

Too Good for Violence Curriculum Correlations

Correlated with New Hampshire Elementary School Health Education Curriculum Guidelines

Kindergarten

Lesson One: *The Place Where Peace Begins*

Objectives: The student will be able to:

- Define “peaceable.”
- Define “peacemaker.”
- Demonstrate the social skill of introducing oneself.
- Draw a picture of himself/herself in a peaceable classroom.

Mental Health

1. Positive Self-Image

- 1.1 personal assets and strengths
- 1.3 actions that show sense of belonging (connectiveness)
- 1.4 actions that show sense of power (empowerment)

Lesson Two: *Learning How to Stop and Think*

Objectives: The student will be able to:

- Describe anger as a natural human emotion.
- Demonstrate “angry-looking” body language.
- Demonstrate healthy, constructive ways to deal with angry feelings.
- Demonstrate stopping to think when feeling angry.
- Discuss helpful and hurtful ways to deal with anger.

Mental Health

2. Emotional Health

- 2.1 how to express needs, wants, and feelings
- 2.2 positive ways to handle emotions, e.g., fear, anger, happiness, sadness
- 2.3 ways to manage and reduce anger
- 2.4 ways to deal with frustration

Lesson Three: *Peacemakers Learn to Share*

Objectives: The student will be able to:

- Demonstrate physical signals of anger.
- Perform role-plays using a basic problem-solving model.

Mental Health

2. Emotional Health

- 2.1 how to express needs, wants, and feelings
- 2.2 positive ways to handle emotions, e.g., fear, anger, happiness, sadness
- 2.3 ways to manage and reduce anger
- 2.4 ways to deal with frustration

Lesson Four: *Peacemakers Learn to Take Turns*

Objectives: The student will be able to:

- Recite a basic problem-solving model.
- Demonstrate problem-solving with a group.
- Discuss some fair ways to choose who goes first.

Injury Prevention

6. Violence Prevention

6.1 conflict resolution techniques

Mental Health

3. Interpersonal Relationships and Communication

3.1 strategies to build and maintain healthy friendships

3.4 how to speak effectively, e.g., I-statements, eye contact, assertiveness

Lesson Five: *Learning to Listen*

Objectives: The student will be able to:

- Demonstrate using the basic problem-solving model.
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting.
- Discuss listening as a way to show others that we care.

Family Life and Sexuality

1. Families and Relationships

1.3 ways to communicate respect for self and others

Mental Health

3. Interpersonal Relationships and Communication

3.1 strategies to build and maintain healthy friendships

3.2 ways to communicate respect for diversity, e.g., mental and physical disabilities, culture, race/ethnicity

3.3 strategies that build relationships with family members and other adults

3.4 how to speak effectively, e.g., I-statements, eye contact, assertiveness

3.5 effective listening skills, e.g., reflective listening

Lesson Six: *Picture the Peacemakers*

Objectives: The student will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

Injury Prevention

6. Violence Prevention

6.1 conflict resolution techniques

Mental Health

1. Positive Self-Image

1.1 personal assets and strengths

1.3 actions that show sense of belonging (connectiveness)

1.4 actions that show sense of power (empowerment)

Lesson Seven: *Celebrating a Peaceable Place*

Objectives: The student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

Injury Prevention

6. Violence Prevention

6.1 conflict resolution techniques

Mental Health

1. Positive Self-Image

1.3 actions that show sense of belonging (connectiveness)

1.4 actions that show sense of power (empowerment)

2. Emotional Health

2.5 ways to manage conflict

3. Interpersonal Relationships and Communication

3.1 strategies to build and maintain healthy friendships

3.2 ways to communicate respect for diversity, e.g., mental and physical disabilities, culture, race/ethnicity

3.3 strategies that build relationships with family members and other adults