

Too Good for Violence

Kindergarten

Correlated to American School Counselors Association Mindset and Behaviors for Student Success Standards

Lesson K.1 *The Place Where Peace Begins* – Conflict Resolution

Objectives

Following this lesson, the student will be able to:

- Define “peaceable”
- Define “peacemaker”
- Demonstrate the social skill of introducing oneself
- Draw a picture of himself/herself in a peaceable classroom

Category 1: Mindset Standards

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

Category 2: Behavior Standards

Learning Strategies

B-LS 6. Set high standards of quality

Self-Management Skills

B-SMS 7. Demonstrate effective coping skills when faced with a problem

B-SMS 9. Demonstrate personal safety

Social Skills

B-SS 1. Use effective oral and written communication skills and listening skills

B-SS 2. Create positive and supportive relationships with other students

B-SS 3. Create relationships with adults that support success

Lesson K.2 *Learning How to Stop & Think* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Describe anger as a natural human emotion
- Demonstrate “angry-looking” body language
- Demonstrate healthy, constructive ways to deal with angry feelings
- Demonstrate stopping to think when feeling angry
- Discuss helpful and hurtful ways to deal with anger

Category 2: Behavior Standards

Self-Management Skills

B-SMS 7. Demonstrate effective coping skills when faced with a problem

Social Skills

B-SS 2. Create positive and supportive relationships with other students

B-SS 3. Create relationships with adults that support success

Lesson K.3 *Peacemakers Learn to Share* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Demonstrate physical signals of anger
- Perform role-plays using a basic problem-solving model

Category 2: Behavior Standards

Self-Management Skills

B-SMS 7. Demonstrate effective coping skills when faced with a problem

Social Skills

B-SS 2. Create positive and supportive relationships with other students

B-SS 3. Create relationships with adults that support success

Lesson K.4 *Peacemakers Learn to Take Turns* – Conflict Resolution

Objectives

Following this lesson, the student will be able to:

- Recite a basic problem-solving model
- Demonstrate problem-solving with a group
- Discuss some fair ways to choose who goes first

Category 2: Behavior Standards

Learning Strategies

B-LS 1. Demonstrate critical-thinking skills to make informed decisions

B-LS 2. Demonstrate creativity

B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions

Lesson K.5 *Learning to Listen* – Effective Communication

Objectives

Following this lesson, the student will be able to:

- Demonstrate using the basic problem-solving model
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting
- Discuss listening as a way to show others that we care

Category 2: Behavior Standards

Learning Strategies

B-LS 10. Participate in enrichment and extracurricular activities

Social Skills

B-SS 1. Use effective oral and written communication skills and listening skills

Lesson K.6 *Picture the Peacemakers* – Conflict Resolution

Objectives

Following this lesson, the students will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

Category 1: Mindset Standards

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

M 2. Self-confidence in ability to succeed

Category 2: Behavior Standards

Learning Strategies

B-LS 2. Demonstrate creativity

Self-Management Skills

B-SMS 8. Demonstrate the ability to balance school, home and community activities

B-SMS 9. Demonstrate personal safety

Lesson K.7 *Celebrating a Peaceable Place* – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

Category 1: Mindset Standards

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

M 2. Self-confidence in ability to succeed

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

Category 2: Behavior Standards

Learning Strategies

B-LS 6. Set high standards of quality

B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions

Self-Management Skills

B-SMS 7. Demonstrate effective coping skills when faced with a problem

B-SMS 9. Demonstrate personal safety

Social Skills

B-SS 1. Use effective oral and written communication skills and listening skills

B-SS 2. Create positive and supportive relationships with other students

B-SS 3. Create relationships with adults that support success