

Too Good for Violence Curriculum Correlations

Correlated with Health Education Standards of Learning for Virginia Public Schools

Grade 2

Lesson One: *Introducing a Peaceable Place*

Objectives: The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

2.1 The student will identify the major body systems, healthy food and beverage choices, emotions, and social skills, and explain how each is connected to personal health.

l) Define self-image, and identify that individuals are unique.

2.2 The student will identify personal health decisions and health habits that influence health and wellness throughout life.

q) Describe how to work and play cooperatively.

2.3 The student will describe the influences and factors that impact health and wellness.

k) Identify and discuss how to show respect for similarities and differences between and among individuals.

Lesson Two: *Getting to Know Others*

Objectives: The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

2.3 The student will describe the influences and factors that impact health and wellness.

k) Identify and discuss how to show respect for similarities and differences between and among individuals.

Lesson Three: *Expressing Feelings*

Objectives: The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

2.1 The student will identify the major body systems, healthy food and beverage choices, emotions, and social skills, and

i) Explain emotions associated with disappointment, loss, and grief.

2.2 The student will identify personal health decisions and health habits that influence health and wellness throughout life.

l) Explain healthy ways to express the emotions associated with disappointment, loss, and grief.

m) Discuss how to express needs and wants appropriately.

Lesson Four: *Getting Along With Others*

Objectives: The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

2.2 The student will identify personal health decisions and health habits that influence health and wellness throughout life.

q) Describe how to work and play cooperatively.

Lesson Five: *Recognizing and Handling Anger*

Objectives: The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

2.1 The student will identify the major body systems, healthy food and beverage choices, emotions, and social skills, and

i) Explain emotions associated with disappointment, loss, and grief.

2.2 The student will identify personal health decisions and health habits that influence health and wellness throughout life.

l) Explain healthy ways to express the emotions associated with disappointment, loss, and grief.

m) Discuss how to express needs and wants appropriately.

Lesson Six: *Staying on the Trail to a Peaceable Place*

Objectives: The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

2.1 The student will identify the major body systems, healthy food and beverage choices, emotions, and social skills, and

j) Explain the difference between teasing and bullying.

2.2 The student will identify personal health decisions and health habits that influence health and

n) Use appropriate strategies to object to teasing and bullying.

o) Describe the use of nonviolent strategies to resolve conflicts.

p) Describe characteristics of a trusted friend and a trusted adult.

q) Describe how to work and play cooperatively.

2.3 The student will describe the influences and factors that impact health and wellness.

i) Develop a plan to use appropriate strategies to object to teasing and bullying.

j) Demonstrate nonviolent strategies to resolve conflicts and support peers in school and in the community.

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

2.1 The student will identify the major body systems, healthy food and beverage choices, emotions, and social skills, and explain how each is connected to personal health.

l) Define self-image, and identify that individuals are unique.

2.2 The student will identify personal health decisions and health habits that influence health and wellness throughout life.

q) Describe how to work and play cooperatively.