

## PRODUCT CARE



Hand wash with mild detergent and water below 30°C without wringing.



Dry in shade on a flat surface.



Do not dry-clean.



Do not Iron.



Do not bleach.



Close hook loop fasteners before washing.

# tynor

## Contoured L.S. Support

कंटूरड एल. एस. सपोर्ट

Faja L.S. De Neopreno Cruzada Con Almohadilla

L.S. Support Orthèse

الدعمامة القطنية العجزية المحيطية

REF A 07



EC REP

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Symbol Explanation :



Batch code



Manufacturing date



Manufacturer



Catalogue number

# tynor

Tynor Orthotics Pvt. Ltd.

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ISO  
9001



W.H.O.  
G.M.P.

ISO  
13485



US FDA  
registered

UJM-A07-18-2

www.tynorindia.com

USER MANUAL

## How To Use Cómo Utilizar



## कैसे उपयोग करें Comment utiliser: كيفية الاستخدام



1. The back panel be placed in the centre of the vertebral column, with lower edge of the belt coinciding with the nape of the spine.  
पीठ पैनल को मेरुदंड के साथ मेल खाते बेल्ट के निचले किनारे के साथ कशेरुका स्तम्भ में रखा जाए।  
El panel trasero se puene en el centro de la columna, con el borde inferior de la cinta coincidiendo con el sacro de la columna vertebral.  
Le panneau arrière doit être placé au centre de la colonne vertébrale, avec le bord inférieur de la ceinture qui est avec la nuque de la colonne vertébrale.

● توضع الشريحة الخلفية في وسط العمود الفقري، على أن تكون الحافة السفلى للحزام موافقة لمؤخرة العمود الفقري.



2. Remove aluminum splints from their pockets and reshape to match the anatomy. Insert these customized splints back to their pockets. The belt be then wrapped around the waist keeping it upright. See "up inside" label.  
एल्युमिनियम पट्टियों को उनकी थैलियों से हटाएं और शारीरिक मिलान के लिए उन्हें प्रीयूपन आकार दें। इन अनुकूलित पट्टियों को उनकी थैलियों में डाल दें। तब बेल्ट को कमर के चारों ओर इसे सीधा रखते हुए लपेटा जाए। "अप इनसाइड" लेबल देखें।  
Retirar las férulas de aluminio son sus bolsillos y dar nueva forma a las férulas para que coincidan con la anatomía de la espalda. Retorne las férulas personalizadas a sus bolsillos. Se puene la Faja en alrededor de la cintura, manteniéndola en posición vertical. Ver la etiqueta en el interior de la banda.  
Retirer les attelles en aluminium sont de leurs poches et remodeler pour correspondre à l'anatomie. Insérez ces attelles personnalisées dans leurs poches. La ceinture doit ensuite être enroulée autour de la taille pour la maintenir en position verticale. Voir l'étiquette à "l'intérieur".

● ترفع شرائح الألومنيوم من أماكنها ثم يعاد تشكيلها لتتناسب بشكل الجسم. تعاد الشرائح بمعايولها إلى أماكنها لإثباتها مرة أخرى. يلف الحزام حول الخصر مع جعله مستقيماً، انظر الملصق

## How To Use Cómo Utilizar



## कैसे उपयोग करें Comment utiliser: كيفية الاستخدام



3. Close hook loop fasteners to a comfortable compression.  
आरामदायक दबाव तक हुक लूप फास्टरों को बंद करें।  
Fijar los ganchos de cierre para una compresión confortable.  
Fermez les fermetures à boucles pour une compression confortable.

● إحكام المشابك الخطافية للضغط المريح.



4. Stretch and fasten the double pull mechanism elastics for added grip and firmness of the splints.  
पट्टियों की अतिरिक्त पकड़ और मजबूती के लिए डबल प्रीयूपन युक्ति वाली इलास्टिक्स को खींचें और बांधें।  
Estire y prenda el elástico con mecanismo de tracción doble para mayor fijación y firmeza de las férulas.  
Tendez et attachez les doubles élastiques du mécanisme de traction pour une adhérence et une fermeture supplémentaires des attelles.

● شد وربط المطاط ذي القوة المضاعفة لمزيد من الإحكام والالتصاق.

## English

## Contoured L.S. Support

### INTENDED USE :

**Contoured L.S. Support** is scientifically designed to support and immobilize the lumbo sacral region and correct the postural deformity to allay low back pain syndrome. It has rigid, malleable and contoured back splints which can be customized for correct posture and most effective immobilization.

### CONSTRUCTION:

Preshaped aluminum splints integrated in the back panel help in providing the anatomically correct support to the lumbo sacral region. It corrects the postural deformity and muscular strains and acts as reinforcement to the back muscles. Made from extra strong orthopedic webbing. Hook loop fasteners facilitates in perfect fitting and adjustment of the belt around the waist, controlled compression, quick easy application and removal. Double pull elastic mechanism allows extra compression and firm grip to the L.S. region.

### APPLICATIONS:

- Lumbar spondylitis
- Inter vertebral disc syndrome
- Post discketomy care
- Osteoporetic pain of the lumbar spine
- Low backache, postural fatigue, postural deformities and mechanical stresses due to poor posture
- Comfort during long working hours and travel
- Stabilization during vertebral fracture and injuries
- Degenerative changes of the lumbar spine

### CAUTION/RECOMMENDATION :

- Use this product on recommendation of a doctor.
- Contoured LS Support must be individually adapted to the patient by a trained orthopaedic technician, in order to gain maximum immobilization and wearing comfort.

### INSTRUCTIONS:

- Discontinue use and seek guidance of a qualified doctor, in case of
  - Impaired sensation
  - Impaired blood flow
  - Allergy rash or itching
  - Pain increases or persists
- Consult your doctor in case of concurrent use of the device with excessive physical exertion, it can lead to restriction of performance of heart and lungs (risk of rise in blood pressure).
- Misuse or improper use of the device can lead to adverse effects and decreased effectiveness.
- Follow instructions mentioned on the box carefully.
- Remove, customize and reinsert the splint for comfortable immobilization.
- Adjust padding and strapping for a secure and comfortable fitting.
- Product be preferably worn over a cotton lining or an under garment.
- Keep out of reach of children.