

# Too Good for Violence Curriculum Correlations

Correlated with Oregon Health Education Standards

## Grade 1

### Lesson One: *Celebrating Our Special Selves*

**Objectives:** The student will be able to:

- Discuss respect for differences.
- Identify his or her special qualities.

#### **Promotion of Mental, Social and Emotional Health**

HE.03.PM02.CC Identify qualities that contribute to a healthy self- image.

HE.03.PM02.SM Identify characteristic of a healthy self-image.

HE.03.PM05.CC Recognize diversity among people, including age, disability national origin, race, color, marital status, and sex, sexual orientation and gender identity.

HE.03.PM05.ADV Advocate respect for diversity.

### Lesson Two: *Care About Feelings*

**Objectives:** The student will be able to:

- Name a variety of feelings.
- Define feelings as natural emotions that are neither right nor wrong.
- Differentiate feelings and actions or behaviors.

#### **Promotion of Mental, Social and Emotional Health**

HE.03.PM01.CC Describe pro-social behaviors within healthy relationships.

HE.03.PM01.IC Demonstrate positive communication skills that express personal needs, wants and feelings to family and peers.

HE.03.PM03.CC Identify different kinds of emotions.

HE.03.PM03.INF Describe internal and external influences on emotions.

### Lesson Three: *A Friend Is Someone Who Cares*

**Objectives:** The student will be able to:

- List friendly behaviors.
- Demonstrate basic social skills: sharing, taking turns, listening, saying “please” and “thank you,” apologizing, etc.

#### **Promotion of Mental, Social and Emotional Health**

HE.03.PM01.CC Describe pro-social behaviors within healthy relationships.

HE.03.PM01.IC Demonstrate positive communication skills that express personal needs, wants and feelings to family and peers.

## Lesson Four: *When You're Angry and You Know*

**Objectives:** The student will be able to:

- Identify warning signs (physical sensations) of anger.
- Distinguish between angry feelings and aggressive actions.
- Discuss the negative consequences of aggressive behavior.
- Recite an anger management model.

### **Promotion of Mental, Social and Emotional Health**

HE.03.PM01.CC Describe pro-social behaviors within healthy relationships.

HE.03.PM01.IC Demonstrate positive communication skills that express personal needs, wants and feelings to family and peers.

HE.03.PM03.CC Identify different kinds of emotions.

HE.03.PM03.INF Describe internal and external influences on emotions.

### **Violence and Suicide Prevention**

HE.03.VS04.CC Explain the role of problem solving, anger management and impulse control in preventing violence.

HE.03.VS04.SM Demonstrate the steps of problem solving, anger management and impulse control.

## Lesson Five: *Respecting Differences*

**Objectives:** The student will be able to:

- Discuss the benefits of getting to know people who are different.
- Discuss the ways that people who are disabled handle their disabilities.
- Demonstrate ways that people who are disabled handle their disabilities.

### **Promotion of Mental, Social and Emotional Health**

HE.03.PM02.CC Identify qualities that contribute to a healthy self- image.

HE.03.PM02.SM Identify characteristic of a healthy self-image.

HE.03.PM05.CC Recognize diversity among people, including age, disability national origin, race, color, marital status, and sex, sexual orientation and gender identity.

HE.03.PM05.ADV Advocate respect for diversity.

## Lesson Six: *Problem Solving*

**Objectives:** The student will be able to:

- Demonstrate a basic problem-solving model.
- List alternative solutions.
- Demonstrate predicting feelings and consequences.

### **Violence and Suicide Prevention**

HE.03.VS04.CC Explain the role of problem solving, anger management and impulse control in preventing violence.

HE.03.VS04.SM Demonstrate the steps of problem solving, anger management and impulse control.

## **Lesson Seven: *Celebrating Our Success***

**Objectives:** The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward each other for using pro-social, peaceable skills.

### **Promotion of Mental, Social and Emotional Health**

HE.03.PM01.CC Describe pro-social behaviors within healthy relationships.

HE.03.PM01.IC Demonstrate positive communication skills that express personal needs, wants and feelings to family and peers.

HE.03.PM02.CC Identify qualities that contribute to a healthy self- image.

HE.03.PM02.SM Identify characteristic of a healthy self-image.

### **Violence and Suicide Prevention**

HE.03.VS04.CC Explain the role of problem solving, anger management and impulse control in preventing violence.

HE.03.VS04.SM Demonstrate the steps of problem solving, anger management and impulse control.