

Too Good for Violence Curriculum Correlations

Correlated with Montana Standards for Health Enhancements

Grade 2

Lesson One: *Introducing a Peaceable Place*

Objectives: The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Two: *Getting to Know Others*

Objectives: The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

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1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Three: *Expressing Feelings*

Objectives: The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

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3. Demonstrate healthy ways to express needs, wants, and feelings.

4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Four: *Getting Along With Others*

Objectives: The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Five: *Recognizing and Handling Anger*

Objectives: The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:

1. Identify problem-solving processes specific to health related issues.
2. Access valid health information and resources.
3. Explain how basic health information and resources are used in setting goals and decision making.
4. Set personal goals and record progress toward achievement.
5. Predict results of positive health decisions.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Six: *Staying on the Trail to a Peaceable Place*

Objectives: The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Health Content Standard 7—Students demonstrate health-enhancing behaviors. Students will:

1. Interact with friends and others through participation.

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

Health Content Standard 1—Students have a basic knowledge and understanding of concepts that promote comprehensive health. Students will:

1. Describe relationships between personal health behaviors and individual well-being.

Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:

1. Identify problem-solving processes specific to health related issues.
2. Access valid health information and resources.
3. Explain how basic health information and resources are used in setting goals and decision making.
4. Set personal goals and record progress toward achievement.
5. Predict results of positive health decisions.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
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