

Lesson Overview and Areas of Focus



2.1 Introducing a Peaceable Place Respect for Self and Others

Students meet Wagner the Peaceable Pup and together they learn that each person is important and worthy of respect. Students also demonstrate making introductions and working cooperatively with others.

- Discuss respect for differences
- Identify one's own special qualities
- Play **Strut Your Stuff** and have a parade in the classroom

2.2 Getting to Know Others Effective Communication

Wagner and the students learn how to make introductions. Students learn about working together in group environments.

- Demonstrate Listening and Paraphrasing
- Discuss Respect for Individual Differences
- Demonstrate Making Introductions

2.3 Expressing Feelings: Anger Management/ Effective Communication

Students practice expressing their feelings while learning verbal and non-verbal expressions. Students use I-messages to express needs and ask for help honestly and with respect.

- Identify a variety of feelings
- Demonstrate verbal and non-verbal expressions of feelings
- Use I-Messages to express feelings honestly and effectively

2.4 Getting Along with Others: Respect for Self and Others

Students practice a number of social skills to promote peaceful cooperation and to demonstrate respect. Students differentiate positive and negative efforts to ask for help or solve problems.

- Differentiate I-Messages and You-Messages
- Demonstrate Taking Turns; asking to join in; sharing; taking turns; listening. Offering to help; and apologizing

2.5 Recognizing and Handling Anger: Anger Management

Students learn to manage angry feelings and to recognize when angry feelings build. Students practice the STOP Song to help them manage angry feelings as they build so they can respond in a calm and healthy way.

- Define Anger as a natural and universal emotion
- Describe what anger looks and feels like
- Differentiate angry feelings and aggressive actions
- Recite the anger management model

2.6 Staying on the Trail to a Peaceable Place: Conflict Resolution

Students examine bullying behavior and practice approaches to deal with bullying behavior in a healthy way. Students also learn to cooperate to solve a problem or resolve a conflict.

- Define bullying and list rules regarding bullying behavior
- Differentiate peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills

2.7 Celebrating Our Success: Respect for Self and Others/ Course Review

Students review the skills they learned as they celebrate themselves and their differences. Students also review what they learned in the course and celebrate their success in a class awards ceremony.

- Course Review
- Skills self-assessment