

Too Good for Violence – A Peaceable Place

Grade 1

Correlated to Expected Behavior in Safe and Supportive Schools

Lesson 1.1 *A Great Day* – Setting Reachable Goals

Objectives

Following this lesson, the student will be able to:

- Define a goal
- Identify action steps needed to reach a goal
- Set a personal goal

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

PK-1.1.03 Identify likes and dislikes, needs and wants, strengths and challenges.

PK-1.1.04 Identify goals for academic success and classroom behavior.

Social-awareness and Interpersonal Skills

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.2 *Thinking Cap On* – Making Responsible Decisions

Objectives

Following this lesson, the student will be able to:

- Discuss the benefits of stopping to think before making a decision
- Demonstrate the skill of anticipating consequences of choices
- Discuss personal responsibility for making positive choices

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.03 Identify a range of decisions that students make at school.

PK-1.3.04 Identify the positive and negative consequences that link to various decisions.

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.3 *Cattitude* – Identifying and Managing Emotions

Objectives

Following this lesson, the student will be able to:

- Name a variety of feelings
- Comprehend feelings as natural responses that are neither right nor wrong
- Differentiate feelings from actions
- Demonstrate using an I-message and other healthy ways to express emotions

Self-awareness and Self-management

PK-1.1.01 Recognize and accurately label emotions and how they are linked to behavior.

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.02 Recognize that others may experience situations differently from oneself.

PK-1.2.03 Use listening skills to identify the feelings and perspectives of others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.4 *Hear Me Out* – Effective Communication

Objectives

Following this lesson, the student will be able to:

- Demonstrate using one's eyes, ears, and brain to listen
- Identify the body language of an active listener
- Demonstrate the ability to ask questions without interrupting
- Practice verbal and non-verbal communication

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.03 Use listening skills to identify the feelings and perspectives of others.

PK-1.2.05 Identify ways to work and play well with others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.5 *The Cat's Meow* – Bonding and Relationships

Objectives

Following this lesson, the student will be able to:

- Compare healthy and unhealthy friendship qualities
- Identify examples of pro-social behavior

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.01 Recognize and accept individual differences in others.

PK-1.2.02 Recognize that others may experience situations differently from oneself.

PK-1.2.04 Describe positive qualities in others.

PK-1.2.05 Identify ways to work and play well with others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.01 Explain why acts that hurt others are wrong.

PK-1.3.02 Identify social norms and safety considerations that guide behavior.

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.6 *Leading by Example* – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Comprehend the concept of respect
- Identify examples of respect for self and others
- Demonstrate the ability to be respect in a variety of situations
- Discuss how people are alike and how they are different
- Discuss respect for individual differences

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.01 Recognize and accept individual differences in others.

PK-1.2.02 Recognize that others may experience situations differently from oneself.

PK-1.2.03 Use listening skills to identify the feelings and perspectives of others.

PK-1.2.04 Describe positive qualities in others.

PK-1.2.05 Identify ways to work and play well with others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

Decision-making Skills and Responsible Behaviors

PK-1.3.02 Identify social norms and safety considerations that guide behavior.

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.7 *Calm Before the Storm* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Describe the physical sensations of anger as warning signs of conflict
- Differentiate angry feelings and aggressive actions
- Demonstrate ways to use self-control to manage angry feelings

Self-awareness and Self-management

PK-1.1.01 Recognize and accurately label emotions and how they are linked to behavior.

PK-1.1.02 Demonstrate control of impulsive behavior.

PK-1.1.03 Identify likes and dislikes, needs and wants, strengths and challenges.

Social-awareness and Interpersonal Skills

PK-1.2.06 Demonstrate appropriate social classroom behavior.

PK-1.2.07 Identify problems and conflicts commonly experienced by peers.

PK-1.2.08 Identify approaches to resolving conflicts constructively.

Decision-making Skills and Responsible Behaviors

PK-1.3.02 Identify social norms and safety considerations that guide behavior.

PK-1.3.04 Identify the positive and negative consequences that link to various decisions.

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.8 *Share and Share Alike* – Conflict Resolution

Objectives

Following this lesson, the student will be able to:

- Comprehend peace and conflict
- Comprehend conflict as a normal and natural part of being human
- Demonstrate cooperative strategies to manage conflict

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

PK-1.1.04 Identify goals for academic success and classroom behavior.

Social-awareness and Interpersonal Skills

PK-1.2.03 Use listening skills to identify the feelings and perspectives of others.

PK-1.2.05 Identify ways to work and play well with others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

PK-1.2.07 Identify problems and conflicts commonly experienced by peers.

PK-1.2.08 Identify approaches to resolving conflicts constructively.

Decision-making Skills and Responsible Behaviors

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PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.9 *Sticks and Stones* – Identifying and Managing Teasing Situations

Objectives

Following this lesson, the students will be able to:

- Identify words and actions that support the feelings of others
- Identify words and actions that hurt the feelings of others
- Demonstrate positive responses to teasing

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

Social-awareness and Interpersonal Skills

PK-1.2.01 Recognize and accept individual differences in others.

PK-1.2.05 Identify ways to work and play well with others.

PK-1.2.06 Demonstrate appropriate social classroom behavior.

PK-1.2.07 Identify problems and conflicts commonly experienced by peers.

PK-1.2.08 Identify approaches to resolving conflicts constructively.

Decision-making Skills and Responsible Behaviors

PK-1.3.01 Explain why acts that hurt others are wrong.

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PK-1.3.04 Identify the positive and negative consequences that link to various decisions.

PK-1.3.05 Make positive choices when interacting with classmates.

Lesson 1.10 *School of Thought* – Problem Solving

Objectives

Following this lesson, the student will be able to:

- Identify a variety of solutions when working to solve a problem
- Demonstrate creative ways to solve a problem

Self-awareness and Self-management

PK-1.1.02 Demonstrate control of impulsive behavior.

PK-1.1.04 Identify goals for academic success and classroom behavior.

Social-awareness and Interpersonal Skills

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