

HOME SLEEP STUDY REFERRAL

Patient's Name: DOB:/...../.....

Address:

Telephone Number: Pension: DVA:

Email Address:

TESTS ORDERED

Sleep Study * Ambulatory overnight Diagnostic Sleep Study

Titration / CPAP Trial

CLINICAL DETAILS:

PLEASE TICK THE RELEVANT BOXES

SLEEP HX

- Witnessed apnea
- Chronic snoring
- Waking unrefreshed
- Daytime lethargy / hypersomnolence
- Restless legs, abnormal sleep behaviour

OTHER MEDICAL HX

- Heart disease
- Diabetes
- Obesity
- Hypothyroidism
- Asthma
- Hypertension
- Insomnia

Use the following scale to choose the most appropriate number for each situation

0 = Would never doze 2 = Moderate chance of dozing
 1 = Slight chance of dozing 3 = High chance of dozing

Sitting and reading	
Watching TV	
Sitting inactive in a public place	
As a passenger in a car for an hour without a break	
Lying down to rest in the afternoon when circumstances permit	
Sitting and talking to someone	
Sitting quietly after a lunch without alcohol	
In a car, while stopped for a few minutes in the traffic	

TOTAL:

Referring Doctor:

Provider No: Date:/...../.....

Referring Doctor's Signature:

I would like the report:

Faxed to me Emailed to me:

Return referral to burnie@northwestdental.com.au
 or fax 03 6431 9500

Sleep apnea is serious and if untreated, you may be at a higher risk of a stroke, heart attack or a serious workplace accident. Having a detailed sleep study is the first step toward getting your liveliness back and living the life you deserve. We provide an accurate and comprehensive take home sleep study allowing you to be in the comfort of your own bedroom environment. Your sleep study will be facilitated by nursing staff, scored by a sleep scientist and reported on by a sleep specialist. By dealing with us, you can expect quick results and expert advice on treatment options moving forward.

What do I need to do?

- 1 Write your details on the back of this form and ask your GP to approve your study.
- 2 Book your sleep study appointment with us on (03) 6431 3111.
- 3 Return the equipment to us the next day and we'll swiftly forward the results to your GP

What do I need to bring to my setup appointment?

- 1 Signed/stamped referral from your doctor (Other side of this form).
- 2 Booking fee (*if applicable*)

What happens next?

The test results will be forwarded to both you and your doctor and we will be in touch to discuss your options



Northwest Dental

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