

Too Good for Violence Curriculum Correlations

Correlated with North Dakota Health Content and Achievement Standards

Grade 2

Lesson One: *Introducing a Peaceable Place*

Objectives: The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

Standard 4: Students demonstrate the ability to use communication skills to enhance health.
2.4.2 Identify positive ways to get along with others (e.g., follow classroom and playground rules)

Lesson Two: *Getting to Know Others*

Objectives: The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

Standard 4: Students demonstrate the ability to use communication skills to enhance health.
2.4.2 Identify positive ways to get along with others (e.g., follow classroom and playground rules)
2.4.3 Describe ways in which people communicate without speaking (e.g., eye contact, body language, gestures)

Lesson Three: *Expressing Feelings*

Objectives: The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

Standard 4: Students demonstrate the ability to use communication skills to enhance health.
2.4.1 Distinguish between appropriate and inappropriate responses in a range of feelings and emotions (e.g., happy-laugh, sad-cry, sad pouting)

Lesson Four: *Getting Along With Others*

Objectives: The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

Standard 4: Students demonstrate the ability to use communication skills to enhance health.

2.4.2 Identify positive ways to get along with others (e.g., follow classroom and playground rules)

2.4.3 Describe ways in which people communicate without speaking (e.g., eye contact, body language, gestures)

Lesson Five: *Recognizing and Handling Anger*

Objectives: The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

Standard 4: Students demonstrate the ability to use communication skills to enhance health.

2.4.1 Distinguish between appropriate and inappropriate responses in a range of feelings and emotions (e.g., happy-laugh, sad-cry, sad pouting)

Lesson Six: *Staying on the Trail to a Peaceable Place*

Objectives: The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

Standard 2: Students understand concepts related to the promotion of health and the prevention of disease.

2.2.2 Identify appropriate and inappropriate responses in a range of situations (e.g., fire get out, call 911/ don't hide; pedestrian-look both ways/ don't dart into street; good touch/bad touch)

Standard 4: Students demonstrate the ability to use communication skills to enhance health.

2.4.2 Identify positive ways to get along with others (e.g., follow classroom and playground rules)

Standard 5: Students demonstrate the ability to use decision making and goal setting skills to enhance health.

2.5.2 Describe situations that require assistance for making health-related decisions (e.g., experienced peer pressure, bullied, injured, approached by a stranger)

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

Standard 2: Students understand concepts related to the promotion of health and the prevention of disease.

2.2.2 Identify appropriate and inappropriate responses in a range of situations (e.g., fire get out, call 911/ don't hide; pedestrian-look both ways/ don't dart into street; good touch/bad touch)

Standard 4: Students demonstrate the ability to use communication skills to enhance health.

2.4.1 Distinguish between appropriate and inappropriate responses in a range of feelings and emotions (e.g., happy-laugh, sad-cry, sad pouting)

2.4.2 Identify positive ways to get along with others (e.g., follow classroom and playground rules)

Standard 5: Students demonstrate the ability to use decision making and goal setting skills to enhance health.

2.5.2 Describe situations that require assistance for making health-related decisions (e.g., experienced peer pressure, bullied, injured, approached by a stranger)

Standard 7: Students demonstrate the ability to advocate for personal, family, and community health.

2.7.1 Describe ways to support peers and others in making positive health choices (e.g., helping a friend or family member choose healthy foods for a meal, physical activities)