

Too Good for Violence

Grade 2

Correlated to American School Counselors Association Mindset and Behaviors for Student Success Standards

Lesson 2.1 *Introducing a Peaceable Place* – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Discuss the concept that each person is important and worthy of respect
- Demonstrate the social skill of making introductions
- Demonstrate working cooperatively with another student

Category 2: Behavior Standards

Learning Strategies

B-LS 10. Participate in enrichment and extracurricular activities

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
B-SS 2. Create positive and supportive relationships with other students
B-SS 3. Create relationships with adults that support success
B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams

Lesson 2.2 *Getting to Know Others* – Effective Communication

Objectives

Following this lesson, the student will be able to:

- Demonstrate the social skill of making introductions
- Discuss respect for individual differences
- Demonstrate communication skills: listening and paraphrasing

Category 2: Behavior Standards

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
B-SS 2. Create positive and supportive relationships with other students

Lesson 2.3 *Expressing Feelings* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Identify and express a variety of feelings
- Demonstrate verbal and non-verbal expressions of feelings
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively
- Develop self-discipline by using I-messages instead of You-messages

Category 1: Mindset Standards

- M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
M 3. Sense of belonging in the school environment
M 6. Positive attitude toward work and learning

Category 2: Behavior Standards

Learning Strategies

B-LS 10. Participate in enrichment and extracurricular activities

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students
- B-SS 3. Create relationships with adults that support success
- B-SS 5. Demonstrate ethical decision-making and social responsibility
- B-SS 6. Use effective collaboration and cooperation skills
- B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams

Lesson 2.4 *Getting Along With Others* – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Differentiate between I-messages and You-messages
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing

Category 2: Behavior Standards

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students
- B-SS 5. Demonstrate ethical decision-making and social responsibility
- B-SS 6. Use effective collaboration and cooperation skills
- B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams

Lesson 2.5 *Recognizing and Handling Anger* – Anger Management

Objectives

Following this lesson, the student will be able to:

- Define anger as a natural and universal emotion
- Discuss what anger looks like and feels like
- Differentiate between angry feelings and aggressive actions
- Discuss constructive and destructive ways to handle anger
- Recite an anger management model

Category 2: Behavior Standards

Self-Management Skills

- B-SMS 2. Demonstrate self-discipline and self-control

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students

Lesson 2.6 *Staying on the Trail to a Peaceable Place* – Conflict Resolution

Objectives

Following this lesson, the students will be able to:

- Define bullying and list rules regarding bullying
- Differentiate between peaceable and non-peaceable social behaviors
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing

Category 2: Behavior Standards

Learning Strategies

- B-LS 1. Demonstrate critical-thinking skills to make informed decisions

Self-Management Skills

- B-SMS 1. Demonstrate ability to assume responsibility
- B-SMS 2. Demonstrate self-discipline and self-control
- B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students
- B-SS 3. Create relationships with adults that support success
- B-SS 4. Demonstrate empathy
- B-SS 5. Demonstrate ethical decision-making and social responsibility
- B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary
- B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment

Lesson 2.7 *Celebrating Our Success* – Respect for Self and Others**Objectives**

Following this lesson, the student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills
- Recognize and reward others for using pro-social, peaceable skills

Category 1: Mindset Standards

- M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- M 2. Self-confidence in ability to succeed
- M 6. Positive attitude toward work and learning

Category 2: Behavior Standards**Learning Strategies**

- B-LS 1. Demonstrate critical-thinking skills to make informed decisions
- B-LS 2. Demonstrate creativity
- B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions

Self-Management Skills

- B-SMS 1. Demonstrate ability to assume responsibility

Social Skills

- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students
- B-SS 3. Create relationships with adults that support success
- B-SS 5. Demonstrate ethical decision-making and social responsibility
- B-SS 6. Use effective collaboration and cooperation skills
- B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams