem vroeër in die dag. As jy die indruk kry dat die effek te sterk of te swak is, praat met jou dokter of apteker.

**As jy te veel ULTIMA PASSION neem:** In die geval van 'n oordosis, raadpleeg jou dokter of apteker. Indien nie beskikbaar nie, kontak die naaste hospitaal of gif sentrum. Neem hierdie pamflet en die res van die oorbylywende tablette met jou saam, sodat die dokter weet wat jy geneem het.

**As jy vergeet om ULTIMA PASSION te neem:** As jy jou dosis deur slegs 'n paar uur gemis het, neem die dosis so gou as wat jy onthou. As dit amper tyd vir jou volgende dosis is, moet nie die vergete dosis neem nie. Neem dit by die volgende gereelde geskeduleerde tyd. Moenie 'n dubbele dosis neem om op te maak vir die vergete dosis nie.

**5. MOONTLIKE NEWE-EFFEKTE**  
**ULTIMA PASSION** kan dalk **newe-effekte hê. Nie alle newe-effekte vir ULTIMA PASSION is in hierdie pamflet ingesluit nie. Indien u algemene gesondheid versleg of indien u enige ongewenste effekte ervaar, terwyl jy die produk neem, raadpleeg jou dokter, apteker of ander professionele gesondheidsorgwerker vir advies.**

Indien enige van die volgende plaasvind, staak gebruik van **ULTIMA PASSION** en vertel onmiddelik vir jou dokter; of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Swelling van jou hande, voete, enkels, gesig, mond of keel, wat probeer met insluk en asemhaling kan veroorsaak.
- Uitslag of jeuk.
- Flou word.
- Vergeling van jou vel en oë, Geelsug ook genoem.

Hierdie is baie ernstige newe-effekte. As jy enige simptome het, is dit dalk 'n allergiese reaksie. Jy kan dalk dringende mediese aandag of hospitalisasie benodig.

Vertel jou dokter onmiddellik of gaan na die ongevalle-afdeling by jou naaste hospitaal as jy enige van die volgende ervaar:

- borspyn
- angina
- veranderinge in die manier waarop jou hart klop, byvoorbeeld, as jy voel dit klop vinniger
- moelike asemhaling,
- tekens van herhaalde infeksies soos koors of seer keel,
- minder urine as normaal,

Hierdie is die ernstige newe-effekte. Jy kan dalk dringende mediese aandag benodig.

Vertel jou dokter so gou as moontlik as jy enige van die volgende ervaar:

- naarheid (siek voel)
- maagkrampe of maag pyn,
- hoofpyn,
- duiseligheid,
- moegheid,
- lighoofdigheid,
- droë hoes,
- spiërkrampe,
- wierdigheid of wind,
- diarree,
- verlies van eeltus.

As jy enige newe-effekte ervaar wat nie in hierdie pamflet genoem is nie, raadpleeg asseblief jou dokter of apteker.

**6. DIE STOOR EN BERGING VAN ADVIES PASSION**

- Berê op of onder 25°C.
- Moet nie uit die buitenste box verwyder totdat dit benodig word nie.
- BERÊ ALLE MEDISYNE BUITE BEREIK VAN KINDERS.**
- Moet nie na die vervaldatum, wat op die etiket of karton gedruk is, gebruik nie.
- Gee alle ongebruikte medisyne na u apteker.
- Moet nie ontslae raak van ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) nie.

**7. AANBIEDING VAN ULTIMA PASSION**  
Box met 175ml vitamien bottel met swart skroefdoop – bevat 60 tablette.

**8. IDENTIFIKASIE VAN ULTIMA PASSION**  
Lig bruin ronde tablette. Te danke aan die bestanddele, kan die tablet kleur wissel.

**9. REGISTRASIE NOMMER**  
Moet toegeken word deur die Raad.

**10. NAAM EN ADRES VAN DIE REGISTRASIEHOUER**  
P2Life (Pty) Ltd.  
Posbus 30043, Tokai, 7966

**11. DATUM VAN PUBLIKASIE**  
Moet toegeken word deur die Raad.

## PRODUKINLIGTINGSBLAADJIE

**Dissipline:** Wes Herbal Medisyne

**ULTIMA PASSION** is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel om te diagnoseer, te behandel, genes of enige siekte te voorkom nie. Dit wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.

**SKEDULERINGSSTATUS:**

Moet toegeken word deur die Raad.

**EIENDOMSNAAM, STERKTE EN FARMASEUTIESE VORM**  
**ULTIMA PASSION** (tablette)

**SAMESTELLING:**  
**Aktiewe Bestanddele:**  
**Eke tablet bevat:** 37,5 mg avena sativa, 50 mg eleutherococcus ekstrak, 247.50 µg foliensuur, 5 mg ginkgo biloba ekstrak, 25 mg l-arginine, 12,45 µg methylcobalamin (vitamien B12), 37,5 mg muira puama, 12,45 mg niasien (vitamien B3), 10 mg pantothenaat (vitamien B5), 3,125 mg passionflower ekstrak, 5 mg piridoksien (vitamien B6), 113,64 mg rhodiola rosea, 1,8 mg riboflaven (vitamien B2), 100 µg selenium, 7,5 mg sink, 1,5 mg tiamien (vitamien B1), 37,5 mg tribulus terrestris en 9 mg yster. **Ontaktiewe bestanddele:** silikondioksied, magnesium stearaat en sorbitol.

**FARMAKOLOGIESE KLASSIFIKASIE**  
D32.16 Änder

**FARMAKOLOGIESE WERKING**  
***Avena Sativa Ekstrak:*** Beweer om die vrystelling van testosteroon te stimuleer van sy "gebinde" staat en daardeur die testosteroon vlakke te verhoog. (Dr Jonathan Wright Life Enhancement. Julie 1999: 4-13). Dr. Jonathan Wright erken dat geen kliniese studies nog nie gedoen nie om te bevestig dat avena sativa wel testosteroon vlakke verhoog. Uit sy eie kliniese waarnemings, het hy opgemerk dat 'n paar manne in hul 20s en 30s wat lae testosteroonvlakke het vir hul ouderdom, het verhoogde testosteroon vlakke na die gebruik van avena sativa ervaar.

***Eleutherococcus (Siberiese Ginseng):*** Gebruik in kruid medisyne om algemene swakheid te help verlig. (Bradley 2006; ESCOP 2003 Blumenthal et al 2000;. Mills en Bone 2000). Gebruik in kruid medisyne te help geestelike en/of fisiese prestasie na tydperke van geestelike en/of fisiese inspanning verbeter (Bradley 2006; ESCOP 2003 Hoffmann 2003; Mills en been 2000). (Gevolge van Adaptogens op die sentrale senuweestelsel en die molekulêre meganismes in verband met hul Stres beskermende aktiwiteit Alexander Panossian \* en Georg Wikman Sweedse Herbal Insituitu Research & Development, Spårvägen 2, SE-432 96 Åskloster, Swede)

***Ginkgo Biloba Ekstrak:*** Help om kognitiewe funksie in volwassenes te verbeter (Cieza et al. 2003, Santos et al. 2003, Mix and Crews 2002, Stough et al. 2001, Kennedy et al. 2000, Mix and Crews 2000) Help om geheue in volwassenes te verbeter (Santos et al. 2003, Stough et al. 2001, Kennedy et al. 2000, Mix and Crews 2000) Help om perifere sirkulasie te ondersteun (Boelsma et al. 2004, Mehlsen et al. 2002, Pittler and Ernst 2000) ***L-Arginine:*** Kan help om in oefening kapasiteit in individue met stabiele kardiovaskulêre siektes te ondersteun en verbeter.(CVD) (Doutrelau et al 2010; Doutrelau et al 2006; Lim et al 2004; Palloshi et al 2004; Bode- Böger et al 2003; Lekakis et al 2002; et al Sydow 2002; Nagaya et al 2001; Bednarz et al 2000; Hambrecht et al 2000; Lerman et al 1998; Adams et al 1997; Ceremuzynski et al 1997; Clarkson. et al 1996; rektor et al 1996). L-Arginine is 'n nie-essensiële aminosuur wat betrokke in proteïensintese is(Shils et al 2006;. IOM 2005; Groff en Gropper 2000).

***Muira Puama:*** Mag seksuele begeerte verbeter (dws libido te verbeter.) (Murray, M. Yohimbine teen Muira puama in die behandeling van erektele disfunksie. American Journal of Natural Medicine. November 1994). Mag manlike seksuele prestasie verbeter. (Engels, J. A natuurlike benadering tot die verbetering van seksuele libido en prestasie. Vitamien Navorsing Nuus. 16 (9), 2002) ***Passionflower Extract:*** Tradisioneel gebruik in kruid medisyne as 'n slaap steun (in gevalle van onrus of slapeloosheid as gevolg van geestelike spanning) (EMA 2007)

***Rhodiola Rosea Ekstrak:*** Gebruik in 'herbal' medisyne as 'n adaptogen vir tydelike verligting van simptome van stres (soos geestelike moegheid en gevoel van swakheid) te help. (EMA 2012a; Olsson et al. 2009; Winston and Maimes 2007; Pizzorno and Murray 2006; Hoffman 2003). Gebruik in 'herbal' medisyne om kognitiewe funksie (soos geestelike fokus en geestelike stamina) te help ondersteun. (Olsson et al. 2009; Winston and Maimes 2007). Bied antioksidante aan(Skarpanska-Stejnborn et al. 2009; Winston and Maimes 2007; Kim et al. 2006). (Gevolge van Adaptogens op die sentrale senuweestelsel en die molekulêre meganismes in verband met hul Stres beskermende aktiwiteit Alexander Panossian \* en Georg Wikman Sweedse Herbal Instituut Research & Development, Spårvägen 2, SE-432 96 Åskloster, Swede)

***Tribulus Terrestris:*** Tradisioneel gebruik in Ayurveda as Vrsya (aphrodisiac) vir mans (Paranjpe 2005; API 2001). Tribulus terrestris is bespiegel om manlike seksuele prestasie te verbeter en die verbetering van seksuele begeerte (in beide mans en vroue) (as gevolg van sy (bespiegel) vermoë om die liggaam se endogene produksie van Luteïniserend hormoon (LH)te verhoog, wat op sy beurt endogene Testosteroon produksie stimuleer (wat seksuele prestasie verhoog)(Engels, J. A natuurlike benadering tot die verbetering van seksuele libido en prestasie. Vitamien Navorsing Nuus. 16 (9), 2002) ***Vitamiene B1, B2, B3, B5, B6, B12 & D3:*** Faktore in die handhawing van goeie gesondheid (IOM 2006; IOM 1998).

### INDIKASIES

**ULTIMA PASSION** is 'n natuurlike formule vir beide mans en vroue. Dit bevat kruid en voedingstowwe wat kan met seksuele bewustheid, reaksie, fisiese uithouvermoë, geestelike orde help en kan dalk help om jou prestasie te verbeter.

### KONTRA-INDIKASIES

Hipersensitieweit vir enige van die bestanddele van **ULTIMA PASSION** (sien SAMESTELLING).

As jy geïrriteerdheid of slapeloosheid ervaar, staak gebruik. (Pizzorno and Murray 2006; Kelly 2001).

Gebruik met versigtigheid as jy hoë bloeddruk het (Barnes et al 2007;. Brinker 2001 Blumenthal et al 2000;. Mills en been 2000; McGuffin et al 1997).

As jy antidepressant medikasie neem, raadpleeg 'n gesondheidsorg praktisyen voor gebruik (Iovieno et al 2011;. Olsson et al 2009;. Brown et al 2002.).

As jy hormoonvervangingsterapie (HVT) of geboorte beheer pille neem, raadpleeg 'n gesondheidsorg praktisyen voor gebruik (HK 2013; Brown et al 2002.).

As jy bipolêre versteruing of bipolêre spektrum versteruing het, moet nie hierdie produk gebruik nie. (Iovieno et al. 2011; Winston and Maimes 2007; Brown et al. 2002).

Ginkgo Biloba kan bloedstolling verswak. Ibuprofen kan ook bloedstolling verswak. Om ginkgo en ibuprofen te neem kan dalk bloedstolling baie verswak en verhoog die kans van kneusings en bloeding. Om ginkgo saam met bloedstolling medikasie te neem kan dalk die kans van kneusing en bloeding verhoog. Moet nie gebruik as jy enige gesondheidsorg produkte wat 'n invloed op bloedstolling het nie (bv. bloed verdunner, stollingsfaktor plaasvervangers, asetielsalisielsuur, ibuprofen, vis oils, vitamien E), want dit kan die risiko van spontane bloeding dalk verhoog. (Brinker 2009, Bent et al.2005). Sommige medikasie wat bloedstolling verswak sluit aspirien, Clopidogrel (Plavix), diklofenak (Voltaren, Cataflam, ander), ibuprofen (Advil, Motrin, ander), Naproxen (Anaprox, Naprosyn, ander), dalteparin (Fragmin), enoxaparin (Lovenox), heparien, warfarin (Coumadin), en ander in. Ginkgo kan dalk die uiteensetting van medikasie in die lewer verminder. Om ginkgo saam met sommige medikasie wat deur die lewer verander word te neem, kan dalk die effekte en newe-effekte van sommige medikasie verhoog. Voor jy ginkgo neem praat met jou gesondheidsorgverskaffer indien jy enige medikasie wat deur die lewer verander word neem.

**WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS**

**ULTIMA PASSION** moet twee weke voor enige operasie gestaak word.

Ginkgo biloba moet net onder mediese toesig gebruik word in individue wat aan epilepsie, diabetes of bloeding versteruings ly. Hipersensitieweit/allergieë vir Tribulus terrestris is bekend (Bensky et al 2004); in welke geval, staak gebruik.

Diuretiese effek mag voorkom as gevolg van Tribulus terrestris.

**ULTIMA PASSION** kan dalk met die vermoë om te slaap inmeng. Aanpassing in die dosis kan nodig wees.

Hierdie produk wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.

Pasiënte wat voorskrif medisyne neem, ly aan enige chroniese mediese toestand of swanger is of borsvoed, moet 'n mediese praktisyen voordat

**ULTIMA PASSION** gebruik word, raadpleeg.

Pasiënte moet ingelig word om nie die aanbevole daaglikse dosis te oorskry nie. Pasiënte moet ingelig word om spesiale sorg te neem as ander aanvullings gebruik word, aangesien hierdie aanvullings kan dalk dieselfde bestanddele bevat.

**Moenie die aanbevole dosis oorskry nie.**

**Uitwerking op die vermoë om te bestuur en masjinerie te werk:**

Pasiënte behoort nie 'n voertuig te bestuur nie of met masjinerie te werk nie, voordat die gevolge van **ULTIMA PASSION** bekend is.

**INTERAKSIES**  
**ULTIMA PASSION** mag interaksie met voorskrif medisyne of ander aanvullings hê.

Gebruik met versigtigheid as jy hoë bloeddruk het (Barnes et al 2007;. Brinker 2001 Blumenthal et al 2000;. Mills en Bone 2000;. McGuffin et al 1997).

As jy antidepressant medikasie neem, raadpleeg 'n gesondheidsorg praktisyen voor gebruik (Iovieno et al 2011;. Olsson et al 2009;. Brown et al 2002.).

As jy hormoonvervangingsterapie (HVT) of geboorte beheer pille neem, raadpleeg 'n gesondheidsorg praktisyen voor gebruik (HK 2013; Brown et al 2002.).

As jy bipolêre versteruing of bipolêre spektrum versteruing het, moet nie hierdie produk gebruik nie. (Iovieno et al. 2011; Winston and Maimes 2007; Brown et al. 2002).

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Ginkgo Biloba kan bloedstolling verswak. Ibuprofen kan ook bloedstolling verswak. Om ginkgo en ibuprofen te neem kan dalk bloedstolling baie verswak en verhoog die kans van kneusings en bloeding. Om ginkgo saam met bloedstolling medikasie te neem kan dalk die kans van kneusing en bloeding verhoog. Sommige medikasie wat bloedstolling verswak sluit aspirien, Clopidogrel (Plavix), diklofenak

(Voltaren, Cataflam, ander), ibuprofen (Advil, Motrin, ander), Naproxen (Anaprox, Naprosyn, ander), dalteparin (Fragmin), enoxaparin (Lovenox), heparien, warfarin (Coumadin), en ander in. Ginkgo kan dalk die uiteensetting van medikasie in die lewer verminder. Om ginkgo saam met sommige medikasie wat deur die lewer verander word te neem, kan dalk die effekte en newe-effekte van sommige medikasie verhoog. Voor jy ginkgo neem praat met jou gesondheidsorgverskaffer indien jy enige medikasie wat deur die lewer verander word neem.

Geen ander interaksie studies is uitgevoer nie.

### SWANGERSKAP EN LAKTASIE

Veiligheid tydens swangerskap en laktasie is nie vasgestel nie.

Moet nie neem nie as jy swanger is of as jy borsvoed.

**DOSIS EN GEBRUIKSAANWYSINGS:**  
Dosis kan tussen pasiënte wissel en hang af van jou leefstyl, stres vlak en ouderdom.

**Vir Algehele Libido Gesondheid:** Vir die eerste week, neem 1 tablet daaglik, daarna neem 1 tot 2 tablette daaglik. **Vir Verhoogde Reaksie, Geestelike en Fisiese Stamina:** Neem 1 of 2 bykomende tablette indien nodig. Daarna neem 1 bykomende tablet per 20-25 kg liggaamsgewig vir elke uur van passievolle aktiwiteite.

**Maksimum Dosis:** 10 Tablette is die maksimum dosis in 'n 24-uur-tydperk. Toenemende bo dit sal nie die voordele verhoog nie, en kan jou vermoë om te slaap benadeel.

**Moenie die aanbevole dosis oorskry nie.**

Dosis moet verminder word of vroeër in die dag geneem word as **ULTIMA PASSION** met slaap patrone inmeng.

### NEWE-EFFEKTE

**Infeksies en infestasies:** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Neoplasmas benigne en maligne (insluitend siste en poliepe)** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Bloed en die limfatiese stelsel** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Immuunstelsel versteruings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Endokriene afwykings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Metabolisme en voeding** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Endokriene afwykings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Psigiatriese versteruings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Senusisteamversteruings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Oogversteruings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Oor en labirint versteruings** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Hartsiektes** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Vaskulêre toestande** Frekwensie onbekend: Avena Sativa, Tribulus Terrestris & Muira Puama Ekstrak Frekwensie onbekend: Eleutherococcus & Rhodiola Rosea Ekstrak Frekwensie onbekend: Ginkgo Biloba & Passionflower Ekstrak Frekwensie onbekend: L-Arginine Frekwensie onbekend: Vitamiene B1, B2, B3, B5, B6, B12 en Foliensuur

**Respiratoriese, torakale en mediastinale versteruings**