

## Anatomic Pillow Urbane

Code: B28

Size: Universal

**Tynor** Anatomic Pillow Urbane is a scientific and wholesome sleep pillow-solution. It is technically designed to provide neutral spine alignment while sleeping on the side as well as on the back. The anatomical design provides enhanced support to the head, neck and upper back, which ensures a sound sleep and no fatigue of the neck muscles after sleep.

**Construction:** High quality memory foam construction ensures a comfortable and firm support to the upper back, neck and the head. Memory foam with excellent viscoelastic properties makes it auto-conform to body contour, embracing the body softly. Ergonomically designed raised side panels accommodate shoulder height while sleeping on the side. The center region has a central concavity to comfortably embrace the head. The cervical ridge maintains neck in the natural extension position. A lower sloping wedge provides support and comfort to the upper back.

### **Applications:**

1. Every night sleeping comfort
2. Snoring
3. Sleep apnea
4. Body and spinal posture correction
5. Shoulder numbness while sleeping on the side
6. Cervical spondylitis

### **Features:**

- Highly anatomic design
- Perfect accommodation of shoulder height for side sleeping
- Memory foam auto adjusts to neck, head anatomy
- Cradles the head and neck for correct sleeping position
- Extremely soft to touch and feel
- Pleasurable user experience
- Long functional life.
- Aesthetically pleasing and washable cover

### **Instructions:**

- It might take 7 to 10 days to get adjusted to this new shaped pillow in the beginning
- To be used for intended use only
- Discontinue use and seek guidance of a qualified doctor, in case of any neck pain.
- Misuse, or improper use of the device can lead to adverse effects and decreased effectiveness
- Follow instructions mentioned on the box carefully.
- Keep out of reach of children.
- Dispose in a responsible manner as per hospital guidelines/Country's regulatory norms.

**Precaution:**

1. Foam product, so keep away from children to avoid biting or swallowing
2. Keep the product away from moisture
3. Product may be uncomfortable for users who sleep face down

**Recommendation:** Carefully follow How to Use instructions for effective results

**Product Care for Cover only:****Symbols**

- Hand wash with mild detergent and water below 30°C without wringing.
- Dry in shade on a flat surface,
- Do not dry-clean.
- Do not Iron.
- Do not bleach

**EC Rep:**

MT Promedt Consulting GmbH  
Altenhofstrasse 80  
D-66386 St. Ingbert  
Germany  
tel.: +49 (0) 6894 581020  
fax: +49 (0) 6894 581021  
e-mail: [info@mt-procons.com](mailto:info@mt-procons.com)  
[www.mt-procons.com](http://www.mt-procons.com)

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**Bullet Points:**

1. Cradles the head and neck for correct sleeping posture
2. Perfect accommodation of shoulder height for side sleeping
3. Auto shaping memory foam for perfect customized support
4. Most pleasurable user experience.
5. Sound sleep, fresh and energetic feel during the day.

**Contents:** PU, PE, Spandex

**Biometric chart**

Size	Neck Height Inch	Neck Height Cm
Universal	2.5 – 5.0	6.25 – 12.5

**How to Use:**

1. Sleep in supine position, adjust the pillow so that cervical ridge rests comfortably in the center of the neck
2. Head is placed in the middle of the hollow concave region for sleeping on the back (Supine position ) .
3. For side sleeping, turn and position your head in the center of the raised, side panel
4. Shifting the head between raised and low height surfaces during night becomes a voluntary habit after about 10 days of use.

