

# Too Good for Violence Curriculum Correlations

## Grade 2

Correlated with National Health Education Standards

### Lesson One: *Introducing a Peaceable Place*

#### Objectives

The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

**Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.**

8.2.1 Make requests to promote personal health.

8.2.2 Encourage peers to make positive health choices.

### Lesson Two: *Getting to Know Others*

#### Objectives

The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

4.2.2 Demonstrate listening skills to enhance health.

### Lesson Three: *Expressing Feelings*

#### Objectives

The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

4.2.2 Demonstrate listening skills to enhance health.

## Lesson Four: *Getting Along With Others*

### Objectives

The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

4.2.2 Demonstrate listening skills to enhance health.

**Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.**

8.2.1 Make requests to promote personal health.

8.2.2 Encourage peers to make positive health choices.

## Lesson Five: *Recognizing and Handling Anger*

### Objectives

The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

## Lesson Six: *Staying on the Trail to a Peaceable Place*

### Objectives

The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

## Lesson Seven: *Celebrating Our Success*

### Objectives

The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

- 4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.
- 4.2.2 Demonstrate listening skills to enhance health.

**Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.**

- 8.2.1 Make requests to promote personal health.
- 8.2.2 Encourage peers to make positive health choices.