

Too Good for Violence Curriculum Correlations

Correlated with Health Education Standards of Learning for Virginia Public Schools

Grade 1

Lesson One: *Celebrating Our Special Selves*

Objectives: The student will be able to:

- Discuss respect for differences.
- Identify his or her special qualities.

1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.

h) Describe characteristics that are unique to each individual.

i) Identify cooperative behaviors, respect for others, adherence to school rules, acceptance of responsibility, and respect for the property of others.

1.2 The student will explain that good health is related to healthy decisions.

o) Explain the importance of responsible behaviors when interacting with others.

1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.

n) Demonstrate responsible behaviors when interacting with others.

Lesson Two: *Care About Feelings*

Objectives: The student will be able to:

- Name a variety of feelings.
- Define feelings as natural emotions that are neither right nor wrong.
- Differentiate feelings and actions or behaviors.

1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.

g) Compare and contrast emotions that may make a person happy and emotions that may make a person feel unhappy or mad.

1.2 The student will explain that good health is related to healthy decisions.

m) Identify appropriate ways a person may express the emotions of happy, unhappy, or mad.

1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.

l) Demonstrate ways to express emotions appropriately.

Lesson Three: *A Friend Is Someone Who Cares*

Objectives: The student will be able to:

- List friendly behaviors.
- Demonstrate basic social skills: sharing, taking turns, listening, saying “please” and “thank you,” apologizing, etc.

1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.

i) Identify cooperative behaviors, respect for others, adherence to school rules, acceptance of responsibility, and respect for the property of others.

1.2 The student will explain that good health is related to healthy decisions.

m) Identify appropriate ways a person may express the emotions of happy, unhappy, or mad.

n) Explain the role of listening in building and maintaining friendships.

1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.

m) Demonstrate cooperation with friends and classmates.

n) Demonstrate responsible behaviors when interacting with others.

Lesson Four: *When You're Angry and You Know*

Objectives: The student will be able to:

- Identify warning signs (physical sensations) of anger.
- Distinguish between angry feelings and aggressive actions.
- Discuss the negative consequences of aggressive behavior.
- Recite an anger management model.

1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.

g) Compare and contrast emotions that may make a person happy and emotions that may make a person feel unhappy or mad.

1.2 The student will explain that good health is related to healthy decisions.

m) Identify appropriate ways a person may express the emotions of happy, unhappy, or mad.

1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.

l) Demonstrate ways to express emotions appropriately.

Lesson Five: *Respecting Differences*

Objectives: The student will be able to:

- Discuss the benefits of getting to know people who are different.
- Discuss the ways that people who are disabled handle their disabilities.
- Demonstrate ways that people who are disabled handle their disabilities.

1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.

h) Describe characteristics that are unique to each individual.

i) Identify cooperative behaviors, respect for others, adherence to school rules, acceptance of responsibility, and respect for the property of others.

- 1.2 The student will explain that good health is related to healthy decisions.
o) Explain the importance of responsible behaviors when interacting with others.
- 1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.
n) Demonstrate responsible behaviors when interacting with others.

Lesson Six: *Problem Solving*

Objectives: The student will be able to:

- Demonstrate a basic problem-solving model.
- List alternative solutions.
- Demonstrate predicting feelings and consequences.

- 1.2 The student will explain that good health is related to healthy decisions.
m) Identify appropriate ways a person may express the emotions of happy, unhappy, or mad.

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward each other for using pro-social, peaceable skills.

- 1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.
i) Identify cooperative behaviors, respect for others, adherence to school rules, acceptance of responsibility, and respect for the property of others.
- 1.2 The student will explain that good health is related to healthy decisions.
m) Identify appropriate ways a person may express the emotions of happy, unhappy, or mad.
n) Explain the role of listening in building and maintaining friendships.
- 1.3 The student will identify specific rules and practices to promote personal safety and socially responsible behaviors.
m) Demonstrate cooperation with friends and classmates.
n) Demonstrate responsible behaviors when interacting with others.