

# ULTIMA ANTI-AGEING

## PATIENT INFORMATION LEAFLET

<b>Discipline:</b> Western Herbal Medicine
--

**ULTIMA ANTI-AGEING has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any disease. It does not purport to be a medicine and makes no claims whatsoever.**

#### SCHEDULING STATUS

To be allocated by Council.

**PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM**  
**ULTIMA ANTI-AGEING** (capsules)

**Please read this leaflet carefully before you start taking ULTIMA ANTI-AGEING**
**ULTIMA ANTI-AGEING** is available without a doctor’s prescription, for you to treat mild illness. Nevertheless you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **ULTIMA ANTI-AGEING** with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 10 days.

#### 1. WHAT ULTIMA ANTI-AGEING CONTAINS

**The active ingredients per capsule are:** 50 mg alpha lipoic acid, 149.5 mg ascorbic acid (vitamin C), 500 µg astaxanthin, 5 mg bioflavonoids, 7.5 mg co-enzyme Q10, 2 mg copper sulphate, 247.50 µg folic acid, 37.5 mg grape seed extract (95 % proanthocyanadins), 30 mg green tea extract (95 % polyphenols), 2,5 mg lutein, 2,5 mg lycopene, 12,45 mg pantothenic acid, 2,5 mg pyridoxine (vitamin B6), 25 mg quercetin, 50 mg resveratrol extract, 2,25 mg riboflavin (vitamin B2), 5 mg schisandra chinensis extract, 50 µg selenium, 5 mg thiamine (vitamin B1), 9,5 mg tocopherols (vitamin E), 25 mg turmeric extract (95% curcumanoids), 125 µg vitamin A, 250 µg zeaxanthin, 18,75 mg zinc oxide.
The inactive ingredients are magnesium stearate, microcrystalline cellulose, sorbitol and slyloid.

#### 2. WHAT ULTIMA ANTI-AGEING IS USED FOR

**ULTIMA ANTI-AGEING** is used as a powerful anti-oxidant to help protect the cells.

#### 3. BEFORE YOU TAKE ULTIMA ANTI-AGEING

**Do not take ULTIMA ANTI-AGEING:**

If you are hypersensitive (allergic) to any of the ingredients in it (see **WHAT ULTIMA ANTI-AGEING CONTAINS**).

**Take special care with ULTIMA ANTI-AGEING:**

If you are having trouble sleeping while taking **ULTIMA ANTI-AGEING**. You may need to take less **ULTIMA ANTI-AGEING**, or take your dosage earlier.

If you suffer from any chronic medical condition. Please contact your doctor before you start taking **ULTIMA ANTI-AGEING**.

If you are also taking other supplements (see Taking other medicines with **ULTIMA ANTI-AGEING**.)

- If you are pregnant or breastfeeding (see Pregnancy and breastfeeding).

**Taking ULTIMA ANTI-AGEING with food or drink:**

It can be taken with food.

#### Pregnancy and breastfeeding:

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or healthcare professional for advice before taking it.

#### Driving and using machinery:

**ULTIMA ANTI-AGEING** may impair your ability to drive a vehicle and use machinery. Do not drive a vehicle, operate machinery, or do anything else that requires your attention until you know how **ULTIMA ANTI-AGEING** affects you.

**Taking other medicines with ULTIMA ANTI-AGEING:**

Always tell your healthcare professional if you are taking any other medicine (this includes complementary or traditional medicines). \*See contra Indications on package insert provided.

The following medicines may cause an interaction when used in combination with **ULTIMA ANTI-AGEING**:

- No known medication

#### 4. HOW TO TAKE ULTIMA ANTI-AGEING

Dosage may vary between patients and depends on your lifestyle, stress level, age.

**Adults and Teenagers (13 and over):**
**2 capsules daily**, 1 in the morning and 1 in the evening, ideally with meals.

**Children (8-12): 1 capsule daily**, first thing in the morning with breakfast.

#### Do not exceed the recommended dose.

You can reduce your dose or take your dose earlier in the day if it is interfering with your sleep.

If you have the impression that the effect is too strong or too weak, talk to your doctor or pharmacist.

**If you take more ULTIMA ANTI-AGEING than you should:**

In the event of over-dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre. Take this leaflet and the rest of the remaining capsules with you so the doctor will know what you have taken.

**If you forget to take ULTIMA ANTI-AGEING:**
If you have missed your dose by only a few hours, take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take it at the next regularly scheduled time. Do not take a double dose to make up for forgotten individual doses.

#### 5. POSSIBLE SIDE EFFECTS

**ULTIMA ANTI-AGEING** can have side effects. **Not all side effects reported for ULTIMA ANTI-AGEING are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking it, please consult your doctor, pharmacist or other healthcare professional for advice.**

If any of the following happens, stop taking **ULTIMA ANTI-AGEING** and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of your hands, feet, ankles, face, mouth or throat, which may cause difficulty in swallowing or breathing.
- Rash or itching.
- Fainting.
- Yellowing of your skin and eyes, also called jaundice.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to **ULTIMA ANTI-AGEING**. You may need urgent medical attention or hospitalisation.

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- chest pain
- angina
- changes in the way your heart beats, for example, if you notice it beating faster,
- difficulty breathing,
- signs of recurrent infections such as fever or sore throat,
- less urine than is normal for you,

These are all serious side effects. You may need urgent medical attention.

Tell your doctor as soon as possible if you notice any of the following:

- nausea (feeling sick)
- abdominal cramps or stomach pains,
- headache,
- dizziness,
- tiredness,
- light-headedness,
- dry cough,
- muscle cramps,
- flatulence or wind,
- diarrhoea,
- loss of appetite.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

#### 6. STORING AND DISPOSING OF ULTIMA ANTI-AGEING

- Store at or below 25°C.
- Do not remove from outer carton until required for use.
- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.**
- Do not use after the expiry date printed on the label or carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

#### 7. PRESENTATION OF ULTIMA ANTI-AGEING

175 ml vitamin bottle with black screw cap. Bottle containing 60 capsules is packed in an outer container.

#### 8. IDENTIFICATION OF ULTIMA ANTI-AGEING

Beige powder in clear capsule.

#### 9. REGISTRATION NUMBER

To be allocated by Council.

**10. NAME AND ADDRESS OF THE REGISTRATION HOLDER**  
P2Llife (Pty) Ltd.  
P.O. Box 30043  
Tokai, 7966

#### 11. DATE OF PUBLICATION

To be allocated by Council.

## PRODUCT INFORMATION LEAFLET

**Discipline:** Western Herbal Medicine

**ULTIMA ANTI-AGEING has not been evaluated by the Medicines Control Council. ULTIMA ANTI-AGEING is not intended to diagnose, treat, cure or prevent any disease.**

#### SCHEDULING STATUS

To be allocated by Council.

**PROPRIETARY NAME AND DOSAGE FORM**  
**ULTIMA ANTI-AGEING** (capsules)

#### COMPOSITION

**Active ingredients:**
**The active ingredients per capsule are:** 50 mg alpha lipoic acid, 149.5 mg ascorbic acid (vitamin C), 500 µg astaxanthin, 5 mg bioflavonoids, 7,5 mg co-enzyme Q10, 2 mg copper sulphate, 247.50 µg folic acid, 37.5 mg grape seed extract (95 % proanthocyanadins), 30 mg green tea extract (95 % polyphenols), 2,5 mg lutein, 2,5 mg lycopene, 12,45 mg pantothenic acid, 2,5 mg pyridoxine (vitamin B6), 25 mg quercetin, 50 mg resveratrol extract, 2,25 mg riboflavin (vitamin B2), 5 mg schisandra chinensis extract, 50 µg selenium, 5 mg thiamine (vitamin B1), 9,5 mg tocopherols (vitamin E), 25 mg turmeric extract (95% curcumanoids), 125 µg vitamin A, 250 µg zeaxanthin, 18,75 mg zinc oxide.
The inactive ingredients are magnesium stearate, microcrystalline cellulose, sorbitol and slyoid.

**PHARMACOLOGICAL CLASSIFICATION**  
D 32.16 Other

#### PHARMACOLOGICAL ACTION

*Alpha Lipoic Acid:* Lipoic acid supplementation helps to retard the ageing process by exerting antioxidant, protective effects within the brain and by preserving the mitochondria of cells. (Brown, D. Lipoic acid: rejuvenate your antioxidants. Life Enhancement. February 1999:21–22.)
*Vitamin E* may enhance Lipoic Acid’s Antioxidant properties.
*Folic Acid:* Factors in the maintenance of good health (IOM 2006; IOM 1998).
*Grape Seed Extract:* Source of antioxidants for the maintenance of good health (Sano et al. 2007, Natella et al. 2002, Bagchi et al. 2000, Bagchi et al. 1998) Helps to relieve symptoms related to non-complicated chronic venous insufficiency (CVI), such as sensation of swelling, heaviness and tingling of the

legs (Henriet 1993, Henriet 1988, Thébaut et al. 1985, Delacroix 1981, Sarrat 1981)
*Green Tea Extract:* Source of antioxidants for the maintenance of good health (Camargo et al. 2006; Coimbra et al. 2006; Henning et al. 2004; Nakagawa et al. 1999; Van het Hof et al. 1997)
*Quercetin:* An antioxidant (Merck 2012; Martindale 2011; Murray and Bongiorno 2006; Harborne et al. 1999).Used in Herbal Medicine as a capillary/ blood vessel protectant (Merck 2012; Martindale 2011 ; PDR 2008; Murray and Bongiorno 2006; Harborne et al. 1999).

*Resveratrol Extract:* Provides antioxidants (Ghanim et al. 2010; Rocha et al. 2009).
*Turmeric Extract:* Provides antioxidants for the maintenance of good health. (ESCOF 2003, Blumenthal M et al. 2000, Mills and Bone 2000) Used in Herbal Medicine to help relieve joint inflammation. (Mills and Bone 2000, Deodhar et al. 1980)
*Vitamins B1, B2, B3, B5, B6 and B12:* Factors in the maintenance of good health (IOM 2006; IOM 1998).

*Vitamin E:* Vitamin E may enhance Lipoic Acid’s Antioxidant properties. Factors in the maintenance of good health (IOM 2006; IOM 1998).

*Vitamin C:* An antioxidant (IOM 2006; Shils et al. 2006; Groff and Gropper 2000; IOM 2000) for the maintenance of good health.

#### INDICATIONS

**ULTIMA ANTI-AGEING** contains important anti-oxidant nutrients, providing you with the very best protection against free radicals and other toxins.

#### CONTRAINDICATIONS

Hypersensitivity to any of the ingredients of **ULTIMA ANTI-AGEING** (see **COMPOSITION**). The following medicines may cause a contra indication when used in combination with **ULTIMA ANTI-AGEING**:

- No known medication

**WARNINGS AND SPECIAL PRECAUTIONS**
**ULTIMA ANTI-AGEING** may interfere with the ability to fall asleep. Dosage adjustment may be required.

This product does not purport to be a medicine and makes no claims whatsoever. Patients who are taking prescription medicine, suffering from any chronic medical condition or are pregnant or lactating, must consult a medical practitioner before taking **ULTIMA ANTI-AGEING**. Patients should be advised not to exceed the recommended daily dose. Patients should be advised to take special care if taking other supplements, since these supplements may contain the same ingredients.

Consult a health care practitioner prior to use if you are taking antiplatelet medication or blood thinners (Mills and Bone 2005, Brinker 2001)

Consult a health care practitioner prior to use if you have gallstones or a bile duct obstruction. (ESCOF 2003, Brinker 2001, McGuffin et al. 1997)

Consult a health care practitioner prior to use if you have stomach ulcers or excess stomach acid. (Brinker 2001, McGuffin et al. 1997)

Consult a health care practitioner prior to use if you have an iron deficiency (Cooper et al. 2006; Nelson and Poulter 2004; Zipj et al. 2000).

#### Do not exceed the recommended dosage.

**Effects on ability to drive and operate machines:**
Patients should not drive a vehicle or operate machinery until the effects of **ULTIMA ANTI-AGEING** are known.

#### INTERACTIONS

**ULTIMA ANTI-AGEING** may interact with prescription medicine or other supplements. The following medicines may cause an interaction when used in combination with **ULTIMA ANTI-AGEING**:

- No known medication

**PREGNANCY AND LACTATION**
Safety in pregnancy and lactation has not been established. Do not take if you are pregnant or breast-feeding.

**DOSAGE AND DIRECTIONS FOR USE**
Dosage may vary between patients and depends on your lifestyle, stress level, and age.

**Adults and Teenagers (13 and over):**
**2 capsules daily**, 1 in the morning and 1 in the evening, ideally with meals.

**Children (8-12): 1 capsule daily**, first thing in the morning with breakfast.

#### Do not exceed the recommended dosage.

Dosage should be reduced or taken earlier in the day if **ULTIMA ANTI-AGEING** interferes with sleep patterns.

#### SIDE EFFECTS

**Infections and infestations:**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Neoplasms benign and malignant (including cysts and polyps)**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Blood and the lymphatic system disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Immune system disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Endocrine disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Metabolism and nutrition disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Psychiatric disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Nervous system disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Eye disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Ear and labyrinth disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Cardiac disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Vascular disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Respiratory, thoracic and mediastinal disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Gastrointestinal disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Hepatobiliary disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Skin and subcutaneous tissue disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Musculoskeletal, connective tissue and bone disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Renal and urinary disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Pregnancy, puerperium and perinatal conditions**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Reproductive system and breast disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Congenital and familial/genetic disorders**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**General disorders and administrative site conditions**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**Investigations**
Frequency unknown: Alpha Lipoic Acid
Frequency unknown: Bioflavonoids, Co-Enzyme Q10, Lutein, Lycopene,
Frequency unknown: Grape Seed Extract, Green Tea Extract,
Frequency unknown: Quercetin, Schisandra Chinensis Extract
Frequency unknown: Resveratrol Extract, Turmeric Extract
Frequency unknown: Vitamins A, B1, B2, B5, B6, C, E & Folic Acid

**KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF ITS TREATMENT**
Treatment is symptomatic and supportive.

**IDENTIFICATION**  
Beige powder in clear capsule.

**PRESENTATION**  
175 ml vitamin bottle with black screw cap. Bottle containing 60 capsules is packed in an outer container.

**STORAGE INSTRUCTIONS**  
Store at or below 25 °C.

#### KEEP OUT OF REACH OF CHILDREN.

**REGISTRATION NUMBER**  
To be allocated by Council.

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION**  
P2Llife (Pty) Ltd.  
P.O. Box 30043  
Tokai, 7966

**DATE OF PUBLICATION OF PACKAGE INSERT**  
To be allocated by Council.

# ULTIMA ANTI-AGEING

## PASIËNTINLIGTINGSBLAADJIE

**Dissipline:** Wes Herbal Medisyne

**ULTIMA ANTI-AGEING is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel om te diagnoseer, te behandel, genes of enige siektes te voorkom nie. Dit wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.**

**SKEDULERINGSTATUS:**

Moet toegeken word deur die Raad.

**EIENDOMSNAAM, STERKTE EN FARMASEUTIESE VORM**  
**ULTIMA ANTI-AGEING** (kapsules)

**Lees asseblief hierdie pamflet sorgvuldig voordat jy ULTIMA ANTI-AGEING begin neem.**

**ULTIMA ANTI-AGEING** is beskikbaar sonder 'n voorskrif, om ligte siekte te behandel. Tog is dit nog nodig om dit versigtig te gebruik om die beste resultate te bekom.

- Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- Moenie **ULTIMA ANTI AGEING** met enige ander persoon deel nie.
- Vra jou apteker indien jy meer inligting of advies nodig het.
- Jy moet 'n dokter sien as jou simptome vererger of nie na (10) dae verbeter nie.

### 1. WAT BEVAT ULTIMA ANTI-AGEING

Die aktiewe bestanddele in elke kapsel is 50 mg alpha liponzuur, 149.5 mg askorbiensuur (vitamien C), 500 µg astaxanthin, 5 mg bioflavanoids, 25 mg borrie ekstrak (95% curcumanoids), 37,5 mg druiwe saad ekstrak (95% proanthocyanidinen), 247.50 µg foliensuur, 30 mg groen tee ekstrak (95% polifenole), 7,5 mg ko-ensiem Q10, 2 mg kopersulfaat, 2,5 mg likopeen, 2,5 mg lutein, 12,45 mg pantoteensuur (vitamien B5), 2,5 mg piridoksien (vitamien B6), 25 mg quercetin, 50 mg resveratrol ekstrak, 2,25 mg riboflaviën (vitamien B2), 5 mg schinsandra chinensis ekstrak, 50 µg selenium, 18,75 mg sink, 5 mg tiamien (vitamien B1), 9,5 mg tocopherols (vitamien E), 250 ug vitamien A, 250 µg zeaxanthin.
Die onaktiewe bestanddele in elke kapsel is magnesium stearaat, mikrokristallyne sellulose, sorbitol en syloid.

**2. WAT WORD ULTIMA ANTI-AGEING GEBRUIK VIR**  
**ULTIMA ANTI AGEING** word as 'n kragtige antioksidant gebruik om selle te beskerm.

**3. VOOR JY ULTIMA ANTI-AGEING NEM**  
**Moenie ULTIMA ANTI-AGEING neem:**

- As jy hipersensitief (allergies) aan enige van die bestanddele is nie ( Sien **WAT BEVAT ULTIMA ANTI-AGEING**)
- Neem spesiale sorg met ULTIMA ANTI-AGEING:**
  - As jy probleme het met slaap tervyl jy **ULTIMA ANTI-AGEING** neem, moet jy dalk minder **ULTIMA ANTI-AGEING** neem, of jou dosis vroeër in die dag neem.
  - As jy aan enige chroniese mediese toestand ly. Kontak asseblief jou dokter voordat jy die produk begin neem.
  - As jy ander aanvullings ook neem (sien Om ander medisyne met **ULTIMA ANTI-AGEING** te neem).
  - As jy swanger is of borsvoed (sien **Swanger en Borsvoeding**).

**Neem ULTIMA ANTI-AGEING met kos of drank:**  
Dit kan met kos geneem word.

**Swangerskap en borsvoeding:**

As jy swanger is of jy jou baba borsvoed, raadpleeg jou dokter, apteker of gesondheidsorg professionele vir advies voordat jy die produk neem.

**Ry en die gebruik van masjinerie:**

**ULTIMA ANTI-AGEING** kan jou vermoë om 'n voertuig te bestuur en gebruik van masjinerie benadeel. Moet nie 'n voertuig bestuur, masjinerie bedryf, of enigiets anders wat jou aandag vereis doen nie, totdat jy weet hoe **ULTIMA ANTI-AGEING** jou raak.

**Om ander medisyne met ULTIMA ANTI-AGEING te neem:**

Vertel altyd vir jou gesondheidsorg professionele as jy enige ander medisyne neem (dit sluit komplementêre of tradisionele medisyne ook in).
\* Sien Kontra-indikasies op voubljief verskaf.

**4. HOE OM ULTIMA ANTI-AGEING TE NEM**  
Dosis kan tussen pasiënte wissel en hang af van jou leefstyl, stres vlak en ouderdom.

**Volwassenes en Tieners (13 en ouer):**  
**2 kapsule daaglik**, 1 in die oggend en 1 in die aand, verkielik met maaltye.
**Kinders (8-12): 1 Kapsel daaglik**, eerste ding elke oggend met ontbyt.

**Moenie die aanbevole dosis oorskry nie.**

As jy die indruk kry dat die effek te sterk of te swak is, praat met jou dokter of apteker.

**As jy te veel ULTIMA ANTI-AGEING neem**
In die geval van 'n oordosis, raadpleeg jou dokter of apteker. Indien nie beskikbaar nie, kontak die naaste hospitaal of gif sentrum.
Neem hierdie pamflet en die res van die oorlywende kapsules met jou saam, sodat die dokter weet wat jy geneem het.

**As jy vergeet om ULTIMA ANTI-AGEING te neem:**

As jy jou dosis deur slegs 'n paar uur gemis het, neem die dosis so gou as wat jy onthou. As dit amper tyd vir jou volgende dosis is, moet nie die vergete dosis neem nie.
Neem dit by die volgende gereelde geskeduleerde tyd. Moenie 'n dubbele dosis neem om op te maak vir die vergete dosis nie.

**5. MOONTLIKE NEWE-EFFEKTE**  
**ULTIMA ANTI-AGEING** kan dalk *newe-effekte* hê. **Nie alle *newe-effekte* vir ULTIMA ANTI-AGEING is in hierdie pamflet ingesluit nie.**
**Indien u algemene gesondheid versleg of indien u enige ongewenste effekte ervaar, terwyl jy die produk neem, raadpleeg jou dokter, apteker of ander professionele gesondheidsorgwerker vir advies.**

Indien enige van die volgende plaasvind, staak gebruik van **ULTIMA ANTI-AGEING** en vertel onmiddelik vir jou dokter; of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Swelling van jou hande, voete, enkels, gesig, mond of keel, wat probleme met insluk en asemhaling kan veroorsaak.
- Uitslag of jeuk.
- Flou word.
- Vergeling van jou vel en oë. Geelsug ook genoem.

Hierdie is baie ernstige *newe-effekte*. As jy enige simptome het, is dit dalk 'n allergiese reaksie. Jy kan dalk dringende mediese aandag of hospitalisasie benodig.

Vertel jou dokter onmiddellik of gaan na die ongevalle-afdeling by jou naaste hospitaal as jy enige van die volgende ervaar:

- borspyn
- angina
- veranderinge in die manier waarop jou hart klop, byvoorbeeld, as jy voel dit klop vinniger
- moeilike asemhaling,
- tekens van herhaalde infeksies soos koors of seer keel,
- minder urine as normaal,

Hierdie is die ernstige *newe-effekte*. Jy kan dalk dringende mediese aandag benodig.

Vertel jou dokter so gou as moontlik as jy enige van die volgende ervaar:

- naarheid (siek voel)
- maagkrampe of maag pyn,
- hoofpyn,
- duiseligheid,
- moegheid,
- lighoofdigheid,
- droë hoes,
- spierkrampe,
- winderigheid of wind,
- diarree,
- verlies van eetlus.

As jy enige *newe-effekte* ervaar wat nie in hierdie pamflet genoem is nie, raadpleeg asseblief jou dokter of apteker.

**6. DIE STOOR EN BERGING VAN ULTIMA ANTI-AGEING**

- Berê op of onder 25°C.
- Moet nie uit die buitenste box verwyder totdat dit benodig word nie.
- BERÊ ALLE MEDISYNE BUITE BEREIK VAN KINDERS.**
- Moet nie na die vervaldatum, wat op die etiket of karton gedruk is, gebruik nie.
- Gee alle ongebruikte medisyne na u apteker.
- Moet nie ontslae raak van ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) nie.

**7. AANBIEDING VAN ULTIMA ANTI-AGEING**  
Box met 175ml vitamien bottel met swart skroefdoop – bevat 60 kapsules.

**8. IDENTIFIKASIE VAN ULTIMA ANTI-AGEING**  
Beige poeier in kapsel.

**9. REGISTRASIE NOMMER**  
Moet toegeken word deur die Raad.

**10. NAAM EN ADRES VAN DIE REGISTRASIEHOUER**  
P2Life (Pty) Ltd.
Posbus 30043
Tokai, 7966

**11. DATUM VAN PUBLIKASIE**  
Moet toegeken word deur die Raad.

## PRODUKINLIGTINGSBLAADJIE

**Dissipline:** Wes Herbal Medisyne

**ULTIMA ANTI-AGEING is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel om te diagnoseer, te behandel, genes of enige siekte te voorkom nie. Dit wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.**

**SKEDULERINGSTATUS:**

Moet toegeken word deur die Raad.

**EIENDOMSNAAM, STERKTE EN FARMASEUTIESE VORM**  
**ULTIMA ANTI-AGEING** (kapsules)

**SAMESTELLING**

**Aktiewe Bestanddele:**

**Elke kapsel bevat:** 50 mg alpha liponzuur, 149.5 mg askorbiensuur (vitamien C), 500 µg astaxanthin, 5 mg bioflavanoids, 25 mg borrie ekstrak (95% curcumanoids), 37,5 mg druiwe saad ekstrak (95% proanthocyanidinen), 247.50 µg foliensuur, 30 mg groen tee ekstrak (95% polifenole), 7,5 mg ko-ensiem Q10, 2 mg kopersulfaat, 2,5 mg likopeen, 2,5 mg lutein, 12,45 mg pantoteensuur (vitamien B5), 2,5 mg piridoksien (vitamien B6), 25 mg quercetin, 50 mg resveratrol ekstrak, 2,25 mg riboflaviën (vitamien B2), 5 mg schinsandra chinensis ekstrak, 50 µg selenium, 18,75 mg sink, 5 mg tiamien (vitamien B1), 9,5 mg tocopherols (vitamien E), 250 ug vitamien A, 250 µg zeaxanthin.
Die onaktiewe bestanddele in elke kapsel is magnesium stearaat, mikrokristallyne sellulose, sorbitol en syloid.

**FARMAKOLOGIESE KLASSIFKASIE**  
D32.16 Ander

**FARMAKOLOGIESE WERKING**

**Alpha Liponzuur:** Liponzuur aanvullings help om die verouderingsproses van selle te vertraag (Brown, D. Liponzuur: Blaas jou antioksidante Life Enhancement Februarie 1999:21-22)
**Vitamien E** kan liponzuur se anti-oksidant eienskappe verbeter.
**Borrie Ekstrak:** Bied antioksidante vir die handhawing van goeie gesondheid. (ES COP 2003, Blumenthal M et al. 2000, Mills en Bone 2000)
In kruie medisyne gebruik om inflammasie van die gewrigte te help verlig. (Mills en Bone 2000 Deodhar et al. 1980)
**Druive Saad Ekstrak:** Bron van antioksidante vir die handhawing van goeie gesondheid (Sano et al. 2007 Natella et al. 2002 Bagchi et al. 2000 Bagchi et al. 1998)
Help simptome wat verwant aan nie-ingewikkelde chroniese veneuse ontoereikendheid (CVO), soos sensasie van swelling, bekommernis en jeuk van die bene (Henriet 1993, Henriet 1988, Thébaut et Delacroix 1981, SARRAT 1981 al. 1985) te verlig

**Foliensuur:** Faktore in die handhawing van goeie gesondheid (IOM 2006; IOM 1998).
**Groen Tee Ekstrak:** Bron van antioksidante vir die handhawing van goeie gesondheid (Camargo et al 2006; Coimbra et al 2006; Henning et al 2004; Nakagawa et al 1999; Van die Hof et al 1997.)
**Quercetin:** 'n Antioksidant (Merck 2012; Martindale 2011; Murray en Bongiorno 2006; Harborne et al 1999).
Gebruik in kruie medisyne om kapillêre te help beskerm (Merck 2012; Martindale 2011; PDR 2008; Murray en Bongiorno 2006; Harborne et al.1999).
**Resveratrol Ekstrak:** Bied antioksidante aan(Ghanim et al 2010;Rocha et al 2009).
Vitamiene B1,B2,B3,B5, B6,B12 & D3: Faktore in die handhawing van goeie gesondheid ((IOM 2006; IOM 1998).
**Vitamien C:** 'n Antioksidant (IOM 2006; Shils et al 2006; Groff en Gropper 2000; IOM 2000.)
Vir die handhawing van goeie gesondheid.
**Vitamien E:** Vitamien E kan liponzuur se anti-oksidant eienskappe verbeter. Faktore in die handhawing van goeie gesondheid ((IOM 2006; IOM 1998).

**INDIKASIES**

**ULTIMA ANTI-AGEING** bevat belangrike anti-oksidant voedingsstowwe, wat jou die beste beskerming teen vrye radikale en ander gifstowwe gee.

**KONTRA-INDIKASIES**

Hipersensitieweit vir enige van die bestanddele van **ULTIMA ANTI-AGEING** (sien **SAMESTELLING**).
Die volgende medisyne kan 'n kontra indikasie veroorsaak wanneer dit in kombinasie met **ULTIMA ANTI-AGEING** gebruik word:

- Geen bekende medikasie nie

**WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS**

**ULTIMA ANTI-AGEING** kan dalk met die vermoë om te slaap inmeng. Aanpassing in die dosis kan nodig wees.

Hierdie produk wil nie voorgee om 'n medisyne te wees nie en maak geen eise hoegenaamd nie.

Pasiënte wat voorskrif medisyne neem, ly aan enige chroniese mediese toestand of swanger is of borsvoed, moet 'n mediese praktisyen voordat **ULTIMA ANTI-AGEING** gebruik word, raadpleeg. Pasiënte moet ingelig word om nie die aanbevole daaglikse dosis te oorskry nie. Pasiënte moet ingelig word om spesiale sorg te neem as ander aanvullings gebruik word, aangesien hierdie aanvullings kan dalk dieselfde bestanddele bevat.

Raadpleeg 'n gesondheidsorg praktisyen voor gebruik as jy bloed verdunners neem (Mills en Bone 2005, Brinker 2001)

Raadpleeg 'n gesondheidsorg praktisyen voor gebruik as jy galstene of 'n galbusi obstruksie het.(ES COP 2003, Brinker 2001 McGuffin et al. 1997)

Raadpleeg 'n gesondheidsorg praktisyen voor gebruik as jy 'n tekort aan yster het. (Cooper et al 2006; Nelson en Poulter 2004; Zijp et al 2000.).

**Moenie die aanbevole dosis oorskry nie.**

**Uitwerking op die vermoë om te bestuur en masjiene te werk:**

Pasiënte behoort nie 'n voertuig te bestuur nie of met masjinerie te werk nie, voordat die gevolge van **ULTIMA ANTI-AGEING** bekend is.

**INTERAKSIES**

**ULTIMA ANTI-AGEING** mag interaksie met voorskrif medisyne of ander aanvullings hê. Die volgende medisyne kan 'n interaksie veroorsaak wanneer dit in kombinasie met **ULTIMA ANTI-AGEING** gebruik word.

- Geen bekende medikasie nie

**SWANGERSKAP EN LAKTASIE**

Veiligheid tydens swangerskap en laktasie is nie vasgestel nie.

Moet nie neem nie as jy swanger is of as jy borsvoed.

**DOSIS EN GEBRUIKSAANWYSINGS:**  
Dosis kan tussen pasiënte wissel en hang af van jou leefstyl, stres vlak en ouderdom.

**Volwassenes en Tieners (13 en ouer):**  
**2 kapsule daaglik**, 1 in die oggend en 1 in die aand, verkielik met maaltye.

**Kinders (8-12): 1 Kapsel daaglik**, eerste ding elke oggend met ontbyt.

**Moenie die aanbevole dosis oorskry nie.**

As jy die indruk kry dat die effek te sterk of te swak is, praat met jou dokter of apteker.
Dosis moet verminder word of vroeër in die dag geneem word as **ULTIMA ANTI-AGEING** met slaap patrone inmeng.

**NEWE-EFFEKTE**

**Infeksies en infestasies:**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Neoplasmas benigne en maligne (insluitend siste en poliepe)**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Bloed en die limfatiese stelsel**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Immuunstelsel versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Endokriene afwykings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Metabolisme en voeding**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Psigiatriese versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Senusistემversteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Oogversteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Oor en labirint versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Hartsiektes**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Vaskulêre toestande**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Respiratoriese, torakale en mediastinale versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Gastrointestinale versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Hepatobiliêre versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Vel en subkutane weefsel**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Muskuloskeletale, bindweefsel en been-afwykings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Renale en urinêre versteurings**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5, B6, C, E & Foliensuur

**Swangerskap, puerperium en perinatale voorwaardes**

Frekwensie onbekend: Alpha Liponzuur
Frekwensie onbekend: Bioflavanoids, Ko-ensiem Q10, Lutein, Likopeen,
Frekwensie onbekend: Druive Saad Ekstrak, Groen Tee Ekstrak,
Frekwensie onbekend: Quercetin, Schisandra chinensis Ekstrak
Frekwensie onbekend: Resveratrol, Borrie Ekstrak
Frekwensie onbekend: Vitamiene A, B1, B2, B5