

# Too Good for Violence Curriculum Correlations

Correlated with Montana Standards for Health Enhancements

## Kindergarten

### Lesson One: *The Place Where Peace Begins*

**Objectives:** The student will be able to:

- Define “peaceable.”
- Define “peacemaker.”
- Demonstrate the social skill of introducing one self.
- Draw a picture of himself/herself in a peaceable classroom.

**Health Content Standard 1—Students have a basic knowledge and understanding of concepts that promote comprehensive health. Students will:**

1. Describe relationships between personal health behaviors and individual well-being.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

### Lesson Two: *Learning How to Stop and Think*

**Objectives:** The student will be able to:

- Describe anger as a natural human emotion.
- Demonstrate “angry-looking” body language.
- Demonstrate healthy, constructive ways to deal with angry feelings.
- Demonstrate stopping to think when feeling angry.
- Discuss helpful and hurtful ways to deal with anger.

**Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:**

1. Identify problem-solving processes specific to health related issues.
2. Access valid health information and resources.
3. Explain how basic health information and resources are used in setting goals and decision making.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

## Lesson Three: *Peacemakers Learn to Share*

**Objectives:** The student will be able to:

- Demonstrate physical signals of anger.
- Perform role-plays using a basic problem-solving model.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

## Lesson Four: *Peacemakers Learn to Take Turns*

**Objectives:** The student will be able to:

- Recite a basic problem-solving model.
- Demonstrate problem-solving with a group.
- Discuss some fair ways to choose who goes first.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

## Lesson Five: *Learning to Listen*

**Objectives:** The student will be able to:

- Demonstrate using the basic problem-solving model.
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting.
- Discuss listening as a way to show others that we care.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

## **Lesson Six: *Picture the Peacemakers***

**Objectives:** The student will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

**Health Content Standard 1—Students have a basic knowledge and understanding of concepts that promote comprehensive health. Students will:**

1. Describe relationships between personal health behaviors and individual well-being.
2. Identify personal health-enhancing strategies that encompass substance abuse, nutrition, exercise, injury/disease prevention, and stress management.

**Health Content Standard 7—Students demonstrate health-enhancing behaviors. Students will:**

1. Interact with friends and others through participation.
2. Use physical activity as a means of expression.

## **Lesson Seven: *Celebrating a Peaceable Place***

**Objectives:** The student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

**Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:**

4. Identify problem-solving processes specific to health related issues.
5. Access valid health information and resources.
6. Explain how basic health information and resources are used in setting goals and decision making.
7. Set personal goals and record progress toward achievement.
8. Predict results of positive health decisions.

**Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:**

7. Describe characteristics needed to be a responsible friend and family member.
8. Demonstrate ways to communicate care, consideration, and respect of self and others.
9. Demonstrate healthy ways to express needs, wants, and feelings.
10. Demonstrate refusal skills.
11. Demonstrate active listening skills.
12. Demonstrate non-violent strategies to resolve conflict.