

# Grade 5 | At Home Learning Activities

## *Too Good for Violence – Social Perspectives*

---

### Lesson 1 **Preparing for Take Off** - *Setting Reachable Goals*

---

#### Language Arts Extender

---

Write a short story about a character who reaches a short-term goal. Include how the character used the Goal-Setting Model to reach his or her goal. The Goal-Setting Model has six steps to reaching a goal. Step 1 is to name a goal. Step 2 is to picture yourself reaching your goal. Step 3 is thinking how to do the goal and making an action plan. Step 5 is to put your plan into action and go for it. Finally, step 6, you celebrate your success.

### **Language Arts Extender**

---

Write a poem, song, or rap to teach someone to make good decisions.

### **Social Studies Extender**

---

Research how different Native American tribes make decisions. Who are the decision makers? How is their decision-making process similar to or different from how your society or family makes decisions? Then, write a paragraph about the information you gathered on each tribe's decision making skills and processes.

### Language Arts Extender

---

Write a paragraph about the last time you were furious, not just mad, but furious. What caused that feeling? How did you manage the emotion? Did you manage the emotion in a healthy way? What would you do differently the next time you feel furious?

### Art Extender

---

Create an Art Journal to share your thoughts and feelings using pictures or drawing. Include collages, scribbles, doodles, or other creative designs to express the emotions you feel. For each entry, include the date and time so you can track how your emotions change over time.

### Music Extender

---

Listen to several different instrumental selections of music. Include classical and modern pieces if possible. After listening to a piece, write the emotions it evokes under the title. What characteristics of each piece contribute to the emotion represented? After, write which pieces might be good to listen to if you are sad or upset. There is no right or wrong answer.

### Language Arts Extender

---

Think about your favorite sport or physical activity to play during P.E. Communication probably happens all the time during this sport or activity. Write one to two paragraphs to describe how communication happens in this sport or activity. Perhaps you use words or maybe hand signals or eye contact with your teammates. If communication is verbal, how do people's tones of voice change throughout the game? How does the coach or team captain communicate to the players?

### Science Extender

---

Even though animals don't use language to communicate, they do communicate in many ways. For example, cobras inflate their hoods to scare other animals away. Wolves howl to call to other wolves in the pack. Skunks use their smell to ward off predators. Research how other animals communicate. In a couple of paragraphs, report what your selected animals do to communicate and the purpose of the communication. Consider if the communication is social or if it is a defense mechanism. Possible animals to research are listed below.

Ants

Dogs

Fireflies

Elephants

Dolphins

Tigers

Koalas

Bats

Prairie Dogs

Kangaroos

### Language Arts Extender

---

Write and illustrate a picture book about a friendship that develops between two kids your age. Include how the friends meet, the common interests they share, and the healthy friendship qualities they enjoy about each other.

Think about two things that are not the same but always go together such as peanut butter and jelly; a knife and fork; colors like red and yellow or blue and green; etc. Write a paragraph describing how different each thing is from the other. Then, describe how they make each other better when they are together. Compare this to you and your best friend. Explain how you are both different and how you make each other better when you are together.

### Art Extender

---

Showing friends you are thankful for their friendship can make them feel special. Create a thank you card for a friend. Include reasons why you are thankful for his or her friendship and the qualities of your friendship you appreciate most. Your card should match the characteristics of your friendship. For example, if you and your friend are always laughing, make your card funny.

### Language Arts Extender

---

Create a list of synonyms and a list of antonyms for the word respect. Think of as many words as you can for each list.

### Social Studies Extender

---

Lewis and Clark encountered a variety of Native American tribes on their expedition. Research the different tribes they encountered and the different ways the tribes show respect. What gestures or nonverbal cues are considered respectful or disrespectful in their culture? How do these tribes show respect when greeting each other? Write a letter to Lewis and Clark alerting them of your findings so they can be prepared to respectfully meet and interact with the different tribes.

### Into Action

---

Using the title “What Respect Means to Me,” create a collage of pictures, images, and words that represent what respect means to you. Use a variety of media sources to create your collage. Use magazines, newspapers, books, and/or images from the internet.

### Into Action

---

Create a morning announcements that introduces a way to handle a conflict. Write a 2-3 minute announcement about your approach. Be sure to, name, define, and give an example of your approach.

### Language Arts Extender

---

Create a superhero whose special power is de-escalating conflict. Give the superhero additional powers or strengths as needed. Provide a detailed description of what the superhero looks like and the costume the superhero wears. Explain how the superhero helps to de-escalate conflicts throughout the city.

### Social Studies Extender

---

The Civil Rights Movement led to many changes in America. The people involved were able to bring about these changes in peaceful, nonviolent ways. Research the different strategies that were used to bring about the change in America during the Civil Rights Movement. Make a list of the strategies and write a brief description of how each one was used.



### Language Arts Extender

---

Write a poem titled “What a Person Who Stands Up to Bullies Is Made Of.” What kind of person is capable of confronting a bully? Consider the characteristics, qualities, and strengths the person must have in order to stand up for themselves or others who are targets of bullying behavior.

### Language Arts Extender

---

Write a How To speech describing in detail How to be a Positive Role Model. Identify and give examples of the qualities and behaviors that you believe are the most important for a positive role model to possess.

### Social Studies Extender

---

Throughout history, there have been many role models that have inspired and influenced others. If you could meet one role model from the past, who would it be? Write a paragraph about why you consider this person to be a role model and why you want to meet him or her. Then make a list of questions you would ask this role model.

### Art Extender

---

Design a poster promoting yourself as a role model. Why are you a positive role model? What qualities do you possess that other people would want to imitate? What are your skills?