

Too Good for Violence- Social Perspective Kindergarten

Correlated with Arkansas Physical Education and Health Curriculum Framework, Revised 2011

Lesson K.1 *The Place Where Peace Begins* – Conflict Resolution

Objectives

Following this lesson, the student will be able to:

- Define “peaceable”
- Define “peacemaker”
- Demonstrate the social skill of introducing oneself
- Draw a picture of himself/herself in a peaceable classroom

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Decision Making

HW.9.K.1 Identify positive and negative ways to get attention

HW.9.K.2 Recognize personal and shared space

Interpersonal Relationships

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

Lesson K.2 *Learning How to Stop & Think* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Describe anger as a natural human emotion
- Demonstrate “angry-looking” body language
- Demonstrate healthy, constructive ways to deal with angry feelings
- Demonstrate stopping to think when feeling angry
- Discuss helpful and hurtful ways to deal with anger

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Interpersonal Relationships

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

HW.11.K.2 Recognize good and bad choices for coping

Violence

HW.11.K.11 Practice safety rules pertaining to threatening strangers: shout, kick, scream, tell an adult, and/or avoid stranger’s vehicles

HW.11.K.12 Identify sources to report abuse, bullying, violence, and injury (e.g., teachers, nurses, counselor, ministers, parents, coaches)

HW.11.K.13 Identify various behaviors associated with abuse, bullying, violence, and injury (e.g., physical, verbal, cyber, emotional)

Lesson K.3 *Peacemakers Learn to Share* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Demonstrate physical signals of anger
- Perform role-plays using a basic problem-solving model

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Interpersonal Relationships

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

Lesson K.4 *Peacemakers Learn to Take Turns* – Conflict Resolution

Objectives

Following this lesson, the student will be able to:

- Recite a basic problem-solving model
- Demonstrate problem-solving with a group
- Discuss some fair ways to choose who goes first

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Interpersonal Relationships

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

HW.11.K.2 Recognize good and bad choices for coping

Lesson K.5 *Learning to Listen* – Effective Communication

Objectives

Following this lesson, the student will be able to:

- Demonstrate using the basic problem-solving model
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting
- Discuss listening as a way to show others that we care

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Interpersonal Relationships

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

Lesson K.6 *Picture the Peacemakers* – Conflict Resolution

Objectives

Following this lesson, the students will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Decision Making

HW.9.K.1 Identify positive and negative ways to get attention

HW.9.K.2 Recognize personal and shared space

Interpersonal Relationships

HW.9.K.3 Identify characteristics that make a good friend

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

Lesson K.7 *Celebrating a Peaceable Place* – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

Standard 9: Healthy Life Skills and Relationships: Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote wellness.

Decision Making

HW.9.K.1 Identify positive and negative ways to get attention

HW.9.K.2 Recognize personal and shared space

Interpersonal Relationships

HW.9.K.3 Identify characteristics that make a good friend

HW.9.K.4 Recognize ways to communicate (e.g., speaking, body language, writing, listening)

Standard 11: Personal Health and Safety: Students shall recognize and practice health-enhancing behaviors to reduce health risks.

Personal Health

HW.11.K.1 Demonstrate emotions and feelings e.g., happy, sad, excited, afraid, surprised, angry, embarrassed, proud)

HW.11.K.2 Recognize good and bad choices for coping

HW.11.K.3 Name trusted adults to notify for help (e.g., school, family, community)